

Psalm 145 Reflection Guide

This Psalm would have been read together as a group doing a service in the synagogue. Through this Psalm they would commit themselves to having joy and celebrating God's greatness. What is one way this week you can commit to having joy? What about a way you can celebrate God's greatness?

What mighty acts (Vs 4) has God done in your life this past month?

How can you pass down God's greatness to the next generation (vs 4) How about the next generation of your family?

Do you feel that God is gracious and merciful (vs 8) to you? Why or why not?

What do you think it means that God uplifts those who fall (vs 14)? How has God done that for you?

Vs 19 says that God fulfills the desires of those who fear Him. Does that mean God fulfills every desire of someone who fears Him? What do you think that really means?

Take time to mediate (pray and seek God). As David did in this Psalm, take time to think about the wonderful things God has done in your life.