

FOOT MASSAGE (REFLEXOLOGY): Reflexology is a five-thousand-year-old healing art that has origins in ancient China. In Reflexology theory, points and areas on the feet and hands correspond to specific organs, bones, and systems in the body.

- **30 MINUTES FOOT MASSAGE - \$50**
- **60 MINUTES FOOT COMBO - \$100 (30 Min Foot & 30 Min Body)**

SWEDISH RELAX MASSAGE: Swedish massage help reduce symptoms of depression, stress, and anxiety.

- **30 MINUTES SWEDISH RELAX - \$50**
- **60 MINUTES SWEDISH RELAX - \$100**
- **90 MINUTES SWEDISH RELAX - \$150**

TAI CHI DEEP MASSAGE: TAI CHI Deep Massage is based on the ancient Chinese Tui Na techniques and seamlessly integrates with Swedish, Shiatsu, Thai, Acupressure, and Trigger Point Therapy. It is unique and different from your traditional SPA massage.

- **30 MINUTES TAI CHI DEEP - \$60**
- **45 MINUTES TAI CHI DEEP - \$90**
- **60 MINUTES TAI CHI DEEP - \$120**
- **75 MINUTES TAI CHI DEEP - \$138**
- **90 MINUTES TAI CHI DEEP - \$168**