



TAMIKO LOWRY PUGH

Media Kit

PRESS RELEASE

Rising, Influential Advocate and Domestic Abuse Expert Tamiko Lowry Pugh Deepens Commitment to Fortify Laws for Victims

In the wake of growing, prominent domestic abuse cases, more and more people are demanding tangible solutions to eradicate the DV epidemic-- from the NFL to mainstreet. Speaker, author and change expert Tamiko Lowry-Pugh not only offers insight and eye-opening solutions through her award-winning organization, The Still Standing Alliance, she has become a rising dynamo who is influencing crime victim rights policy.

As a Legislative Advocate, Tamiko uses her experience and expertise to influence the introduction, enactment, or modification of legislation related to victim rights, violence against women, and other issues that affect women and girls. This election year, Tamiko looks to score her first legislative victory when residents of Georgia hopefully vote in favor of Marsy's Law for Georgia-- which protects crime victims' rights at a constitutional level.

"The goal is to ensure that the laws and legislation protect victims, victim rights and other legislation dealing with violence against women," said Tamiko Lowry Pugh, author of the bestselling book, *Wounds to Wisdom*. "Under the [Still Standing Alliance] awareness umbrella, we aim to increase understanding of the impact of domestic violence in the community through our civic engagement initiatives, partnerships and awareness campaigns."

For more information on Tamiko's schedule and availability or to learn more about her book, *Wounds to Wisdom* and the keynote topics that spring from it, contact her team today at 305-417-9901, or via email at info@tamikolowry.com. You can also visit her website online at www.tamikolowry.com.

About Tamiko

Tamiko Lowry Pugh is a sought-after professional keynote speaker, author, legislative advocate and life coach. Her authentic, personable style coupled with soul-stirring commentary makes her a favorite for leaders, associations, organizations and companies, big and small. From empowerment and leadership to relationships and change, Tamiko's experiences and talent as an author, survivor, advocate and speaker ensures high-energy and high-results.

FACT SHEET

TAMIKO LOWRY PUGH

Domestic Violence Survivor, Expert, Speaker and Legislative Advocate

FOUNDER

The Still Standing Alliance
Still Standing Publishing
EmpowerME! Life Coaching & Consulting

AUTHOR

Wounds to Wisdom... I'm Still Standing
The Empowerment Formula: 6 Steps For Living An
Empowered Life!
21 Days of Self-Love - A Guide To Loving Yourself
Unapologetically
Push Through: How The Process Leads to The Promise

LEGISLATIVE ADVOCATE

Violence Against Women Act
HB 911 Making Strangulation Felony Offense
Marsy's Law For Georgia

PAST SPEAKING ENGAGEMENTS

(partial list)

Dare 2 Aspire Women's Empowerment Conference
Merrill Lynch Domestic Violence Awareness Symposium

Cobb County Schools Teen Dating Violence Awareness
workshop

Professional Women in Advocacy Regional Workshop

Level Up Women's Empowerment Conference

Victory Over Violence Summit

Voices of Savannah Survivor Symposium

National Youth at Risk Conference

Living The Empowered Life Women's Empowerment
Workshop

MEMBERSHIPS

The National Coalition of 100 Black Women, Inc., MECCA
Chapter

Women In The Spotlight

The Classy Living Society

BIOGRAPHY

Tamiko Lowry-Pugh often referred to as "The Empowering Diva" is a voice for Women's Empowerment. She is the CEO of EmpowerME! Life Coaching & Consulting - a personal development & lifestyle enhancement firm for women the CEO of Still Standing Publishing - a Book Publishing Company that publishes memoirs and self-help books and the founder of The Still Standing Alliance – a nonprofit organization that focuses on domestic violence awareness, advocacy, and prevention. Tamiko has constructed a powerful movement dedicated to the empowerment and personal development of women across the world. She is a compassionate mentor and friend, an enthusiastic leader, and visionary.

Tamiko is a member of The National Coalition of 100 Black Women, Inc., MECCA Chapter where she serves as the 1st Vice President of Programs. She is an active member of Women In The Spotlight GoingGlobal, The Classy Living Society and several other professional organizations. Over the years she has received many awards and recognitions including The Rising In Community Excellence Award, Female Visionary of the Year Award, and most recently Tamiko received the Legend of Champions Award as well as the Unsung Heroine Award for her dedication to the fight to end violence against women, just to name a few.

Tamiko earned her Business degree from Colorado Technical University. She has completed Domestic Violence Advocacy training and has created several workshops, curriculums and trainings that allows her to teach and train Domestic Violence Awareness workshops throughout the country. After attending the International Coaching and Science Research Institute, she obtained certifications as a Certified Life Coach and Public Speaker/Master Communicator.

As an International Bestselling Author, Empowerment Speaker, Domestic Violence Expert and Violence Against Women Consultant, Tamiko believes that empowerment comes from within and can be achieved by honoring yourself, your values, and expressing your talents and gifts.

Tamiko resides in Atlanta, GA with her husband, Kenny Pugh and two young adult children, Destiny & Michael.



PRESS HIGHLIGHTS

TV

CBS 46 Atlanta
TBN Trinity Broadcasting Network
Fox 5
News
WSB TV 2 Atlanta

PRINT

Rolling Out
Atlanta Journal Constitution
Sheen Magazine
Bold FAVOR Magazine
The Champion Newspaper

RADIO

Kiss 104.1 Atlanta
Michael & Joi in the Morning
V-103 Atlanta
WCLK 91.9
Love 860

PEACHTREE TV

Tamiko Lowry-Pugh discusses the need to add crime victims rights to the Georgia Constitution. Use the following link for the photo



ATLANTA LIVE

Tamiko Lowry-Pugh shares her 5 Steps to Turn Your Wounds Into Wisdom



SOCIAL MEDIA

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