

# ARMY NATIONAL GUARD CHILD & YOUTH SERVICES

More Than A Program...It's A Promise!

## NEWS LETTER

### NATIONAL MILITARY FAMILY APPRECIATION MONTH

November

According to a 2018 report by Military OneSource, across the Active Duty and Reserve Components, **there are approximately 2.6 million military family members in the United States Armed Forces.** Throughout the month of November, individuals, businesses and organizations are encouraged to celebrate the military family members in their community for their unique service to our country. While they may not wear a uniform, military family members are an integral part of the overall military community.

To recognize and celebrate our military family members, Army National Guard (ARNG) Child and Youth Services (CYS) Programs across the country will be hosting a variety of in-person and virtual programs and activities for Military Families throughout the month. Military Families wishing to learn more about events and activities happening within their area, or community members and organizations interested in supporting and recognizing Military Families locally, should visit the ARNG CYS Website's "My Local CYS Program" page (<https://arngcys.com/my-local-cys-program>). Another great way to receive regular updates and information is to download our ARNG CYS Mobile App by searching 'ARNG CYS' in the App Store or on Google Play.

Those joining in on **celebrating Military Families** this month are encouraged to share pictures and good news items from events and activities on their social media pages - be sure to tag your local ARNG CYS Program. **#GuardFamilies**

On behalf of the entire ARNG CYS Program, its staff and contractors, we thank  
all of our military family members for their service to our country  
and their contributions to our military community!!

### IN THIS ISSUE:

- Announcements
- Region Updates
- Latest Trends
- Writing Challenge
- Program Feedback

Don't want to miss the next newsletter issue?  
And do you want to stay up-to-date with the latest info?  
Then be sure to **subscribe** on our website!

### WRITING Challenge

Look inside  
for details!!

#GuardFamilies  
#ARNGCYS



# WWW.ARNGCYS.COM



## IN THE KNOW

DID YOU KNOW?

Follow your local **CYS** social media accounts to see the weekly **In the Know (ITK)** posts, OR **reach out** to your local **CYS Program** for a copy.  
**#ARNGCYSITK**

### We'd love to hear from you!

Would you like to share how the **CYS** program has made an impact on you and your family? Follow this link to let us know your response to:

[www.surveymonkey.com/r/ShareYourCYSstory](https://www.surveymonkey.com/r/ShareYourCYSstory)

**What positive impact has ARNG **CYS** had on you and your life?**

## ANNOUNCEMENTS

Check out the latest **Thankful November Activity Packet** the **L/CYPCs** in **CT, MA, ME, NV, NH, RI, & VT** developed!

[Ask your State ARNG \*\*CYS\*\* L/CYPC for a copy.](#)



The ARNG **CYS** Program operates in all 54 states, territories & the District of Columbia. States & territories are organized into 10 regions.  
<https://arngcys.com/my-local-cys-program>

## ARNG **CYS** Regional Highlights: November 2020

**Region 1:** Collaborating across regions, Leads and Coordinators in this region meet on a weekly basis to develop virtual monthly programming packets for use across the country.

**Region 2:** **CYS** Teams in this region are working on a virtual 'Meet and Greet' event for all Teen Panel members in these states/territories – the event will be in support of World Kindness Day.

**Region 4:** Leads and Coordinators in this region have started planning for the 2021 Region 4 Youth Symposium – to be hosted by the North Carolina ARNG **CYS** Team in March 2021.

**Region 5:** Following a summer of virtual programming, ARNG **CYS** Teams in this region have started planning the Region 5 Teen Summit, to be hosted by the Wisconsin ARNG **CYS** Team.

**Region 6:** Leads and Coordinators in this region are working together to implement virtual events/camps, where each state takes a turn hosting the event – each month/event will have its own unique theme or topic of focus.

**Region 10:** In August 2020, Youth Coordinators in this region collaborated, planned and hosted a virtual regional youth symposium – conducted over the course of five days, with state teen panels leading two of those days.

## PROGRAM FEEDBACK



### SOLDIER – PARENT SATISFACTION SURVEY

FAMILIES – WE NEED YOUR FEEDBACK ON THE CHILD AND YOUTH SERVICES YOU HAVE PARTICIPATED IN THROUGHOUT THE LAST YEAR.

PLEASE LET US KNOW HOW WE ARE DOING!



SCAN ME!



Download "ARNG **CYS**"



[www.arngcys.com](https://www.arngcys.com)

WE are LISTENING TO YOU!



WV - Patrick planting his Garden Mail Kit



WV - Mail A Hug Kit ready to send to Daddy on Deployment



## WRITING CHALLENGE

### ARNG CYS Youth Creative Writing Challenge

Writing provides a way for us to express and better understand our own feelings, explore the world around us, and even escape into worlds we create on our own. Creative writing has no limit to its scope and impact.

In an effort to encourage youth to pursue creative writing, **Army National Guard (ARNG) Child & Youth Services (CYS)** has started the [ARNG CYS Youth Creative Writing Challenge](#)!

Throughout the year, different writing prompts and topics will be presented in our monthly ARNG CYS Newsletter. Youth are then encouraged to submit their own unique compositions related to the topic at the time. Once submitted, all compositions will be reviewed, with the top compositions being highlighted in our monthly ARNG CYS Newsletter and on the ARNG CYS Website.

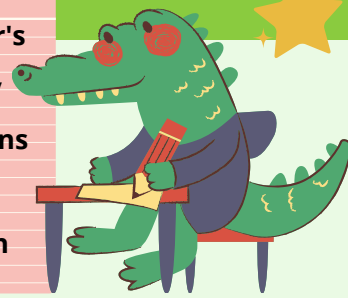
We hope youth will consider participating in our ARNG CYS Youth Creative Writing Challenge initiative!! So in celebrating November's National Role Model Month, we introduce the 1st topic:

**"Who is a role model in your life, and what makes that person a role model to you?"**



All writing compositions for this month's topic must be completed and submitted by **Friday, November 20, 2020 for consideration and review.** For all the details and how to submit your child's creative piece go to: <https://arngcys.com/youth-writing-challenge>

November's  
monthly  
Submissions  
Due by:  
NOV 20th



## TRAINING OPS

The **Military Child Education Coalition (MCEC)**'s **Parent to Parent program** empowers parents/caregivers to be their child's strongest advocate on educational and social issues through MCEC Parent Workshops. Check out their materials, videos, and podcasts and much more at: [www.militarychild.org/audience/parents](http://www.militarychild.org/audience/parents)



The **National Child Traumatic Stress Network - Overview on Military and Veteran Families and Children.** This series serves as an overview and introduction to US military structure and culture and the issues involved with supporting the behavioral health of military service members, veterans, and their families.  
<https://learn.nctsn.org/course/index.php?categoryid=25>

The **National Afterschool Association (NAA)** - NAA publishes fresh, new content every week covering a wide variety of topics related to the field of afterschool. Be sure to check in regularly.

<https://naaweb.org/professional-development>  
<https://naaweb.org/professional-development/item/1391-the-new-first-aid-we-should-all-be-practicing>



*This list does not indicate an endorsement of resources, programs and/or services by National Guard Bureau, DysTech, staff or contractors.*



NV - Youth Resilience Training



NV - Siblings celebrate Purple Up for MOMC

## TRENDS & DATA

✓ During Fiscal Year 2020, ARNG CYS provided programming and **support to 77,474 military and military-connected youth!**

✓ Additionally, ARNG CYS provided **information, resources and support to over 154,233 military and military-connected adults** throughout Fiscal Year 2020!

✓ In FY20, ARNG CYS utilized **5,157 volunteers, who provided more than 43,700 hours** of service and support for events and activities.

✓ **What are you waiting for?** Contact your local Lead Child and Youth Program Coordinator to find out about upcoming events and activities in your area!!

**We're an Awesome TEAM!**

Connect with your local CYS team to learn how you can **VOLUNTEER!**

<https://arngcys.com/my-local-cys-program>

**THANK YOU**



# ARMY NATIONAL GUARD Child & Youth Services



Throughout FY20 the ARNG CYS continued to provide **POSITIVE** experiences that build **LEADERSHIP, CONFIDENCE, and TEAMWORK** skills in our military youth, while promoting a **SENSE OF BELONGING** and **CONNECTION**. In-person programming opportunities included **196** state teen panel meetings, **153** overnight and day camp experiences, and **178** Yellow Ribbon events that helped our youth and families prepare for deployment or the return of a loved one.



The COVID-19 Pandemic had a profound impact on the ARNG CYS Program – both in program focus and delivery. ARNG CYS demonstrated great **INNOVATION** and **ADAPTABILITY** by converting numerous events and programs into virtual engagement and learning opportunities for youth. This **FLEXIBLE** format increased reach of the Program by expanding accessibility for geographically-dispersed military families. Virtual programming opportunities reached **42,883** children and youth providing **3,233** hours of training.

*For more info:*

Download "ARNG CYS" Here



[www.arngcys.com](http://www.arngcys.com)

