ISSUE 09 JUNE 2021

ARMY NATIONAL GUARD CHILD & YOUTH SERVICES More Than A Program...It's A Promise!

National Safety Month

June 2021

The start of June kicks off National Safety Month! As the 2020-2021 school year draws to a close in many communities throughout the country, some families may find themselves in situations where youth may be left home alone at times, or youth may be providing supervision of other youth throughout the summer. Regardless of the situation encountered, June is the perfect time for families to come together to review safety expectations while youth are home alone, locations of medical and safety items, and steps to take in the event of an emergency. After all, as Benjamin Franklin famously said, "An ounce of prevention is worth a pound of cure!"

So, what can families do to better ensure the health and safety of everyone throughout the summer? One of the easiest things to do is to review the **S.A.F.E.** approach to summer safety with youth:

<u>Survey Surroundings</u>: Always be on the lookout for potential risks wherever you go <u>Ask for Help</u>: Know whom to call and notify if an emergency happens

<u>First Aid Kit</u>: Ensure youth know the location of basic medical items and how to properly use them

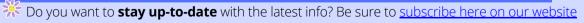
Emergency Plans: Identify emergency exits, where to go in the event of an emergency, and rules to follow when home alone

Families can learn more about summer safety by visiting these websites to review information and resources available:

- Centers for Disease Control and Prevention (CDC):
 <u>www.cdc.gov/healthequity/features/kidsafety/index.html</u>
- The National Safety Council (NSC): <u>www.nsc.org/home-safety/tools-</u> resources/seasonal-safety/summer

• Kids Health: <u>https://kidshealth.org/en/parents/center/summer-center.html</u> You can also connect with your local ARNG CYS Team to receive information on summer safety practices, upcoming events, and ways to stay active this summer (<u>https://arngcys.com/my-local-cys-program</u>).

When we all work together, we can better ensure a safe summer for everyone!



#GUARDFAMILIES

* Connect with your local CYS team to learn how you can **VOLUNTEER!** <u>https://arngcys.com/my-local-cys-program</u>

VW.ARNGCYS.COM

A R N G C Y S

Would you like to share how the CYS program has made an impact on you and your family?

Let us know at: <u>www.surveymonkey.com/r/ShareYourCYSstory</u>

w child & youth program army national guard

Page 1 of 2

IN THIS ISSUE:

TER

• Happenings

ELT

- Training Ops
- Writing Challenge
- Teens on the Move



These happy RI NG military kids picked up their Appreciation Swag & Camp-in-a Bags during #MOMC

> 2015: South Dakota Teen Panel First Aid & CPR Training

> > "ARNG CYS" APP

Google Play

Download on the

App Store

TRAINING OPS

Strengthening Families and Communities through Online

Continuing Education. Find a FREE course that fits your needs:

- On-demand video courses
- Professional Continuing Education
- Instant Completion Verification
- Live and Online Training Events
- https://training.childrensaid.org/course-category/free-courses/

MCEC Parent workshops are available via webinar to support parents who are remote or not located near a major military installation. Webinars presented live on Tue's & Wed's at Noon EST.

** Participants must register in advance for the live webinar presentation ** www.militarychild.org/webinars ELEVICE CALL

This does not indicate an endorsement of resources, programs and/or services by National Guard Bureau, DysTech, staff or contractors.

WRITING CHALLENGE

If you have a youth interested in participating in the **ARNG CYS Youth Writing Challenge**, be sure to check out the ARNG CYS Website for the latest topics and information on submitting their composition.

"IF YOU COULD CHANGE 3 THINGS ABOUT THE WORLD, WHAT WOULD YOU CHANGE 5 WHY?"

All writing compositions for this month must be submitted by <u>Sunday, June 20, 2021, for consideration and review.</u>

For details and how to submit your child's creative piece go to: https://arngcys.com/youth-writing-challenge

McKayla Collins is the daughter of Philip Collins and Colonel Jean Moving-Collins, the Deputy State Surgeon of the Virgin Islands National Guard.

During McKayla's high school years she was a member of the Virgin Islands National Guard Teen Council; Vice President of the Plato Chapter National Honor Society, and held the highest rank of Battalion Commander in the Junior Reserve Officers Training Corps.

Michaela will continue her higher learning at the Mount St. Mary's University of Maryland she plans to join the ROTC program on campus to obtain a degree in accounting and a Master's in Forensics Accounting.

June 2021

Congratutations to McKayla and all of the graduating 2021 Seniors

600



McKayla Collins VI NG Teen Council St. Croix Central High School Valedictorian "If you love yourself, everyone will love you. Don't waste your time trying to appeal to everyone else's ideals & views."



HAPPENINGS

"Red Cross Babysitter Training for West Virginia NG military-dependent teens ages 11-17 was a big success - AND so much fun since it was the first face-to-face training they had in a year!" Submitted by: Donna Truman (CYPC) & Susan Izzo (L-CYPC)





