



ISSUE 14
NOVEMBER 2021

ARMY NATIONAL GUARD CHILD & YOUTH SERVICES

More Than A Program...It's A Promise!



MILITARY FAMILY APPRECIATION MONTH - NOV 2021

Military families are at the heart of the military community. While they may not wear a uniform, military family members serve alongside their service members at all times, and throughout all phases of deployment or mobilization. To thank them for all they do, November has been designated National Military Family Appreciation Month. Starting in 1993, National Military Family Appreciation Month has been a month where communities across the country, and around the world, pause to recognize military families for all they do in support of our country. In a 2019 report released by Military OneSource and the Department of Defense (DoD), there were an estimated 2.6 million family members across all branches of the U.S. military. The same report also found that of the total number of military family members within the military community, nearly 63% were children (or minor dependents) under the age of eighteen (18). Based on this data, it is very likely that many communities throughout the country have military families – and military-associated families – residing locally.

So, what can a community do to recognize and support its military families? **Check out these great resources:**

Military.com:

<https://www.military.com/military-family-appreciation-month/4-ways-to-recognize-military-family-appreciation-month.h>

Militaryfamily.org:

<https://www.militaryfamily.org/november-is-military-family-appreciation-month/>

The National Child Traumatic Stress Network (NTCSN):

<https://www.nctsn.org/resources/public-awareness/military-family-month>



Oregon National Guard Family participates in a virtual storytime event hosted by the OR CYS Team

Local ARNG CYS Teams are also great resources for ideas on how to recognize and celebrate military families in November and throughout the year! Simply click on this link to be taken directly to our **My Local CYS Program contact page:**

<https://arngcys.com/my-local-cys-program>.

While there, be sure to subscribe to our website so you can start receiving the ARNG CYS Monthly Newsletter!

Together, we can make this month something great for our military and military-connected families!

Source: <https://download.militaryonesource.mil/12038/MOS/Reports/2019-demographics-report.pdf>

IN THIS ISSUE:

- Announcements
- Training Ops
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Idaho CYS MRT Goal Setting Craft Session



Mississippi CYS Region 4 Symposium

Writing Challenge!
Look inside for details!!

We'd love to hear from YOU!

Would you like to share how the CYS program has made an impact on you and your family? Let us know at:

www.surveymonkey.com/r/ShareYourCYSstory



WWW.ARNGCYS.COM

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Download the "ARNG CYS" App



WRITING CHALLENGE

If you have a youth interested in participating in the **ARNG CYS Youth Writing Challenge**, be sure to check out the ARNG CYS Website for the latest topics and information on submitting their composition.



ESSAY PROMPT

"What does being in a military family & military community mean to you?"

All writing compositions for this month must be submitted by **SUN, NOV 21st, 2021** for consideration and review.

For details and how to submit your child's creative piece go to: <https://arngcys.com/youth-writing-challenge>

HAPPENINGS

U.S. Virgin Islands - Lemongrass Harvest & Oil distilling preparation



Mississippi Youth Symposium - "I am" project

Back row (l-r): Sophie M, Kandice P, Anna Kate R, Brian W, Emily M, La'Don T, Skye G, Presley M, & Elizabeth L. **Middle row (l-r):** Riley A, Devin G, Joshua W, Mason M, & Blaine P. **Front row, (l-r):** Jade B, Christina B, Cheyenne C, K'Niya T, James T, & Colton B.

Virginia CYS - State Teen Panel Retreat
Ansley S, STP President



Oklahoma CYS Summer Camp
Wyatt

Oklahoma
CYS -
Flames to
Hope



Oklahoma
CYS -
Resilient
Kids Camp
Cash, Drake,
Alijah



Puerto Rico CYS -
Summer Camp 2021



ANNOUNCEMENTS

Check out the latest
November Activity Packet
developed by the:

L/CYPCs in CT, MA, ME, NV, NH, RI, & VT!

S	M	T	W	TH	F	S
1 	2	3	4 King Tut Day	5	6	7
8 Cook something bold day	9 	10 USMC Day	11 	12	13	14
15 	16	17 World Peace Day	18	19	20 Absurdity Day	21 <i>hello</i>
22 	23	24	25 Ntl. Parfait Day	26 	27	28 French Toast Day
29	30					

Have fun all month long:

- Check out cool and wacky things to celebrate throughout the month with the "Thankful November Calendar"
- Explore & Discuss **Character Strengths**
- Get creative and make memories with **gratitude-inspired crafts** and activities.
- Grab a cup of cocoa and Learn about the History of Thanksgiving in the U.S.
- **Make some memories...** Turkey Day Fun for the Entire Family! Who knows...maybe you'll find a new tradition?
- Take up the **Book Challenge**
- **And...Journal all the fun!**
Ask your State ARNG CYS L/CYPC for a copy.



TRAINING OPS

*Registration required



Welcome to Growth Mindset: How to Help Your Child Learn, Grow, Thrive! In this mini-course, you'll learn the psychology and science of how mindset works to shape your child's future and the life-altering power that a growth mindset offers.

<https://www.canvas.net/browse/iwe/courses/growth-mindset>

Creative Scheduling Ideas for Working Homeschool Parents:

Penny Ross has been homeschooling and working with homeschoolers for over 30 years. In this webinar, she'll share some of the tips she's learned from working with families that successfully homeschool while holding down a paying job as well as her own experiences working part-time while homeschooling her own children.



<https://www.toolsforthehomeeducator.com/product/creative-scheduling-ideas-for-working-homeschool-parents/>

This does not indicate an endorsement of resources, programs and/or services by National Guard Bureau, DysTech, staff or contractors.

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learn how you can VOLUNTEER!

<https://arngcys.com/my-local-cys-program>