

ARMY NATIONAL GUARD CHILD & YOUTH SERVICES

More Than A Program...It's A Promise!

NEWS LETTER

MAY

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#GuardFamilies
#ARNGCYS

May is National Military Appreciation Month (NMAM) is a month-long observance in the United States that honors current and former members of the U.S. Armed Forces, including those who have died in service. It takes place every year from May 1 to May 31. #NMAM2024

May is National Mental Health Awareness Month, a time dedicated to shining a light on the significance of mental well-being. Just like our physical health, mental health deserves attention and care. Did you know? Around 1 in 5 young people aged 13-18 grapple with a mental health challenge, as highlighted by the National Alliance on Mental Illness. Let's make our mental health a priority and remember that seeking support is a brave step towards healing and growth. #NationalMentalHealthAwarenessMonth

Teacher Appreciation Week is Mon, May 6 - Fri, May 10, 2024.

Celebrate Teacher Appreciation Week with CYS! As we honor educators for their tireless dedication, we also want to highlight how CYS supports educational initiatives. We're here to collaborate with teachers, offering training, resources, and support tailored for military and military-connected kids in their classrooms and schools. Together, we can make a difference in the lives of our young learners. Visit our [My Local CYS Program](#) page on the website to learn more about our educational outreach efforts. Thank you, teachers, for all that you do! #TeacherAppreciationWeek 🍎🇺🇸

"Teachers have impacts that so often go unrecognized. A teacher that I had for my Earth Science class in 8th grade once gave me a poster that read on the back 'Shoot for the stars' which is a quote that most think is cheesy, but means a lot to me. I wish that I could have told that teacher how much that small gesture meant to me before he changed schools, so I urge everyone to let the teachers in their lives know the little things that they do to make their lives better and thank them". - **Lily Johnson** Region 5 GTP Member.



Lily Johnson
Guard Teen Panel Member
Represents **Region 5** which consists of IL, IN, MI, MN, OH & WI

Month of the Military Child (MOMC) was a resounding success nationwide, spanning states, territories, and the District. It's been a joy to witness the abundance of photos shared across various social media platforms and websites. A heartfelt thank you to all volunteers, supporters, and event organizers who contributed to honoring our National Guard military-connected youth.

If you've been considering entering photos for the **NG CYS** photo contest, don't wait any longer! **The deadline for final submissions is May 3rd.** Winners announced in our June newsletter. Submit your snapshots at:

<https://testmoz.com/q/NGMOMC24>

Let's continue celebrating and showcasing the resilience and strength of our military children! #NGMOMC24



IN CYS - Color Fun Run

U.S. Army National Guard photo by:
Staff Sgt. Hannah Clifton
120th Public Affairs Detachment



Mon, May 27, 2024



Memorial Day

WWW.ARNGCYS.COM



Indiana CYS - MOMC Celebration Carnival - 263 soldiers, family members, and military youth attended our Carnival event at Greatimes Family Fun Park on April 13th! They took part in tons of games, as well as mini golf and go-karting. The kids also received special recognition certificates for MOMC, plus some fun prizes to take home.



Indiana CYS - MOMC Youth Fun Run - We partnered with our SAPR team on their annual 5k walk/run on April 20th, and hosted a youth portion so military kids could also participate. They ran around a building at Camp Atterbury, completing a few obstacles along the way, and were blasted with color both at the beginning and end of the run.

U.S. Army National Guard photo by:
Staff Sgt. Hannah Clifton
120th Public Affairs Detachment
<https://www.dvidshub.net/image/8354515/indiana-national-guard-fun-run-honors-military-kids>

TRAINING OPS

Understanding behaviors through a sensory lens: Sight Edition By: Twenty-One Senses May 7, 2024, 8-9 PM ET / 7-8 PM CT

Does your child get overwhelmed when visiting the grocery store? Do they prefer to block out all natural? Could their actions - or lack of - be a result of sensory issues associated with the sense of sight? Danielle is the director and a coach at Twenty-One Senses and a special needs parent. She will help you examine common behavior struggles associated with the sense of sight and provide strategies to support a positive outcome. Register at: <https://www.twentynonesenses.org/events/understanding-behaviors-through-sensory-lens-sight-2024/>

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HAPPENINGS

- 1st - May Day
- 2nd - Brothers and Sisters Day
- 3rd - Space Day
- 4th - Bird Day
- 5th - Star Wars Day
- 6th - National Nurse Day
- 7th - National Teacher's Day
- 8th - No Socks Day
- 9th - Lost Sock Day
- 10th - Clean Up Your Room Day
- 11th - Child Care Provider Day
- 12th - Mother's Day
- 13th - Frog Jumping Day
- 14th - Dance Like a Chicken Day
- 15th - National Chocolate Chip Day
- 16th - National "Sea Monkey" Day
- 17th - World Telecommunications Day
- 18th - **Armed Forces Day**
- 19th - Plant a Garden Day
- 20th - Pick Strawberries Day
- 21st - Memo Day
- 22nd - National Maritime Day
- 23rd - World Turtle Day
- 24th - International Tiara Day
- 25th - Cookie Monster's Birthday
- 26th - National Paper Airplane Day
- 27th - **Memorial Day** + Sun Screen Day
- 28th - National Hamburger Day
- 29th - Learn about Composting Day
- 30th - Water a Flower Day
- 31st - "What You Think Upon Grows" Day ---
Ask kids what they think this means! Talk about it. It means...what you think creates your reality. So, spend the day thinking positively and you can hunt the good stuff too **#HTGS!**

More ways to celebrate in May...



National Space Day

National Space Day is celebrated annually on the first Friday of May to recognize the benefits, achievements, and opportunities of space exploration and use. National Space Day will be on Friday, May 3, 2024.

The U.S. space industry and NASA are offering 4th & 5th grade students a look into the science and technology that will shape their generation's future – on this planet and beyond.

Get your students excited about the incredible wonders and potential of space and register for the downloadable curriculum and by joining in for this unique 45-minute broadcast event through **YouTube on Friday, May 3 at 1:00pm ET (10am PT)**. <https://swf2030.org/nsd/>



CYS Kids Are Having Fun!



WV CYS - Purple Ball



OR CYS - MOMC Family Game Night!

WI CYS - Youth Camp



It's almost Camp Season!!

Be sure to connect with your CYS team to learn about events and activities near you.



KY CYS - Kudos for the Kids



AR CYS - Spring Break Camp