

**Boys & Girls Clubs of America  
Military & Outreach Services**  
RESOURCES FOR MILITARY FAMILIES DURING  
COVID-19 SCHOOL CLOSURES  
March 17, 2020



#### First Steps

Start with a family discussion: what do you think will be the biggest challenges in a remote learning environment? What strengths does each family member have to help children stay focused and organized?



#### Best Practices

Make the most of children's time at home. A critical component for a good mental state is feeling connected to others. Allow children to share their thoughts and ask questions.



#### Resources

Maintaining a routine will be important. Identify resources, starting with the list below, that can assist your family during COVID-19 school closures.

*Boys & Girls Clubs of America (Military & Outreach Services), is collecting information daily for senior leaders, school liaison officers, youth development professionals and community members to share with our military families to provide tips on scheduling learning activities for military kids who are home for long periods of time. Please know that Boys & Girls Clubs of America will continue to update the military community regularly to keep staff and families informed of additional resources.*

**BGCA MyFuture.net:** MyFuture provides members with a safe, fun digital platform to showcase their work and earn recognition in the form of stars, badges and master badges.

- It's a space where kids can interact with each other – free from the prospect of cyberbullying – and share their accomplishments locally and nationally.
- It's a great way to experience BGCA's digital programming, make friends and build a positive self-image through online achievement and it's free! [Myfuture.net](https://myfuture.net)

**Youth Development Toolbox:** Parents can download the latest version of BGCA's Youth Development Toolbox app. The YD Toolbox mobile app provides easy, immediate access to activities that give youth a high-quality experience. Features include:

- Quick Tool allow easy access to the elements that make up high-quality youth activities, including community builders, energizers and reflections.
- Content will be updated regularly, so please continue to check back. Download the YD Toolbox app from Google Play or the Apple App Store.

**Military OneSource:** The Military OneSource Branch of Service portal provides access to service-specific news, resources and social media. [Militaryonesource.mil/](https://militaryonesource.mil/)

**Military Child Education Coalition:** Military Families Behavioral Health Guides:

- Anxiety in Young Children: A Military Parents' Guide through Transition
- Depression in Youth parent guide
- [Militarychild.org/behavioralhealth](https://militarychild.org/behavioralhealth)

**Homeschool.com:** Hundreds of printable activities and worksheets for children grades PreK-12.

- Sample curriculum, coloring pages, games, worksheets, puzzles and more.
- Browse educational print resources for children by age and subject.
- [Homeschool.com/printables](https://homeschool.com/printables)

**Sesame Street for Military Families:** App and website provide a host of activities that encourage families to talk, listen and connect.

Family support services, youth learning sites and more to help all military youth and their families build skills needed to be resilient.

[Sesamestreetformilitaryfamilies.org](https://sesamestreetformilitaryfamilies.org)