

# Florida Army National Guard

## *Child & Youth Program*

FY21 ANNUAL REPORT





# Mission

To promote and sustain the quality of Life and resilience of Florida Army National Guard dependent youth.

# Goal

Provide a program that promotes education, access, opportunity, resilience and positive communication.



“

The combination of physical activities and intellectual/artistic events reminded me of the differences in my children and their learning styles and love languages.

–Parent & Newsletter Subscriber

”

# Participants Served

BRANCH/COMPONENT	AGED	AGED	ADULT
	6-12	13-18	
Army National Guard	6,582	5,019	8,743
Air National Guard	-	9	16
Army Active	-	-	1
Air Force Active	-	-	1
Air Force Reserve	-	-	1
Navy Active	-	-	3
Navy Reserve	-	-	241
Other	-	-	
<b>Total</b>	<b>6,582</b>	<b>5,028</b>	<b>9,006</b>

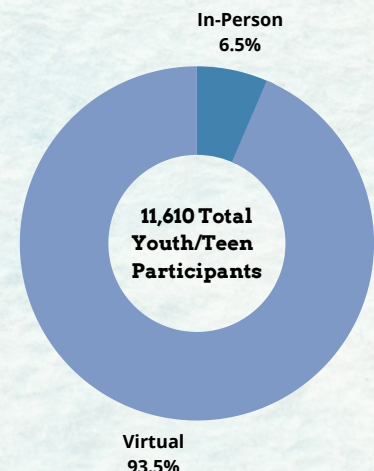
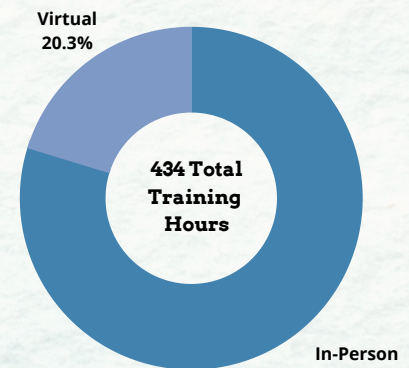
## FY21 Event Summary

### In-Person Trainings

- 1 - Regional Youth Symposium
- 1 - State Youth Symposium
- 2 - Overnight Camps
- 3 - Day Camps
- 3 - Command Briefings
- 4 - Military Appreciation Events
- 2 - Month of the Military Child Events
- 10 - Yellow Ribbon Events
- 2 - Teen Council Meetings

### Virtual Trainings

- 1 - Command Briefings
- 7 - Day Camps
- 3 - Month of the Military Child Events
- 10 - Teen Council Meetings



“

We were able to learn new skills that will help us communicate in our home routine while their dad is on deployment. We're grateful to have been connected to the Guard Community through this camp and we had great interactions with other families who've experienced Guard Life.

-FLARNG Spouse

”

# Florida Youth Advisory Council

⇒ 10	<b>Video conference training and planning meetings</b>
⇒ 2	<b>In-Person Training Retreats</b>
⇒ 4	<b>Service Project Initiatives</b>
⇒ 52	<b>Hours of Training &amp; Program Planning</b>
⇒ 7	<b>MRT skills learned</b>
⇒ 4	<b>Members Participated in 40 Hours of Regional Training</b>
⇒ 10	<b>Military OneSource resources learned for self and peer support</b>
⇒ 12	<b>YAC Members</b>



## Teen Resilience

<b>Learning the same skills as their service member, teens and families have a common language to thrive through adversity.</b>	
<b>YAC Members were trained in 7 MRT (Master Resilience Training) Skills</b>	<b>Hunt the Good Stuff - Goal Setting - ATC (Actions, Thoughts &amp; Consequences)- Problem Solving-Avoid Thinking Traps- Identify Character Strengths-Effective Praise &amp; ACR-</b>
<b>150 Guard Teens were trained in 7 MRT skills at in-person events throughout the year</b>	<b>Hunt the Good Stuff - Goal Setting - Energy Management - Mental Games - Detecting Icebergs - PIIP - Problem Solving</b>



# Best Practices

## Military OneSource - YAC Partnership

Florida's representative joins YAC monthly training calls to share a relevant resource each month. Teens gain support services in their lives, as well as knowledge to share with their Guard Kid peers. The partnership utilizes the Military OneSource Premium Zoom platform, making video conferencing more effective, versatile and engaging at no cost to the program.

## Resiliency Readiness Kits

In addition to in-person training events, the Child & Youth Program continued a Resilience Training e-mail subscription that started last year during COVID lockdown. Nearly 1,000 Guard Parents and Guard Kids received a activity packet that included a summary of a MRT skill, with a total of 6 MRT skills presented.



Independent Sector (2021, April). Value of volunteer time. Retrieved from <https://independentsector.org/value-of-volunteer-time-2021/>

# Community Partners

Partners provide their valuable time, staff, resources, volunteers, skills, programming & more to support FLNG Youth & Families!

- ⇒ Air Guard Chaplains
- ⇒ American Legion - Middleburg
- ⇒ Building Healthy Military Communities
- ⇒ Cohen Veteran's Network
- ⇒ First Coast YMCA
- ⇒ FLNG Historian
- ⇒ FLNG Personal Financial Counselor
- ⇒ FLNG Public Affairs Office
- ⇒ Florida Baptist Children's Home - Jacksonville
- ⇒ Florida Military Family Special
- ⇒ Needs Network
- ⇒ Fortegra Financial
- ⇒ Khan Academy
- ⇒ Military OneSource
- ⇒ Substance Abuse
- ⇒ Suicide Prevention
- ⇒ Survivor Outreach Services
- ⇒ United Through Reading
- ⇒ USAA
- ⇒ USAF School Liaison Officers
- ⇒ YMCA

## Contact Us



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