



**CHILDREN OF CURRENTLY SERVING MEMBERS OF THE ARMY NATIONAL GUARD HAVE THE OPPORTUNITY TO PARTICIPATE IN RESILIENCE BUILDING ACTIVITIES AND HAVE ACCESS TO RESOURCES**



"THE POSITIVE IMPACT OF MILITARY CHILD AND YOUTH PROGRAMS IS OBVIOUS TO ME AS I HAVE SEEN MY CHILDREN LEARN RESILIENCE SKILLS, LEADERSHIP CAPABILITIES AND STEWARDSHIP VALUE. THEY ALSO GET TO SHARE FUN AND UNIQUE ADVENTURES WITH OTHER MILITARY YOUTH! MY CHILDREN ARE CURRENTLY INVOLVED IN THE MINNESOTA MILITARY TEEN PANEL, AND I AM GRATEFUL FOR THAT OPPORTUNITY. THIS IS ONE OF THE MAIN REASONS I CONTINUE IN THE MINNESOTA NATIONAL GUARD!"

CW4 EMILY LARSON



## ACTIVITIES

### TEEN PANEL

Open to youth ages 14-18 years old. Teens have the opportunity to be a voice for other Military-connected youth in MN. The Teen Panel supports youth and teens by providing them with the tools and resources to build leadership skills, improve wellness, develop resilience, and navigate the cycle of deployment. The Teen Panel meets quarterly and plans the Teen Summit.

### FAMILY OVERNIGHTS

Military families will participate in hands-on activities to build strong connections, resilience, & time to refresh relationships. Overnights take place at Sea Life Aquarium, R.A.D. Zoo, Sea Quest and the MN Zoo.

### CAMPS

National Guard Youth and Teen Camp is for youth ages 10-15. Youth spend seven days experiencing Camp Ripley and its surroundings. This camp is not a "boot camp". Activities include, biking, archery, orienteering and night vision goggles. Elks Camp, T.U.N.E Camp, and Laketrails also provide camping opportunities for Military Youth at discounted prices.

### FISHING/ HUNTING CLINICS

Through partnerships with local organizations, we are able to provide an Ice Fishing Clinic and a Military Youth Pheasant hunt in the Fall.

## RESOURCES

### FREE SPORTS EQUIPMENT

Military connected youth are supported through United Heroes League. Youth are eligible to receive free equipment for the sports they participate in.

### SCHOLARSHIPS

Many scholarships are available for military youth through organizations like Thanks USA, Local Legions, AMVETS, MOAA, and Military Scholar.org.

### FREE TUTORING

Free online tutoring at [tutor.com](http://tutor.com) for military connected youth-for all ages and education levels.

### SAT/ACT PREP COURSE

[eknowledge.com](http://eknowledge.com) offers military connected youth a highly discounted rate on their Power Prep Course.

### EXTRACURRICULAR ACTIVITES GRANT

Our Military Kids offers a one-time, monetary grant up to \$300 for National Guard and Reserve children ages 5 to 18 to support extracurricular activities during a loved one's deployment.

## CONTACT US

### Child and Youth Program Coordinators

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**BENEFITS FOR YOUR CHILDREN  
WHEN YOU JOIN THE**

**MN ARMY  
NATIONAL  
GUARD**

