

PUERTO RICO ARMY NATIONAL GUARD

ANNUAL REPORT FY21

CHILD AND YOUTH PROGRAM



ROSE RODRIGUEZ 8 YEARS OLD &
YESIEL DELGADO 9 YEARS OLD;
WINNERS OF THE "SATELLITE CONSTRUCTION
COMPETITION" AT THE KID'S SUMMER WEEK DAY CAMP



KID'S SUMMER WEEK DAY CAMP; GROUP
OF YOUTH PETTING THE DONKEY AT THE
"MUSEO DEL NIÑO" MINI ZOO TOUR

MISSION

To promote and sustain the quality of life and resilience of National Guard Children and Youth by providing secure, timely, flexible, high-quality support services enrichment programs to our Military Families.



TEAMBUILDING ACTIVITY AT THE TEEN RESILIENCE TRAINING, JANUARY 30, 2021

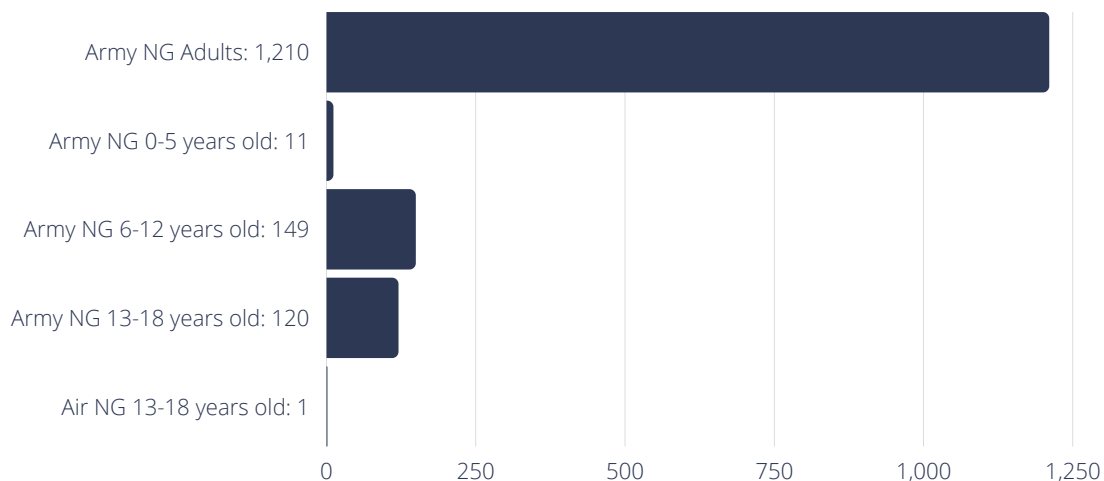
GOALS

- Provide educational skills to youth and teens of the National Guard.
- Provide information on Federal and State benefits that apply to our Military Community.
- Develop community partnerships opportunities for Military Families.
- Implement resiliency standards in all of our programming to manage stress associated with deployment cycle.

" First, I would like to thank the group because it has allowed Nidsey to be more open and to socialize beyond its school environment. It has strengthened her group work skills, which has done her many good in her daily life. It has also awakened in her a kind of enthusiasm to participate and be part of all the activities of the group and that brings me joy. "

-Monica Rodríguez, PRARNG Spouse

Military Children, Youth and Families Served



During fiscal year 2021, The Child and Youth Program has served 1,520 Families, Children and Teens between the ages of 0-18 years old. Some of these participants have been served multiple times throughout different events in the year.

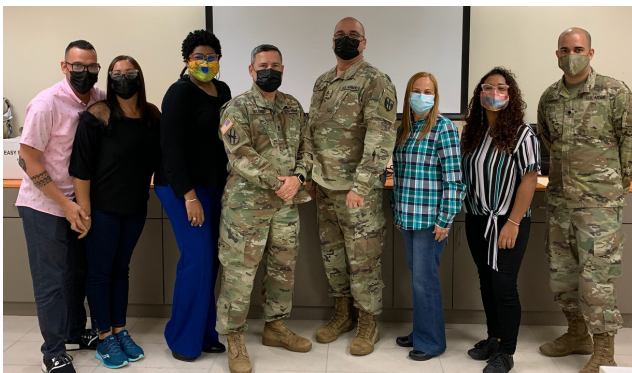
PRNG CYP HIGHLIGHTS

- 4: VOLUNTEER VIRTUAL MEETINGS
- 4: STATE TEEN COUNCIL VIRTUAL MEETINGS
- 5: SEASONAL DAY CAMPS
- 16: ANNUAL FAMILY UNIT BRIEFINGS
- 6: YELLOW RIBBON REINTEGRATION EVENTS
- 2: CYP VOLUNTEERS CPR/1ST AID COURSE
- 2: TEEN RESILIENCE TRAINING
- 1: 2HRS WORKSHOP TEEN RESILIENCE TRAINING
- 1: STATE TEEN COUNCIL WORKSHOP
- 1: SUMMER WEEK DAY CAMP

PRNG CYP VOLUNTEER PROGRAM HOURS

The National Guard Child and Youth Program (CYP) is honored to have worked with a total of 70 volunteers, some of whom have supported more than one event during this Fiscal Year 2021. These volunteers go above and beyond to offer their time and have a strong commitment to support our youth and families. Volunteers donated 1,100.5 hours to the Puerto Rico National Guard Child and Youth Program.

Volunteers supported Yellow Ribbon events, Day Camps and Teen Resilience Training. Two of our volunteers, who are MRT certified offered the full curriculum in conjunction with the program Lead Coordinator.



CPR/1ST AID COURSE FOR CYP VOLUNTEERS,
DECEMBER 5, 2020



CYP VOLUNTEER, SGT GILBERTO FERNANDEZ AT
THE TEEN RESILIENCE TRAINING, AUGUST 21, 2021

" I want to thank you and the Child and Youth Program team for the opportunity you provided my daughter Erzsebet M. Rosado to participate in the Resiliency workshop. I was able to read the workbook that she completed in both phases and I can tell that she was able to recognize and analyze her feelings. She also expressed different ways to see life and other persons. She will surely utilize the tools you have provided her specially in this pandemic that has altered our daily living. Thanks for such an excellent work and your dedication to our military children."
SGM Elizabeth Nemesszeghy - 124th MP BN

CHILD & YOUTH PROGRAM BEST PRACTICE

FALL FUN DAY CAMP

In order to provide participants a unique learning experience and educational activities, for the first time we arranged to have our Fall Day Camp at the Science and Technology Center (C3tec) in Caguas. Participants had the opportunity to paint and decorate their own trick or treat canvas bags and Pumpkins. One of the main goals was to work as a team to follow instruction in how to make their own Halloween key chains and other activities. Our Military Family Life Counselor worked with the group on identifying their favorite super hero in conjunction with our part of Character Strength activity. The Science center personnel offered two fun experiments to the group; the first experiment was related to electricity using a battery, copper tape with a tiny light bulb and the second experiment was a DIY weird slime.



**CESAR IRIZARRY 8 YEARS OLD,
DURING CANVAS PAINTING CLASS AT THE
FALL DAY CAMP
SON OF CPT CESAR IRIZARRY
UNIT: 783RD**



**STATE TEEN COUNCIL MEMEBERS;
WIDALIZ ROSARIO AND VALERIA NIEVES
HELPING AT THE ORGANIC HIDRO FARM.**

ORGANIC HIDRO FARM DAY CAMP

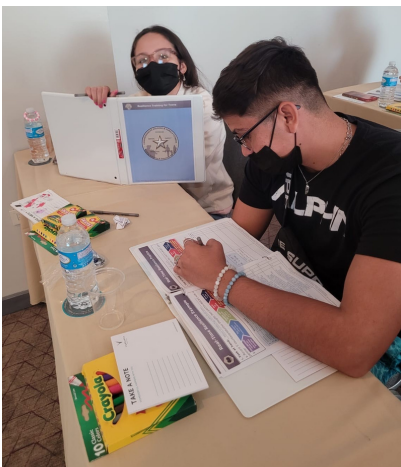
Participants had the opportunity to receive an educational tour by the owners of the farm. The owners explained that they dedicate their production and sale of agro-ecological products, mainly vegetables, specialty crops, a variety of lettuces, fruits, sprouts, spices and medicinal plants. Offering their clients, a 100% product free of pesticides and chemicals. Each had the opportunity to do some planting in the farm with instruction and guidance. Back at Fort Buchanan participants received a mini plant pot, where they put to work their planting skills taught earlier during the tour. Each had to decorate their pot, get their soil and plant their variety of cactus seeds. Military Family Life Counselor (MFLC) assigned to our event had an hour with each group to work and learn on Communication Skills. He also incorporated an activity in pairs, where one will be blindfolded while the other gives directions, to bring their partner from point A to point B.

STATE TEEN COUNCIL "WARRIORS"



During this year, the youth had the opportunity to be protagonists in some unique reading activities. In October, the United Through Reading program invited Teen Councils around the State and Territories to participate in the national event "Jumpstart's Read for the Record". The teens were challenged to read the book Evelyn Del Rey is moving away. Two of our youth participated, Evanyz Lopez, read the English version and Natasha Bautista, read the Spanish version. In November, the first virtual regional council meeting was held, and our main topic was "World Kindness Day" allowing the participants to meet other teens in region 2. In addition, this year we could not miss the opportunity to once again have the Gaming Day Expo, where our teen council selected a board game to present the five W's on the game and how it has evolved over the years. On August we had our State Teen Council Workshop, where we invited teens that were interested to become part of our group. In this workshop other than educational briefing held, the council was re-drawn since five (5) new youth were integrated ending up with a total of 23 teens in the council. Finally we ended our fiscal year with their 4th and final Teen Council meeting, where we presented the new council for FY22 and reviewed goals for this new fiscal year 2022.

TEEN RESILIENCE TRAININGS



**AMANDA BONILLA 14 YEARS OLD &
ANGEL AGOSTO 16 YEARS OLD,
DURING THE TEEN RESILIENCE "REAL TIME
RESILIENCE" EXERCISE, AUGUST 21, 2021**



**GROUP AFFECTED BY COVID-19 PANDEMIC WHICH COULDN'T
COMPLETE THEIR TRAINING IN FY 20. COMPLETED THE TEEN
RESILIENCE TRAINING ON JANUARY 31, 2021**

This year we were able to complete the second half of resilience training for those teens who did not complete the course in FY20 due to the pandemic. At the same time, we offered a complete curriculum to 13 teens in August. Throughout the year, at Yellow Ribbon events we were able to offer the 2hr Resilience Curriculum to teens. During this year, we focused and emphasized in different ways to offer the resiliency trainings. We incorporated activities and teambuilding exercises to teach all MRT Competencies and they were able to use their imagination and creativity.

BUILDING COMMUNITY CAPACITY

For us, it was a year of many challenges, cancellations, and constant changes due to the Covid-19 Governor Executive Orders, but at the same time, it was a year of much learning and resilience for both, our participants and us the coordinators. Having the opportunity to plan and execute events while keeping the social distance and Government established guidance, we decided to implement activities that allowed them to learn and educate themselves about environmental science and the technology that surrounds them. With this in mind, we took the participants to "Finca Hidro Orgánica" in Río Grande and "Cueva Ventana" in Arecibo, where they were able to learn about the process of chemical-free cultivation and the importance of nature for the environment. On the other hand, the workshop, trainings and volunteers and state teens meetings offered during this year were made possible thanks to the collaboration of Military One Source, Army Substance Abuse Program, and PRARNG Medical Detachment.



**MILITARY
ONE SOURCE**



**"PRNG CHILD & YOUTH PROGRAM"
&
"PROGRAMA DE FAMILIA DE LA
GUARDIA NACIONAL DE PUERTO RICO"**

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