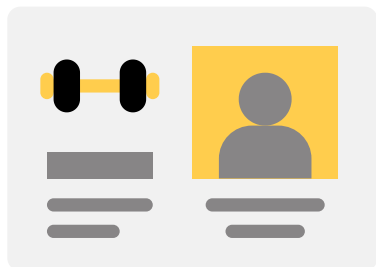


# BENEFITS OF BEING A CARDED HIGH PERFORMANCE ATHLETE



**1.**

**Free or discounted  
fitness  
memberships**



**2.**

**Accommodation  
discounts**



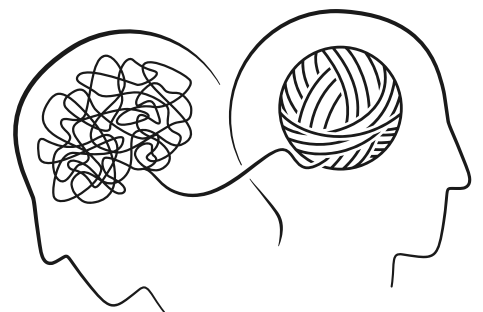
**3.**

**Discounts on  
groceries and  
nutrition products**



**4.**

**Mental Health  
Resources and  
courses**



**5.**

**Sport Education**



**6.**

**Discounts on  
fitness equipment  
and gear**



**7.**

**Discounted health  
services**



**8.**

**Grant Opportunities**

