

Cheerleading

Level 3 - 7 Practical Form

This form is to be returned to your
Provincial Cheerleading Organization

Please keep a copy of this form in your coaching portfolio!

Coach's Name

Program

Supervising Coach's Name

Supervising Coach's Current Certification Level

Level 3 Practical (100 hours @ level 1 & 2) Date started

Level 4 Practical (120 hours @ level 3) Date started

Level 5 Practical (160 hours @ level 4) Date started

Level 6 Practical (200 hours @ level 5) Date started

Level 7 Practical (300 hours @ level 6+) Date started

Number of training sessions / week Number of hours / session

Describe the cheerleading team (number of athletes, age, ability level, etc)

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I, state honestly that I have supervised
(Supervising Coach) (Coach)

doing a minimum of ___ hours of practical coaching experience. I am confident that this coach has a good understanding of, and is capable of applying the Level ___ material when coaching cheerleading.

Date: Signature supervisor

I, state honestly that the above information is true and accurate.
(Coach)

Date: Coach Signature