



besportcheer.ca

info@besportcheer.ca

Youth Team BC 2023

April 21, 2022

To support the athletic opportunities and community, BC Sport Cheer is proud to announce the first Youth Team BC for 2023. We welcome applications for both athletes and coaches to take part in this inaugural team that will compete both provincially and nationally in 2023.

Commitment

Multiple weekend training camps will take place within BC. The exact location will be decided after the team is formed to keep travel as cost efficient as possible. Athletes and coaches will have commitments to meet virtually in addition to the following in person dates: JULY 23-24, AUG 20-21 & NOV 19-20. Future weekend training camp dates will be selected by the end of the summer by the coaching staff with no more than 3 addition weekends.

Competition Dates:

March 3-5th for the BC Provincial Championship (with practice time)

May 19th-21st Saskatoon SK for the Cheer Canada nationals (with practice time)

Athletes

BCSC has created a stunt and tumble sequence. Youth aged BCSC athletes (either gender or sex) will film their sequence and submit the video no later than June 3rd. A certified program coach should help with any new skills and all stunting must be done on appropriate performance surfaces with coach supervision. The skills count sheet and video demonstration is available here: <https://tinyurl.com/youthBCSC>. Application submission process to be released beginning of May. Athletes may not try-out as individual athletes. The video must be a full stunt group, as the entire stunt group will be selected together. To encourage participation from all of BC no more than 2 stunt groups will be selected from a program if there are other groups who meet the eligibility (if both a coed and all-girl are run no more than 2 per program per team).

BCSC will be partially sponsoring the team, however, there will still be a cost per athlete. Athletes will be responsible for all costs related to travel and accommodation for training camps and competitions, athletes also require a chaperon (one chaperon can chaperon multiple athletes). In addition, there is a flat fee of \$600 per athlete. This fee covers the Team BC uniform and training apparel, music, choreography, competition fee and coaching costs. This fee will be required upon acceptance of your place on the team. All chaperons are responsible for all their own expenses.

Coaches

All BCSC coaches 19 and older are eligible to apply to if they meet the criteria of Bronze status at minimum (at time of application). If selected coaches will be required to fulfill requirements of Silver tier or better. This is a volunteer position, however, your travel, accommodation, per diem and apparel kit will be provided. To apply please complete this application no later than May 20th. <https://forms.gle/fvVbxn7xN2QC6kGa9>

Decisions will be made no later than May 27th.



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Stunt Sequence Options:

Option A - Counts:								
	1	2	3	4	5	6	7	8
1	clap		set + jump in		load		dip	
2	Skill A.				Skill B.		hit	
3	hold		grips		dip		Skill C.	
4	hit		hold		drop - Skill D.		Skill E.	
5	hold		Block		dip		Skill F.	
6	Catch		dip		Skill G.		hit	
Skill Sequence:								
A. Show n' go to straddle (below prep level)								
B. Immediate full up to stretch at prep level								
C. Full twisting tic toc at prep level								
D. Drop to below prep level needle								
E. Immediate half up to arabesque at extended level								
F. Block, Full down from 2 foot extended								
G. Reload, full twist to extended flat back								
E. Additionally, please show a full twisting basket & toe touch basket separatley								

Option B - Counts:								
	1	2	3	4	5	6	7	8
1	clap		set + jump in		load		dip	
2	Skill A.				Skill B.		hit	
3	hold				dip		Skill C.	
4	hit		hold		drop - Skill D.		Skill E.	
5	hold		Block		dip		Skill F.	
6	Catch		dip		Skill G.		hit	
Skill Sequence:								
A. Show n' go to straddle (below prep level)								
B. Immediate full up to LIB at prep level								
C. Tic toc, BP to BP (NO TWIST) at prep level								
D. Drop to below prep level needle								
E. Immediate up to arabesque (NO TWIST) at extended								
F. Block, Full down from 2 foot extended								
G. Reload to extended flat back (NO TWIST)								
E. Additionally, please show a full twisting basket & toe touch basket separatley								



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Tumbling Skill Requirements:

Tumbling Counts:								
3 consecutive standing back handsprings								
	1	2	3	4	5	6	7	8
1	Clean	Clap	sit	arms	snap	arms	snap	arms
2	land	clean						
Aerial (2 step hurdle entrance)								
	1	2	3	4	5	6	7	8
1	Clean	Clap	step	step	hurdle	reach	land	hold
2	clean							
Round off back handspring back tuck (2 step hurdle entrance)								
	1	2	3	4	5	6	7	8
1	Clean	Clap	step	step	hurdle		round off	
2	bhs		set		land		hold	
3	clean							

* Option to show level 3 specialty pass as well