# BCC SPORT CHEER

# British Columbia Sport Cheer | supporting Drug-Free Sport

BCSC strongly embrace the concept of Fair Play in Sport, and unequivocally oppose cheating, which includes the use of substances and methods banned in the Substance Classification Booklet as published on through the Canadian Centre for Ethics in Sport (CCES) and World Anti-Doping Agency (WADA).

Key objectives of maintaining a drug-free environment

- Maintains the spirit of sport
- Creates and maintains a safe environment for athletes
- Reduces the likelihood of incidents of accidental personal injury

BCSC encourages participants to be aware of banned substances and the consequences associated with their use. There may be testing for performance enhancing drugs at specific competitions. Consult the regulations and policies for each event you are attending.

## Responsibilities of the athlete

- Athletes are ultimately responsible for what they ingest, inhale, inject, or apply to their body
- Become aware of risks with supplements, medication and over the counter prescriptions may be prohibited
- Review and consult the global DRO as appropriate
- It is recommended to review the educational material through CCES with parent/guardian where applicable

### Responsibilities of the coach

- To fight for drug free sport to cultivate the spirit of the sport and promote ethical and legal behaviour of their athletes
- Uphold the rules and lead by example, even when it is difficult
- If you become aware of an ethical, doping or legal issue, you must follow report it to the appropriate authority

### **Responsibilities of BCSC**

- Encourage the cheer community in building awareness and working towards a drug free sport
- To create an enforceable policy in line with Cheerleading Canada and the International Cheer Union once available