

High Performance FAQ's

Do I have to reapply if I am an existing HP athlete?

Yes, please fill out [the form](#) and submit your video. You will not need to have the Zoom evaluation session.

Can I apply as an individual?

No. Cheerleading is a team sport. As stunting is integral to the scoresheet, all high performance athletes must be able to fulfill the stunting requirements of P1 or P2 designation. Because stunting requires chemistry and practice, BC Sport Cheer is not offering to substitute an individual athlete into an already established base group/partner stunt.

What if I am injured this season?

If you are seriously injured and unable to train but are certain that you are able to meet the requirements, please email info@bc sportcheer.ca with an explanation of your situation and accommodations.

What if I am unable to compete at BC Provincials?

This is a necessary component of the eligibility for High Performance Status. If you are a rostered athlete scheduled to compete, and unable to compete at the event due to an injury, please email info@bc sportcheer.ca and explain your circumstance. BC Provincials is also offering Partner Stunt and Group Stunt divisions to ensure all athletes are able to be considered.

What if I am a coed "side"? What elements do I need to demonstrate?

Coed side bases must demonstrate 50% of the skills required in the "base" position under a stunt. Solely siding for an established main base does not qualify for High Performance Status. A combination of tumbling, siding and basing will be considered for applicants in this situation.

What if my gym has 5 athletes who are able to demonstrate these skills, but not enough to form two full groups? Can we substitute someone in?

Please email info@bc sportcheer.ca and explain your situation. Some exceptions may be made for these instances.

What if one member of my group does not make the age requirements for level 7 (P1) this season?

If even one member does not make the age requirements for level 7, please apply for P2. Athletes should not be training level 7 until they are able to satisfy the age requirements of the sport.

Who should I designate as my Coach Supervisor on the application form?

BC athletes should not be training skills without the supervision of a certified coach. Coach supervisors should be certified up to the level 6 (for P2 groups) and level 7 (for P1 groups). Many of these skills can be very dangerous for athletes to attempt and proper progressions throughout the levels of the sport are integral to ensure safety requirements and expectations are met. If you are unable to provide a certified coach's name as your supervisor, High Performance status may be denied.

What if I miss the deadline?

If you miss the deadline this season, you are encouraged to apply for the next intake cycle.

What if I am not sure about Cheerleading next season?

The intake cycles happen at the END of one season for the following year. If you believe that this is your last season of cheerleading, please do not apply. Athletes are required to actively pursue the sport for the 2023-2024 season and be registered in Sport Lomo. This could mean competing on an allstar, high school, or university team, being a rostered alternate athlete, participating in Team Canada/Team Canada Academy etc.

Can I apply as a High Performance Coach?

No. There is no application for High Performance Coaches. Certified Coach supervisors will be contacted following decisions on successful athletes. If you are a certified coach of a group or partner stunt group, BC Sport Cheer will contact you to receive High Performance Status permitting you meet all eligibility.