

SANDHYA AND HAVAN CEREMONY

Maṇṭras in Roman, Saṅskrit and English
(With Selected, over 50 Bhajans)

**Sandhya
Sangeet-Sandhya
General Yajña**



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The Key for pronunciation and Transliteration
Pronunciation guide

Roman	Nāgri	sound	Roman	Nāgri	sound
a	अ	apple	ङ	ङ	drum, road
ā	आ	father, arm	ङ्ह	ঠ	redhaired,
i	इ	fill, chill	ণ	ণ	fund
ī	ঁ	Police, hear, dear	t	ত	tortilla
u	উ	full, put	th	থ	thumb, thorn
ū	ঁ	rude, rule, cool	d	দ	father, brother
e	এ	prey	dh	ধ	adhere,
ai	ऐ	aisle	n	ন	not, near
o	ओ	go, so	p	প	put, pass, paste
au	औ	haus, saus	f	ফ	uphill, fast
m/m̥	ঁ	sums, sons	b	ব	bear, boat
h	ঃ	oh, yeah	bh	ঝ	abhor,
k	ক	seek, cat, kola	m	ম	map, man
kh	খ	Brookhurst	y	য	yet, yes
g	গ	get, go, group	r	ৰ	red, road
gh	ঘ	loghut,	l	ল	look, lead
ঁ	ঁ	sing, ring	v	ৱ	very, vast
c	চ	china, chair	ś	শ	sugar, Sure, oso
ch	ছ	Churchill, Chanel	ঁ/s̥	ষ	bush, goldfish
j	জ	jump, jungle	s	স	so, some, saint
jh	ঁ	Beijing	h	হ	hear, hammer
ঁ	ঁ	sing, canyon	ঁ/ର	କ୍ର	brim,
t	ট	true, water	kś	କ୍ଷ	autorickshaw
ঁh	ঁ	hath-yoga	jñ	ঁ	legion

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CREDIT and THANKS

For this hard work lots of credit goes to special scholars, people. We did not try to copy and paste the meanings of the Mantras. We have tried our best to make sure meanings are matches with Devta-Rishi and appropriate with occation. We tried to make translation/meaning usefull and simple.

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Donations

We thank generosity of the following donors for their finacinal help so that we can provide this booklet to our Satsangies and children to help them read and understand some of the material from our scriptures in the form of Sandhya-Havan, Vedic Mantras, and Hymns.

Anu & Vinod Sagar family

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Sobha Sobti family

PREFACE

Hindu religion is a vast diverse ocean in which different scholars and priests perform rituals according to their way, training and upbringing. Every place of worship, temple, or community center have its own rules and rituals. There is hardly any commonality.

Arya Samaj has done a great job in this regard. By studying all the Vedic texts, efforts have been made to bring equality in rituals, so that uniformity remains and also the authenticity of the scriptures.

This booklet is prepared to meet the special needs of local community. There may be difference of opinions about listed procedures in this booklet by some, but, no reason to argue.

The mantras in this booklet are in Sanskrit (with attached Romanized English). It is well known that recitation of written Sanskrit words is difficult. It is even more difficult for those who have never studied this language, like our generation in this country. Many of words are compound joining two or more into a single one. Keeping this in mind, many words in this booklet have been split apart for the sake of pronunciation without sacrificing the root word and meaning.

The current generation of Indo- American children is future of this community. Our growth in this country depends on them. We would like to help these children learn our rites and rituals so that they would be proud of our heritage culture, philosophy and knowledge.

We thank and congratulate all those who are helpful in any form in any social program. Scholars, social worker, activist, they do contribute into community. Your help in any form, religious, cultural, educational or any other field, need to be recognized. Your efforts plays big roal in creating just society, specially when you invest in younger generation. I personally appreciate your hard work and contribution in any form, by providing your wisdom, time and money. You all deserve my gratitude.

Dr. Som Pal

**kŕinvanto viśhvam-āryam
make the world noble**

MEDITATION

Meditation is that state of mind in which there are no worldly thoughts. A thought is the flow of ideas moving without aim or without any control. Meditation is also a flow of continuous ideas but with a specific goal to achieve. The key to meditation is having certain Aim “dhyānam nirviśhayam manah” (Yog Darśhanam). Meditation is different than prayer, which is a form of surrender to some deity or something. Sandhya is a preparation for the meditation.

What is Sañdhya and why do it?

No medicine has yet been invented which could keep a human, free from tension. However, the meditation upon God is the best way to release tension.

The word Sañdhya has many meanings. Sam = well, dhyā= to ponder and concentrate. An action directed towards deeply pondering and concentrating upon God is called Sañdhya. Union of morning and evening at twilight (dusk & dawn) is also called Sandhya. Prayer done in the morning and evening is also called Sañdhya because you are being united with the supreme power.

Sañdhya is a personal meditation done at dusk and dawn but at a very quiet place. However, it can also be done in a group setting at a community center, a temple, or any other religious place.

Before sitting down to do Sandhya, one needs to take a shower or at least wash hands, face, and feet. The place has to be clean, airy and quiet. One should sit in a position to be as comfortable as possible with head, neck, chest, and spine in straight upright position. If needed, a cushion may be used. There should be enthusiasm and not lethargy before starting. It might be helpful to sip some water before starting Sandhya or have some water available to sip.

Facing: In the morning, face East, in the evening face West, in the direction of wind flow, or in any direction one feels comfortable.(upniśhad f̄shi). If sitting around a Havan Kund, follow the directions provided by the priest.

GĀYATRĪ MANTRA

Om bhūr-bhuvah svah.

ṛiśi: viśhvāmitra, Devtā: savitā;

taṭ saviṭur-varēṇyam̄ bhargo devasya dhīmahi.

dhiyo yo nah pracodayāṭ.

Rigved: 3.62.10; Yaju. 36.3

(Om) God (bhūḥ) earth, the giver of the life (bhuvah) destroyer of all kinds of miseries (svah) wealth, form of pleasure and the bestower of pleasure. (tat) that (savituḥ) the progenitor of the entire universe (varēṇyam̄) the most acceptable, the one you have desire for (bhargah) personification of knowledge, the one who can fulfill your desires (dēvasya) divine, the gods (dhīmahi) meditate, let him be in my mind (dhiyah) intellect, thinking power (yah) one who (nah) our (pracodyāṭ) may inspire, lead to the right path.

**ṭūnē hamē utpanna kiyā pālan kar rahā hai ṭū.
 ṭujhasē hī pāṭe prāṇ ham dukhiyo kē kaṣṭa harṭā hai ṭū.
 ṭerā mahān ṭej hai chāyā huā sabhī sthān.
 sriṣti kī vastu vastu mē ṭū ho rahā hai vidyamān.
 ṭerā hī dharṭe dhyān ham māṅgṭe ṭerī dayā.
 īśvar hamārī budhi ko śrēṣṭha mārg par calā.**

Gāyatrī Mantra is regarded as the most sacred Mantra among all the Mantras of the Vedas. This mantra is called by these five names:

- | | | |
|-------------------|--------------------------|----------------|
| 1. gāyatrī mantra | 2. sāvitrī mantra | 3. guru mantra |
| 4. mahā mantra | 5. vēdo kā mukhya mantra | |

Gāyatrī Mantra: this mantra is written in gāyatrī chanda (the rhythm) so is called gāyatrī mantra. The author of the Nirukta says: **gāyaṭrī gāyṭe stūti-karmanah.** or “**gāyaṇṭam ṭrāyṭe iti gāyaṭri**” Whoever recitse this Mantra achieves immortality.

Saviṭrī Mantra: the god worshipped in this manṭra is called Saviṭrī=saviṭā dēva (the one who gives birth to all the living beings and takes care as a mother).

Guru Mantra: When a student goes to the guru, first time to start official education, the very first mantra guru gives is this Mantra.

Mahā Mantra: This is the Mantra extolled by everyone including ḥiśhi Viśvamitra and Manu.

Vēdon kā Mukhya Mantra: This Mantra is repeated in all (four) Vedas and upnishads.

After gayatri mantra, start from here:

Om ḫshanno dēvīr-abhiṣṭay āpo bhavanṭu pīṭayè.

śhañyor-abhi śravanṭu nah.

Rigved: 10.9.4; Yaju. 36.12

ṛiṣhi: dadhyaṅg atharvā, triśirāstvāśtr, vāmbrīś. Devtā: āpaḥ;

May the All-Pervading Divine Power, the Bestower of light and happiness, be helpful to us in satisfying the cravings of our body and soul, and may shower on us, your blessings and happiness from all around.

After reciting above mantra, take sip of water 3 times, then take water in left palm and use two middle fingers of right hand to touch parts of body, going right to left.

Om vāk vāk

(Mouth, both corners)

Om prāṇah prāṇah

(Nostrils, both side)

Om chakśhuḥ chakśhuḥ

(Eyes, both)

Om ḫroṭram ḫroṭram

(Ears, both)

Om nābhiḥ

(Navel)

Om hṛidayam

(Heart)

Om kaṇṭhaḥ

(Throat)

Om śirah

(Head) (Panch-mahayajna-vidhi)

Om bāhu-bhyām yaśho-balām

(Shoulders)

Om kar-ṭal kar-priṣṭhē

(Palms, front and back)

O God, due to your blessing let all of our faculties be strong and well. We should be able to talk and taste, we should be able to breathe and smell through our nose, we should be able see with our eyes, we should be able to hear with our ears. Let our navel, heart, neck, head, arms, and hands etc be healthy, strong and we should be able to achieve fame.

Mārjan Maṇṭra

- Om bhuḥ punātu śhirasi.** (the head),
- Om bhuvaḥ punātu nēṭrayoh.** (Eyes),
- Om svah punātu kañthē.** (Throat),
- Om mahah punātu hridayē.** (Heart),
- Om janaḥ punātu nābhyaṁ.** (Navel),
- Om ṭapaḥ punātu pādayoh.** (Feet),
- Om satyam punātu punah-śhirasi.** (Head),
- Om kham bṛahm̄ punātu sarvatrā.** (All over) “Panch Mahayajna”

O God, with your blessings, remove all shortcomings of our parts, and make them pure. O beloved God, make our intellect great. O remover of miseries removes any illness of our eyes. O embodiment of bliss, let our speech be sweet and helpful, O great one, make our heart helpful. O creator of us all, give us long life. O God, give our feet the strength to do the hard work. O all truthful God, show us the right path. O Omnipresent God, let whole our body be pure.

Prāṇāyāma; breathing practice

- | | |
|-------------------|------------------|
| Om bhuḥ | Om bhuvaḥ |
| Om svah | Om mahah |
| Om janaḥ | Om ṭapaḥ |
| Om satyam. | |

Taittirīya āranyak: 10.27

O God, you are creator of life. Give us long life, remove all our shortcomings, give us happiness. Let us become great, believing in justice, and be truthful.

After reciting the above, do at least 3 Pranayams

Pranayama is very helpful in meditation and stable concentration.



Sin destroyer maṇṭras (He is the creator)

Next three mantras are about Discovering the process of the creation of the universe, and identifying God as the Creator, Sustainer and Destroyer. (Sin destroyer mantras)

All three maṇṭras: śiṣṭi: aghmarśhaṇ madhuchaṇḍas, dēvtā: bhāvrītā;

**Om ṛiṭam ca satyam ca-abhīd-dhāṭ ṭapaso adhya-jāyat ṭaṭo
rāṭry-ajāyat ṭaṭah samudro arṇavah.**

Ṛigvēd: 10.190.1

**Om samudrād arṇavād-adhi samvaṭ-saro-ajāyat.
aho-rāṭrāṇi vid-dhad viśhvasy mišhaṭo vaśhī.**

Ṛigvēd: 10.190.2

**Om sūryā-caṇdr-masau dhāṭā yaṭhā pūrvam̄ akalpayat
divam̄ ca pṛithivīm̄ ca-anṭa-riksham-ātho svah.**

Ṛigvēd: 10.190.3

The truth and ṛiṭ (ultimate, universal truth) were created with God's efforts (The rules according to nature are ṛiṭ (universal truth) and according to humans are truth). Based upon these rules of ṛiṭ and truth, this nature was created. It seems that God created the day by churning of ocean of night. After creating day and night, God created time, months, and years. The galaxy, space, earth, sun, moon, stars, day, night, seconds, periods, clouds, ocean, etc. have been created, just like in the past.

Ask yourself, am I able to create all of the above. If not, why do I feel so haughty? By getting rid of this haughtiness will help eliminate my sins. According to sages and learned people haughtiness can rise to sins.

After reciting the following mantra, take sip of water, 3 times.

**Om śhanno dèvī-rabhiśhtay āpo bhavanṭu pīṭayè.
śhañyo-rabhi -śravantu nah.**

Rigved: 10.9.4; Yaju. 36.12

śhi: dadhyaṅg atharvā, triśirāstvāśtr, vāmbriśa. Devtā: āpaḥ

O Omnipresent God with heavenly qualities, fulfill all our desires, give us all the happiness, and shower us with peace and happiness from all directions.

The purpose of sipping water is to avoid being sleepy, get over lethargy, and be exuberant during the sandhya. (Sipping water is not even necessary).

MANSA PARIKRAMA MANTRĀ

**Om prācī dig-agniradhi-paṭi-rasiṭo
rakṣhiṭā-adiṭyā iśhavaḥ.
ṭebhyo namo -adhipaṭi-bhyo namo
rakṣhi-ṭribhyo nam iśhu-bhyo nam ebhyo astu.
yo-asmān dvēshṭi yam vayam dwiśhmas-ṭam
vo jambhē dadhmaḥ.**

atharv-vēd: 3.27.1

Ṛshi: atharvā; dēvtā: Agni

East is called Prachi, the very first, leading direction. Whoever lead, becomes agni, the leader. The supreme Agni, the Lord of Light, He is out from limitations just like Sun. whoever understand the power of Sun, achieve destinations. We acknowledge your protection and the blessed **gift of rays** that keep us away from the darkness and ignorance. We surrender into your justice, anyone may have jealousy for us or we may have for anyone in this direction. We may create harmony and love.

**Om dakṣhiṇā dig indro –adhipatiś-ṭiraśh-ci-rājī
rakṣiṭā piṭar iśhavah.
ṭebhyo namo adhipati-bhyo namo
rakshi-ṭribhyo nam išhu-bhyo nam ebhyo astu.
yo-asmān dvēshṭi yam vayam dviśhmas-ṭam
vo jambhē dadhmaḥ.**

atharv-vèd: 3.27.2

R̄shi: atharvā; dèvtā: indra

South direction is stand for skilfulness, expert. We should learn skills to become master. The controller of this site is Indra; the Lord of thunders. The teaching and learning of skills come from our parants, forfathers and their expert teachings. We repect The Lord of expertise, Indra. We thank You Indra! for your protection. In this south direction, if we have any enemy or we being enemy to anyone, whatever ill-feeling anyone may have for us or we may have for anyone, all those we surrender into Your Justice. All should be loving.

**Om pṛatīcī dig varuṇo -adhipatiḥ pṛidākū
rakṣiṭā-annam iśhavah.
ṭebhyo namo adhipati-bhyo namo
rakshi-ṭribhyo nam išhu-bhyo nam ebhyo astu.
yo-asmān dvēshṭi yam vayam dviśhmas-ṭam
vo jambhē dadhmaḥ.**

Pṛidākū = powerfull, brave

atharv-vèd: 3.27.3

R̄shi: atharvā dèvtā: varuṇ

In the pṛatīcī/**western** direction, we found the supreme presence of Varuna. He is the sovereign ruler of this site. He protects by providing us natural and pious food. We express our gratitude to Lord Varuna for his Protection. We salute to omnipower Lord Varuna. In this western direction, if we have any enemy or we being enemy to anyone, whatever ill-feeling anyone may have for us or we may have for anyone, all those we surrender into Your Justice. All should be living friendly.

**Om udīcī dik somo- adhipaṭih svajo rakṣhiṭā śhanir iṣhavah.
ṭebhyo namo adhipaṭi-bhyo namo
rakṣhi-ṭribhyo nam iṣhu-bhyo nam ebhyo astu.
yo-asmān dvēṣhti yam vayam dviṣhmas-ṭam
vo jambhē dadhmaḥ.** atharv-vēd: 3.27.4

Ṛshi: atharvā; dēvtā: som

In the **northern** direction, benevolent Soma is the lord. Soma is generous, simple and kind. His benevolence is his power and our protector. We offer our appreciation to generous Soma. we bow to his graceness, simple and kindness filled powers. In this northern direction, if we have any enemy or we being enemy to anyone, whatever ill-feeling anyone may have for us or we may have for anyone, all those we surrender into Your Justice. All should be friendly.

**Om dhruvā dig viṣṇu-radhipaṭih
kalmāsha-grīvo rakṣhiṭā vīrudh iṣhavah.
ṭebhyo namo adhipaṭi-bhyo namo
rakṣhi-ṭribhyo nam iṣhu-bhyo nam ebhyo astu.
yo-asmān dvēṣhti yam vayam dviṣhmas-ṭam
vo jambhē dadhmaḥ.** atharv-vēd: 3.27.5

Ṛshi: atharvā; dēvtā: viṣṇu

Nadir is the downward site. Dhruva means still, solid, stable, the Earth. We discover the supreme presence of Vishnu, who is protector and life giver. He creates and sustains the diversity of colors and shapes that make life interesting. He protects by providing trees, plants and all green vegetation on the earth. We graciously accept, Your Protection In this nadir direction. If we have any enemy or we being enemy to anyone, whatever ill-feeling anyone may have for us or we may have for anyone, all those we surrender into Your Justice. All should be wise and friendly.

**Om ūrdhvā dig bṛihaspatiḥ -adhipatiḥ
 śvītṛo rakṣhiṭā varśham-iśhavaḥ.
 tēbhyo namo adhipati-bhyo namo
 rakshi-tribhyo nam iśhu-bhyo nam ebhyo astu.
 yo-asmān dvēshṭi yam vayam dviśhmas-ṭam
 vo jambhē dadhmaḥ.**

atharv-vēd: 3.27.6

Rishi: atharvā; devtā: bṛihaspati

Urdhva is Zenith/upper direction. In this site well versed, vast knowledge Brihaspati is the Lord. He is noble, just like white, pure. His noble shower on us is our protection. He protects by sending rainfall. We have our devotion for your protection. Blessed **gift of rain** increases fertility on the earth, quenches our thirst, washes our impurity, and cools the fire of vice that burns our divine energy. In this Zenith direction, if we have any enemy or we being enemy to anyone, whatever ill-feeling anyone may have for us or we may have for anyone, all those we surrender into Your Justice. All should be living friendly.

Upasthān Mantra

(SITTING CLOSE OR FEELING THE PRESENCE of the GOD)

**Om ud-vayam ṭamsaḥ pari svah paśhyant utṭaram,
 dēvam dēvatrā sūryam agam jyotir-utṭamam.**

yajurvēd: 35.14

Rishi: āditya dēv; devtā: sūrya

I come face to face with the most wondrous resplendence of God? He is the Divine Sun that gives light to the sun, moon and stars. I obtain the glorious God of Light, the God of Bliss, and Supreme Lord.

**Om uduṭyam jāṭa-vēdasam dēvam vahanti keṭavah
 dřiśhē viśvāy sūryam.**

yajurvēd: 33.31

Rishi: praskaṇv; devtā: sūrya

All words of wisdom and all objects in the world point to God's existence, so that we can see Him as we see the sun every day. The various objects of this wondrous earth guide us to know The Glorious Sun through its powerful rays. Same way we should be able to realize the supreme.

**Om ciṭram dēvānām udagād-anīkam
cakśhur miṭrasya varuṇasya-agnēḥ
āprā dyāvā pṛīthivī -anṭarikśham sūry -ātmā
jagaṭas ṭaṣṭhu-śaśca svāhā.**

yajurvēd: 7.42

Ṛishi: kuts; dēvtā: sūrya

I come face to face with God's wondrous Light which has now manifest in myself. This light is a Path-finder for me or any worshiper. It is the same Light that pervades heaven, earth and sky. Give me your grace so that I may realize your presence within me.

**Om ṭac-cakśhur -dēvahitam puraṣṭāc
-chukṛam -uccaraṭ paśhyēm śhardah śhaṭam
jīvēm śhardah śhaṭam śriṇu-yām
śhardah śhaṭam pṛa -bṛvām śhardah śhaṭam adīnāḥ syām
śhardah śhaṭam bhūyaś-ca śhardah śhaṭāt.**

yajurvēd: 36.24
Ṛishi: dadhyang, atharvā; dēvtā: sūrya

O Lord! You are the knowledge. All Divine people has been protected by you. Just like open eyes, you see everything clear. May we be able to see for hundred autumens. May we listen to your glory for hundred years and be able to speak for hundred autumens. May we not face adversity for hundred years. Even after hundred years, may we live, see, hear and speak without being burden to anyone.

Gayatri Mantra

**Om bhūr bhuvaḥ svah
tat̄ saviṭur varēṇyam bhargo dēvasy dhīmahi
dhiyo yo nah pṛaco-dayāt.**

Rigved: 3.62.10; Yaju. 36.3

śiṣhi: viśhvāmitra, Dēvtā: savitā;

(Om) God (bhūḥ) earth, the giver of the life (bhuvaḥ) destroyer of all kinds of miseries (svaḥ) wealth, form of pleasure and the bestower of pleasure. (tat) that (savituḥ) the progenitor of the entire universe (varenyam) the most acceptable, the one you have desire for (bhargah) personification of knowledge, the one who can fulfill your desires (devasya) divine, the gods (dhīmahi) meditate, let him be in my mind (dhiyah) intellects, thinking power (yah) one who (nah) our (pracodāyt) may inspire, lead to the right path.

SURRENDER

**hè īśvar! dayā-nidhè! bhavaṭ kripayā -anēna
japopā-sanādi karmaṇā
dharmārtha kām mokshā-ṇām
sadyah siddhir bhavēn-naḥ**

(Swāmi Dayānanda, Panch Mahayajna Vidhi)

O God, you have given us this beautiful life. Whatever we are able to do is because of your grace. O merciful Lord! By Your Grace, we are able to do our duties. We may very soon realize Dharma: righteous living, Artha: righteous wealth, Kaama: righteous pleasure, and Moksha: emancipation from the world through Japa: recitation of your Name and Upasanaa: communion with God.

(This is a personal prayer; you can choose your own words and language)

FINAL SALUTATION

**Om namaḥ śham-bhavāy ca mayo bhavāy ca
namaḥ śhaṇ-karāy ca mayas-karāy ca
namaḥ śivāy ca śiv ṭarāy ca.**

Yaju. 16.41

ṛiṣhi: permeśṭhi pṛjāpati; Dèvtā: Rudra

My salutations to the Lord of Peace. My salutations to Auspicious One. I offer my salutation to blissful God. I pay my respect to the God of mercy. My salutation to the benefactor God. And now I bow to Thee, O God you are very calm, full of peace, and Lord of Bliss Divine. I salute you again and again.

Om Śhāntih, Śhāntih, Śhāntih

Om Peace, Peace, Peace

The Sandhya ends.



Five mahayajnas

Arya Samaj validates these five mahayajnas

1. Brāhma-Yajña or Sañdhya

This yajna is done in the form of worship, meditation or Samadhi. Yoga-practice is its form. With this practice a person improves physical and mental strengths and becomes beneficial to the society.

2. Dēv-yajña or Havan

This yajna is performed for the benefit of the society, neighbourhood and nation. The surroundings and the atmosphere is cleaned and purified by offering ghee (Clarified butter) and Samagri (mixture of herbs) in the Holyfire. This is the form of helping the individuals and the society by volunteering, financially, and other means.

3. Pitṛu-yajña or śrādh and ṭarpan

This yajna is done to respect living parents, grandparents, teachers, and elders. Some time the word śrādh (to respect and honor the living) or ṭarpan (Make them happy by providing their worldly needs) is used for this yajna.

4. Balivaiśhva-dēva yajña

This yajna is done to honor and feed the helpless including animals, birds, hungry, beggars, homeless etc.

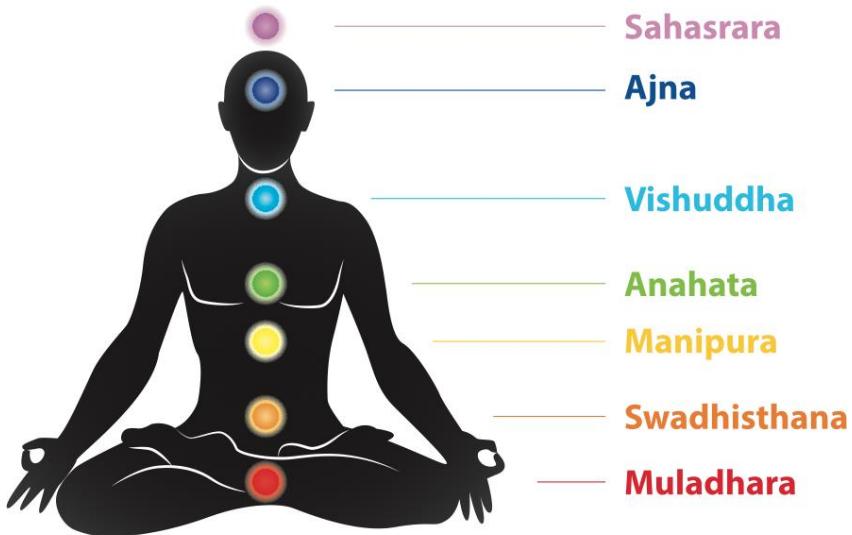
5. Aṭithi yajña

Aṭithi (the guest) who has arrived at our door without any set date is considered God in our culture. The Aṭithi could be a saint, scholar, student, social worker, missionary, reformer etc. The purpose of this yajna is to help, feed, and provide all comforts to such person(s).

All five yajnas are of equal importance. We should do our best to perform each one of these with respect and responsibility.

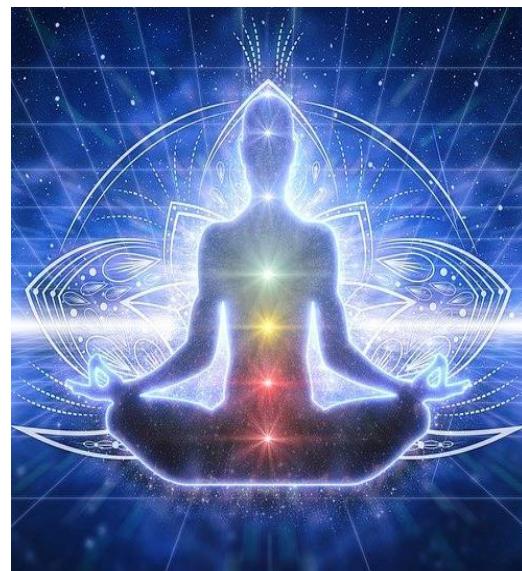
संगीत सन्ध्या

Sangeet Sandhya



गीतकार महाकवि शान्त

ध्यानम् निर्विषयम् मनः



Being in “just-state” is called meditation.

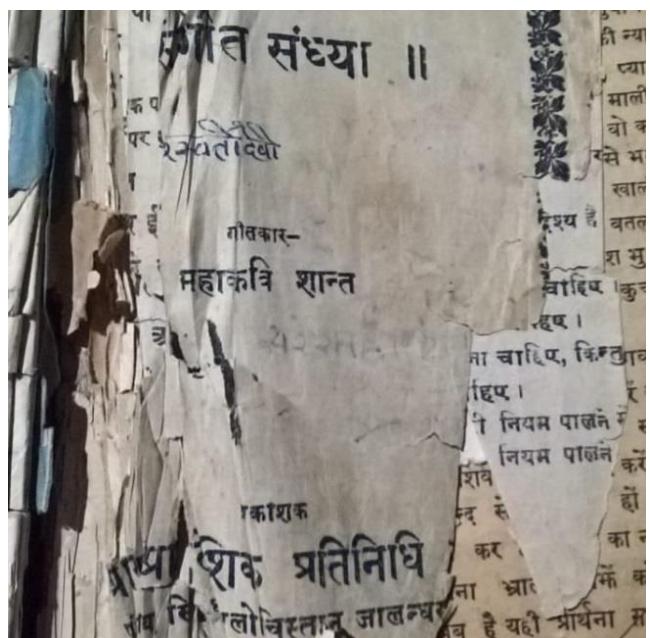
Meditation is, mind, without thoughts.

Meditation is consciousness without any striving.

Saṅgīt Sañdhya

Author of this Saṅgīt Sañdhya is someone named “Śhānt”. looks very old creation the booklet we found was printed by “prādēshik pratinidhi Arya Samāj Lāhor (India, before 1947). Don’t know much details as Arya Samāj lost lots of literature and valuable things in transition.

Providing and making this available to include here, credit goes to śri Kartār Singh Yādav, Chambā, Himāchal, India.
Here below we have included very old teardown front cover as we have found, to give credit to the original authors.



Starts with Āchman maṇṭra,

sipping water

Anādi hai ṭū aur nahī aṇṭ ṭerā
hè ghaṭ ghaṭ kē vāsī nirākār Īśwar.
ṭū hai nāth ānaṇd kā dènè vālā,
ṭerī joṭ kā har jagah hai ujālā.
hamē param ānaṇd jīvan mē dēkar,
karo sukh kī varshā lagātār īśwar.

Indriya sparśha maṇṭra,

Touching limbs

Madhur gīt ṭerē jubā mērī gāyē,
ṭerā nām lēkar harēk sāns āyē.
calāy mujhē saṭya mārag pē āṅkhēn,
mai sunṭā rahū ṭerī malhār īśwar.
na mal ho jarā mērī nābhi kē aṇdar,
ho hřiday mērā śhuddh vicāroṇ kā maṇdir.
mērē kaṇṭh kē swar ho iṭnē Manohar,
ki har sur mē bhar dūn ṭerā pyār īśwar.
bhujāoṇ mē bal do hè pṛīṭam hamārē,
mērē hāṭh sē kām hoṇ nēk sārē.
karo śhuddh hè nāṭh har aṅg mērā,
ho jīvan mērā yaśh kā bhaṇḍār īśwar.

Mārjan maṇṭra

Touching limbs

Maṇī mērī nirmal rahē jindagī bhar,
 sunharā rahē mērā saṁsār pṛiṭam.
 ṭerī joṭ dēkhē sadā nain man kē,
 baso mērē swar mē pṛabhu om ban kē.
 ho ujālā sā hṛiday mē aisā ujālā,
 ki ujalī ho nābhi kī har ṭār iśwar.
 mai pag pag pē ciṇṭan karū nāth ṭerā,
 jhukē ṭerē sammukh sadā śiśh mērā.
 ṭerī yād mē mērē anubhav kī duniyā,
 sunē śabd anhad kī guṇjār pṛiṭam.

Prāṇāyām maṇtra

Breathing

Ṭū hai prāṇ dāṭā jagaṭ prāṇ pyārē,
 Ṭū hī kaśt harṭā hai bhakṭo kē sārē.
 samākar Ṭū duniyā mē sukhrūp bhagvan,
 calāyē isē apnē anusār pṛiṭam.
 nahī ṭerī sīmā jagaṭ racanē vālē,
 Ṭū hī prāṇ duśṭo kē pal mē nikālē.
 Ṭū saṭ hai sadā hai ajar hai amar hai,
 na pāyā kisī nē ṭerā pār pṛiṭam.



Aghmarśan mantra

Washing away the sins

Basā kē tū apnē mē saṁsār sārā,
 banā tū hī saṁsār kā prāṇ bhagvan.
 pralay mai jo har bār āṭī hai duniyā,
 jvān hokē har bār āṭī hai duniyā.
 na kam na jyādā kabhī honē pāyā,
 tērā jñān sabkē jigar jān bhagvan.
 yē cānd aur sūraj samudra aur tārē,
 yahān rāṭ kē kālē pardo sē sārē.
 nikalṭē hai fir aisē pahalē thē jaisē,
 paśhu pakshī pākhērū īnsān bhagvan.
 vahī tīn yug tīn lok aur diśhāyēn,
 vahī vēd kī pyārī pyārī Rīchāyē.
 sunāṭā hai tū aur sunāṭā rahēgā,
 yahī gīt duniyā ko har bār bhagvan.
 tū hī pāp puṇya dēkhtā hai hamārē,
 hamē janam dēṭā hai jinakē sahārē.
 basā kar yē duniyā samākar isī mē,
 kahāṭā tū duniyā kā rathvān bhagvan.
 saguṇ hai tū nirguṇ hai parmāṭmā hai,
 ki har Āṭmā kī tū hī Āṭmā hai.
 anādi hai parivār saṁsār tērā,
 anādi hai tū aur tērā jñān bhagvan.

Mansā parikrimā mantra

let the mind to be all around

Samā kar ṭū pūrab mai sūraj kē aṇdar,
 karē dūr saṅsār kā sab aṇdhērā.
 hè baṇdhan sè ājād rakshak hamārē,
 ṭerē jñān ke bāṇ kirṇē hai sārē.
 agar koi bhūlē sè hamko saṭāyē,
 hamē krodh usapē bhi ānē na pāyē.
 karo dūr śhaṭru kē dil sè burāyī,
 rahē nāth hampē yē upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mērā namaskār mērā.

1

ṭū dakshiṇ mē aiśvarya ban kar samāyē,
 ṭū hī dušt jīvo sè hamako bacāyē.
 samajhētē hai jo tujhako ṭerī dayā sè,
 unhi kē jiivan sè hai jag mē savērā.
 ho ajñan kē vaśh mē agar koi bhāī,
 karē bhūlkar hamasē koī burāī.
 haro Īrśya dvēśh hṛiday sè usakē,
 rahē nāth hampē yē upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mērā namaskār mērā.

2

ṭerā rājy paścim mè hai aṇṭaryāmī,
 bacāyè ṭū dugh dènè vālo sè swāmī.
 ṭū hī bhakṭ rakṣak hai aur dušt nāshak,
 ṭerā jaṛṛrē jaṛṛrē mè hai nāth ḍerā.
 koi dil jalā mèrē dil ko jalāyè,
 yā jīvan mèrā dil kisi kā dukhāyè.
 ṭū dono kā hriday sè hriday milā dè,
 rahē nāth hampè yè upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mèrā namaskār mèrā. 3

ṭū hī śhānt uṭṭar diśhā mè samākar,
 bahāṭā ānaṇd kā ek sāgar.
 ṭū hī mālī hai fulvārī duniyā hai ṭerī,
 ṭerē hāth mè hai sukhoṇ kā farerā.
 agar duśhmanī koi karṭā hai hamsè,
 magar ham na khelē kabhi usakè gam sè,
 rahē bhāī bankar yah saṅsār vālè,
 rahē nāth hampè yè upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mèrā namaskār mèrā. 4

Hai pŕithavī kā har jaṛrā ṭerā hī maṇdir,
 chupē hai ṭerē bāṇ vŕikšo kē aṇdar.
 ṭū duniyā kī har auśhadhī mē basā hai,
 kali kī ṭalī pē hai ṭerā basērā.
 burē kē bhī dil mē na āayē burāyī,
 bhalē sab ho prāaṇī karē sab bhalāī.
 sikhāo pŕabhu pŕit kī rīt hamko,
 rahē nāth hampē yē upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mèrā namaskār mèrā.

5

Jo ākāsh pē ānyē kālī ghatāyē,
 baras kar jo duniyā ko amṛīt pilāyē.
 yahī ṭerī ham par dayā hai dayālū,
 ho duniyā kā amṛīt bharā har savērā.
 ho saṁsār vālē pŕabhu mīt mèrē,
 mai śhaṭru ko Arpaṇ karuṇ nāth ṭerē.
 karo śhuddh bhagvān duniyā kē dil ko,
 rahē nāth hampē yē upkār ṭerā.
 tujhē ṭerē guṇ ṭerē bāṇo kē bhagvan,
 namaskār mèrā namaskār mèrā.

6

Upasthān mantra

Feeling the presence

Hè dèvo kē dēv hè jagaṭ kē ujālē,
 parē hai añdhērē sē jyoṭi tumhārī.
 ṭū hai jñān kā cānd saṭ aur ciṭ hai,
 carācar kē añdar ṭerī joṭ niṭ hai.
 ṭū hī jagaṭ rakshak hai ānañd dāṭā,
 ṭerī ūharaṇ āyē hai ṭerē pujārī.
 ṭū vēdo kā karṭā hai niṭ rahanē vālē,
 ṭujhē jātvēdaḥ kahē kahanē vālē.
 ṭū pahacānā jāṭā hai racanā sē apnī,
 ṭū hi har aṇu mē hai kalyāñkārī.
 hai sūrya ki kirṇo sē vrīkšo kā jīvan,
 magar ṭerī kirṇē hai kirṇo mē bhagvan.
 parē dvēśh sē hai ṭū yogī kē man mē,
 ṭū hī nāth karṭā hai rakṣā hamārī.

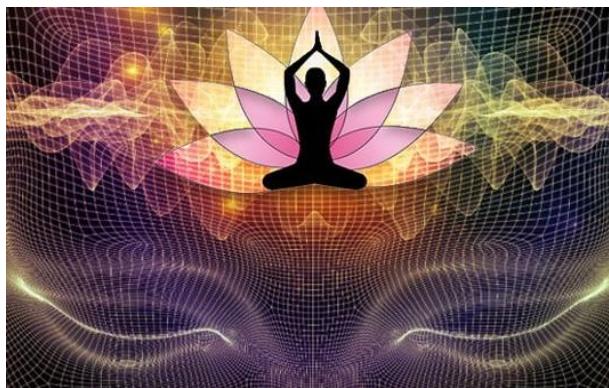
Jīvem śhatam

wish to live hundred of years freely

najar ban kē tū hī najar mē samāyē,
 tū hī sab kā bhagvan hiṭaišhi kahāyē.
 tū pahalē thā śuddh abh bhī hai aur rahēgā,
 tērē āsrē nāth Śrīśhti hai sārī.
 jiye sao baras ṭak ṭujhē hī nihārē,
 pukārē tērā nām hṛiday kī ṭarē.
 ho bañdhan sè ājād jīvan hamārā,
 padē kān mē nāth vāṇī tumhārī.
 agar sao baras sè adhik jiye bhagvan,
 ciṭt vāṇī man mē ho tērā hī ciṇtan.
 najar aisi dē ki najar mujhko āyē,
 tērī joṭ har jarrē mē pyārī pyārī.
 tū hī prāṇ dāṭā hai prāṇo sè pyārē,
 tū hī dūr karṭā hai saṇṭāp sārē,
 hai bṛihmāṇd rath aur rathvān tū hai,
 prabhu mērē aiśhvarya kī khān tū hai.

Samarpaṇ surrender

ਤੁਹਾਨੂੰ ਹਰ ਆਤਮਾ ਕਾ ਉਜ਼ਾਲਾ ਹੈ ਭਗਵਾਨ,
 ਬਨਾਏ ਤੁਮਹਿ ਨੇ ਹੈ ਚਾਂਦ ਅਤੇ ਤਾਰੇ।
 ਤੁਹਾਨੂੰ ਪ੍ਰੇਮ ਪੁਜਾ ਕੇ ਹੈ ਯੋਗ ਈਸ਼ਵਰ,
 ਤੁਹਾਨੂੰ ਜਨਾਨ ਅਮ੍ਰਿਤ ਕਾ ਹੈ ਸ਼ੁਦਧ ਸਰੋਵਰ।
 ਬਾਸਾਨੂੰ ਤੁਝੇ ਪ੍ਰਿਯ ਸੇ ਆਤਮਾ ਮੇਂ,
 ਬਾਨੋ ਸਾਰਥੀ ਮੇਰੇ ਭਗਾਵਾਨ ਹਮਾਰੇ।
 ਕਾਰੂਨ ਮਾਨ ਨਾ ਜੀਵਾਨ ਮੇਂ ਕੋਇ ਬੁਰਾਈ,
 ਸੁਕਾਰਮੋ ਕੇ ਦਾਤਾ ਕਾਰੋ ਧੇ ਭਾਲਾਈ।
 ਮਾਤ੍ਰਿ ਮੇਰੀ ਇਤਾਨੀ ਹੈ ਸ਼ੁਦਧ ਅਤੇ ਨਿਰਮਲ,
 ਕਿ ਮੁਜ਼ਹਾਂ ਰਾਹੇ ਦੂਰ ਦੁਖ ਤਪ ਸਾਰੇ।



Namaskār**The salute**

Namaskār sukh rūp jagdīsh mèrè,
 ṭū dāṭā hai ānaṇd kā īśh mèrè.
 namaskār ṭujhko hai kalyāṇ kāri,
 hai bhakṭo pè bhagvan dayā sab ṭumhārī.
 namaskār parmāṭman bholè bhālē,
 namaskār hè mokšha kè dènè vālē.
 namaskār namaskār bholè bhaṇdārī,
 namaskār namaskār dayā ho ṭumhārī.



Yajna-Havan / Dev-Yajna

यज्ञ हवन, देव-यज्ञ





HAVAN/YAJÑA for all occasions

In this booklet havan maṇṭras are collected and put in order, keeping in mind a specific demand and need of the local community. In order to keep brevity of the booklet only a selected few mantras from Swastivācan and Shānti-prakaraṇ are added to routine mantras of Havan. In normal practice complete Swastivācan and Shānti-prakaraṇ mantras make the ceremony too long so people do not use these.

Sutra grañthas delineate architect, measurement and design of Havan Kunda. But routinely a square design is used.



These things are needed for Havan. Some of these may already been a typical home. The others can be purchased from a locan Indian food store or ordered on line. But before starting, all of the following should be in place.

1. Ghee/purified butter approx. 16 oz
2. Havan-Samagri one pack, approx. 8 to 10 oz
3. Camphor one pack approx. 10gm (used as fire starter)
4. Matches one pack
5. One bowl to hold Ghee
6. One long handle spoon
7. Havan-Kund (a special fire-pit)
8. Aluminum foil, to lay flat under Havan-kund for safety.
9. Four small bowls for water (to use during achman, shipping water)
10. Four small spoons to go with water bowls
11. One medium water pitcher of jug
12. Four medium plates, to hold Havan-Samagri
13. One diya/jot, to light ghee candle, with cotton piece.
14. Few hand towels or napkins
15. One Tong (to use with firewood if needed)
16. Havan-Woods (mango tree woods or get from Indian store, special Havan-Woods)



GLORIFICATION OF GOD

Basic Prayer Hymns (*Īshwar-Stuti - Prārthanā*) is a series of eight mantras which are recited at all prayers. Only after this the other rites and rituals are done. This is a combination of hymns to glorify God and requests to get some things from God. Hymns 1, 6, 7, and 8 are requests for things, whereas 2, 3, 4 and 5 are the prayers.

Just like "Sañdhya", this also requires preparation. If reading and understanding of Sañskrit or Hindi is difficult, then recite these in English. First of all, find a quiet place away from noises and interruptions. Take a few deep breaths, inhaling from the nose and exhaling from the mouth. Close your eyes and mentally scan whole of your body for any pain or discomfort. Take time to feel relaxation and quietness of mind and the surroundings. Open your eyes and read the following eight verses:

1. O God of universe, remove all of my afflictions and give me the things which are beneficial to me.
2. I offer my prayers to God, who is the creator of the radiant Sun, Moon and stars, the earth and all of its products.
3. I offer my prayers to God, who is worshipped and admired by all sages, even His shadow brings salvation, and Who is fair to all and gives us knowledge.
4. I offer my prayers to God, who is the master creator of all animate and inanimate objects, including plants, animals, and humans.
5. I offer my prayers to God, who created the hot Sun, the cold Moon, the strong Earth, and the Sky for the birds to fly and other stars and celestial objects.
6. O God, master of this kingdom, fulfill all my wishes and do not abandon anyone or anything.
7. We should all praise God, who is the creator of us all, fulfills all of our desires, gives us salvation, and is still like a friend to us all.
8. O God, who is bright like Fire, keep us away from sins and afflictions and give us knowledge, prosperity, and devotion towards you.

Agni: Agni agrani bhavati. Agraṇī yajñēśhu prāṇīyatē. Yāskāchārya Nirukta 7.14

The leading power is called agni, because it can lead things with its own.

Performing pious yajña the agni is needed in first place.

(defining the word agni).

GĀYATRĪ MANTRA

śiṣhi: viśhvāmitra, Devtā: savitā;

**Om bhūr-bhuvaḥ svah.
tat̄ saviṭur-varēṇyam̄
bhargo devasya dhīmahi.
dhiyo yo nah̄ pracodayāt̄.**

Rigved: 3.62.10; Yaju. 36.3

(Om) God (bhūḥ) earth, the giver of the life (bhuvah) destroyer of all kinds of miseries (svah) wealth, form of pleasure and the bestower of pleasure. (tat) that (savituḥ) the progenitor of the entire universe (varēṇyam) the most acceptable, the one you have desire for (bhargah) personification of knowledge, the one who can fulfill your desires (dēvasya) divine, the gods (dhīmahi) meditate, let him be in my mind (dhiyah) intellect, thinking power (yah) one who (nah) our (pracodyāt) may inspire, lead to the right path.

**tūnē hamē uṭpanna kiyā pālan kar rahā hai tū.
tujhasē hī pāṭe prāṇ ham dukhiyo kē kaṣṭa harṭā hai tū.**

**tērā mahān tēj hai chāyā huā sabhī sthān.
sriṣti kī vasṭu vasṭu mē tū ho rahā hai vidyamān.**

**tērā hī dharṭe dhyān ham māṅgtē tērī dayā.
iśvar hamārī budhi ko śrēṣṭha mārg par calā.**

This is a prayer to God to increase our ability to think profoundly and to lead our intellects in doing good deeds in life. Om is omnipresent. Om is within everyone. Om is knowledgeable of everything that exists in this universe. The frequent recitation with the complete understanding of the deep meanings of this Mantra gives peace and tranquility to the human mind and the central thinking process.

The prārthanā Mantra (Prayer Hymns)

**Om viśvāni dēva saviṭar-
duriṭāni parāsuva.
yad bhadram ṭanna āsuva.**

Yajurved: 30.3
Rishi: Nārāyan, dēvtā: savitā

1

Om, O God you are the creator and the lord of this universe. We pray to you with our hearts; please keep us far from bad habits and bad deeds so we can achieve good deeds and good habits.

**Om hiranya garbhaḥ samavarṭaṭāgrē¹
bhūṭasya jāṭah paṭirēk āsīt.
sa dādhār pṛithivīm dyāmuṭemāṁ
kasmai dēvāy haviṣā vidhēm.**

Rigved: 10.121.1
Rishi: hiranyagarbha, prajāpati
dēvtā: kah

2

Om is the creator of all radiant stars and other things in the world; the only ruler and sustainer of the world. You are the Controller of the Earth and the Galaxy. We should meditate with faith and devotion upon the God.

**Om ya ḍātmadā baladā yasy viśva upāsatē
praśiṣam yasy dēvāh.
yasy cchāyā amṛitaṁ yasy mrityuḥ
kasmai dēvāy haviṣā vidhēm.**

Rigved: 10.121.2
Rishi: hiranyagarbha, prajāpati
dēvtā: kah

3

Om is the provider of both powers; will power and physical strength. All learned people and the whole world worships Om. Undre his umbrella alone one enjoys Immortality and death as well. We should meditate upon God, the personification of happiness with faith and devotion.

**Om yaḥ prāṇato nimiṣato mahitvaika
id-rājā jagato babhūv.
ya īṣe asya dvipadaś-catuṣpadah
kasmai dēvāy haviṣā vidhēm.**

Rigved: 10.121.3
Rishi: hiranyagarbha, prajāpati
dēvtā: kah

4

Om has created everyone and everything including bipeds and quadruped by his grace and is the sole ruler of the universe. We should meditate with faith and devotion upon God, the personification of happiness.

**Om yèna dyao-rugrā prithivī ca dṛidhā
yèna svah stabhītām yèna nākah.
yo anṭarikṣe rājaso vimānah
kasmai dēvāy haviṣā vidhēm.**

Ṛīgvēd: 10.121.5
Ṛīshi: hiranyagarbha,
prajāpati dēvtā: kah

5

Om has created the galaxy, the Sky and the Earth. He is the upholder of all his creation without any glitch. God has created the movement of all stars in the sky just like plaine in the space. We should meditate with faith and devotion upon God, the personification of happiness.

**Om prajāpaṭē na ṭvadē ṭānyanyo
viśvā jāṭāni pariṭā babbhūv.
yaṭkāmāstē juhumas-ṭanno asṭu
vayam syām paṭayo rayīṇāṁ.**

Ṛīgvēd: 10.121.10
Ṛīshi: hiranyagarbha,
prajāpati dēvtā: kah

6

O Prajapati, the creator of the universe, you are the supreme. You are the sole creater of the whole creation in the univers. We pray to you in our humble prayers and offer you respect. May you grant us whatever we wish so we may become masters of riches and prosperity.

**Om sa no bandhur-janiṭā sa vidhāṭā
dhāmāni vēd bhuvanāni viśvā.
yaṭr dēvā amriṭamā-naśānā-sṭriṭīyē
dhāmanna-dhyai-rayanṭa.**

Yajurved: 32.10
Ṛīshi: svayambhu bṛhma
dēvtā: parmatmā

7

Om is the creator of the universe but, still, is our real friend like a brother. He knows all the known and unknown worlds and he is the adjudicator. The learned people live in his creation fearlessly and freely. We are meditating upon Om for the attainment of liberation.

**Om agnē nay supathā rāyē asmān
viśvāni dēv vayunāni vidvān.
yuyo-dhyasmaj-juhurāṇ-mēno
bhūyiṣṭhāṁ tē nama ukṭim vidhēm.**

Yajurved: 40.16
Ṛīshi: dīrgtamā
dēvtā: aātmā

8

O Agni Deva, the self illuminating, provider of the energy and the light, the knowledge. May you take my hand and show me the right path which leads to true knowledge and prosperity. O Agni, burn and destroy all our ill feelings and sins. O Deva, we pray to you with many humble hymns.

ॐ Om Shāntih ॐ

ācamana-maṇtra

(Sipping Water).

Take a little water in right hand palm and sip. One sip with each mantra.

(The spiritual meaning of this water is that it is nectar, which is your cover, bed, truth, and fame). Sipping little water helps clear the throat and makes one more alert. This is not to quench thirst)

Om amṛīṭo-pastaraṇamasi svāhā.

1

O Immortal god, provide me immortality.

First sip

This nectar is my shield.

Om amṛīṭā-pidhānamasi svāhā.

2

O Immortal god, protect me from being frail.

Second sip

This nectar is my resting place.

Om satyam yaśah śhrīr-mayi

3

śriḥ śhrayaṭām svāhā.

O Truthful God, Grant me truthfulness,

Third sip

prosperity and fame.

All three: Taittirīya aāraṇyak: 10.32-35

Wipe your hands and take a little water in your left palm. Hold it straight. Use your right hands ring and middle fingers together. Dip in the water and touch the limbs... Go from right to left...

Anga-sparśa Mantra

touching the body parts

Om vāṅg ma ḍasye-astu. (Touch Mouth, both ends*) 1
O God, Grant me good speech.

Om nasor-mè prāṇo-astu. (Touch Nose, both sides*) 2
O God, Grant me *un-interupted* breathing.

Om akṣnor-mè cakṣur-astu. (Touch Eyes) 3
O God, Grant me clear vision.

Om karnayor-mè śrotram astu. (Touch Ears) 4
O God, Grant me good hearing.

Om bāhvor-mè balam-astu. (Touch Arms) 5
O God, Grant me *strength* in my arms.

Om urvor-mè ojo-astu. (Touch Thighs) 6
O God, Grant me strength in my legs.

**Om ariṣṭāni mè-aṅgāni
tanustanvā mè saha santu.** (Touch all Limbs, sprinkle all-over yourself) 7
O God, Provide me a healthy body with strength in all my limbs.

Pāraskar gṛihyasūtra: 2.3.25

*(Mouth twice, because we use mouth, to speak and to taste.
Nose twice, one for right (Agni) and second for left (Vayu), breathing and smell.
Eyes, ears, shoulder, thighs/nees we have two of each).

Wipe your hands and get ready for the Holy fire (Yajna)...

Agni-ādhāna

(Starting the Holy Fire)

Note: to start holy fire you may use camphor as a starter

(While chanting this, start the holy fire)

Note: If you are lighting candle/Diyā/Jyot at your home start with this Hymn.

Om bhūr-bhuvaḥ svah.

Gobhil gṛihyasūtra: 1.1.11; śatpath br. 3.21.6

O God, you are the form of life, dispeller of miseries and blissful.

Om bhūr-bhuvaḥ svar-
dyauriva bhūmnā pṛithivīva varimṇā.
ṭasyāṣṭe pṛithivi devayajani pṛiṣthe-
agnimannā-dāmannā-dyāyādadhē.

Yajurved: 3.5; Ṛishi: Prajāpti; dēvtā: agni, vāyu, sūrya

Om ud budhya-svāgnē praṭijāgrihi
tvamiṣṭāpūrṭē saṁ srijēthā-mayaṁ ca.
asminṭ-sadhisthē adhyuṭṭarasmin
viśvē devā yajamānaśca sīdaṭa.

Yajurved: 15.54; Ṛishi: Parmeṣṭhi; dēvtā: Agni

Put some wooden Sticks -**Samidha** in the yajña-kunda while chanting these mantras. Make sure the fire is started well. You may use some ghee and/or camphor.

O God, we have made this kunda in the center of the earth and started this yajna with fire. With your blessings, let this fire become strong, making the yajna successful. Let all the wishes and desires of host and the society be fulfilled.

With the next Mantras you will be offering 3 wooden sticks (or cinnamon sticks) one by one into the holy fire. If possible the sticks should be around approximately 6 to 8 inches long..

Samidhādhāna Mantra

Om ayam-ta idhma atmā jātavedas-
tene-dhyasva vardhasva ceddha
vardhaya cāsmān prajayā paśubhir-brahma-
varcasēna-nnādyēna samēdhaya svāhā.
idam-agnayē jātavēdasē idam na mama.

Place first stick
in the Havan

Asva.grh. 1.10.12

O God, let this soul be the fuel for this pious yajña-fire. I would like to see this holy fire grow. In the light of this holy-fire, grant us: fortune progeny, cattle, divine glory, nourishment with (and) enjoyment. I offer this oblation to the illuminator Agni, the knower of all. This is for Jātvedas Agni, this is not mine.

The Second with these 2 Mantras ...

Om samidhā-agnim duvasyaṭa ghṛīṭair-bodhayatā-ṭithim.
āśmin havyā juhoṭan (svāhā. Idam agnaye idam na mam.)

Om susamiddhāya śocisē ghṛīṭam tīvram juhoṭana.
agnayē jātavedasē svāhā.
idam-agnayē jātavēdasē idam na mama.

Now place the second
stick in the Havan Kunda

Yaju. 3.1-2; Rishi: Āngiras, suśrut; dēvtā: Agni

With this samidha and melted ghee in the kunda, let the fire become more intensely. This oblation is for agni, this is not for me.

Om ṭantvā samid-bhirangiro ghṛīṭen vardhayāmasi.
brihacchocā yaviṣṭhya svāhā.
idam-agnayē angirasē idam na mama.

Now place the third stick
in the Havan Kunda

Yaju. 3.3; Rishi: bhārdvāj; dēvtā: Agni

Om, well intense fire, we augment you with more samidha and melted ghee. This fire brightens the things, purifies air, so that it spreads out in the whole environment. This oblation is for agni and samidhas, this is not for me.

Make sure the fire is without smoke.

You can offer some extra ghee and put enough woods to be able to burn the fire properly.

Repeat this Mantra Five Times ... (Offer ghee on each *svāhā*)

**Om ayam-ṭa idhma āṭma jāṭavedas-ṭenedhyasva-vardhasva ceddha
vardhaya cāsmān prajayā paśubhir-
brahma-varcasenā-nnādyena
samedhaya svāhā.
idam-agnaye jāṭavedase idam na mama.**

This is the mantra to offer five oblation of the ghee to the holy fire. 1. We are praying for five things to God, each oblation is for each pray. 2. Meantime the wood will be burning properly, so when we offer sāmagri it should be ready to burn, not to produce smoke.

Asva.grh. 1.10.12

O God, let this soul be the fuel for this pious yajña-fire we would like to see this holy fire grow. In the light of this holy-fire, grant us: fortune progeny, cattle, divine glory, nourishment with (and) enjoyment. I offer this oblation to the illuminator Agni, the knower of all. This is for Jātvedas Agni this is not mine.

Jala proksana (sprinkling water around the fire-altar)

Om adiṭe-anu-manyasva.

East side of the Havan Kunda.
(Start from East-North corner toward East-

Om anumaṭe-anu-manyasva.

West side of the Havan Kunda.
(Start from South-West corner toward West-

Om sarasvaty-anu-manyasva.

North side of the Havan Kunda.
(Start from West-North corner toward North-

gobhil gṛihya sūtra: 1.3.1 – 3; chaṇdogya bṛām: 1.1

O Aditi, immortal God, give me confidence. O provider of blessings to all bless me, so that I can do my things properly and give me self confidence to gain knowledge.

**Om dēva saviṭah prasuva yajñam
prasuva yajñapaṭim bhagāya.
divyo gandharvah keṭapuh kēṭam
nah punāṭur-vācaspaṭir-vācam nah svadaṭu.**

Now all around the
Havan Kunda, one

Yaju.30.1; Ṛiṣhi: Nārāyaṇa; dēvtā: Savitā

O, unimpairable, favorable, all knowing, almighty God, accede to our request. O, self-Effulgent, creator of the universe, divine source of the Vedas, purifier of intellect, protector of speech, omniscient God, purify our understanding, and sweeten our speech.

Four ājyāhuti

4 ghee offerings

(First set)

Om agnaye svāhā.Give offering on **North**
side of inside the Havan**idam-agnaye idam na mama. 1**

Rishi: prajāpati; devtā: Agni, soma; yajurved: 22.27

This Oblation is for Agni.

This is for Agni, not for me.

Om somāya svāhā.Give offering on **South**
side of inside the Havan**idam somāy idam na mama. 2**

Rishi: prajāpati; devtā: Prajāpati; yajurved: 22.32

This Oblation is for Soma.

This is for Soma, not for me.

Om prajāpaṭaye svāhā.Give offering in the **center** of
the Havan Kunda.**idam prajāpaṭaye idam na mama. 3**

Rishi: prajāpati; devtā: Indra; yajurved: 22.27

This Oblation is for Prajapati.

This is for Prajapati, not for me.

Om indrāya svāhā.Give offering in the
center of the Havan**idam-indrāya idam na mama. 4**

Gobhil. Gr. 1.8.24; Yaju 22.27

O This Oblation is for Indra.

This is for Indra, not for me.

Four ājyāhuti

4 ghee offerings

(Second set)

*Offer inside the Havan Kunda***Om bhūr-bhuvaḥ svah.****agn āyūnṣi pavasa ā suvorjamīṣam ca nah.****āre bādhasva ducchunām svāhā.****idam-agnayे pavamānāya *idam na mama.***

1

Rg. 9.66.19
Rishi: Śatam vaikhānahā¹
Dēvtā: Agni

Om bhūr-bhuvaḥ svah.**agnir-ṛiṣih pavamānah pāncajanyah purohiṭah.****ṭamīmahe mahāgayam svāhā.****idam-agnaye pavamānāya *idam na mama.***

2

Rg. 9.66.20
Rishi: Śatam aikhānahā¹
Dēvtā: Agni

O, the intellectual God, you are a sage. You know everything. You were here even before the five elements of life. O benevolent God, we are singing your praises while doing this yajna.

Om bhūr-bhuvaḥ svah.**agnē pavasva svapā asmē varcaḥ suvīryam.****dadhad-rayim mayi poṣam svāhā.****idam-agnayे pavamānāya *idam na mama.***

Rg. 9.66.21
Rishi: Śatam vaikhānahā¹
Dēvtā: Agni

O God, appearing in the shape of Fire, lead us to do good deeds by working hard so that we can excel in this life. Please bestow upon us wealth, happiness, and fame.

Om bhūr-bhuvaḥ svah.**prajāpaṭe na ṭvade ṭānyanyo viśvā jāṭāni pariṭā babhūva.****yaṭkāmāṣṭe juhumāṣṭanno astu****vayam syāma paṭayo rayīṇām svāhā.****idam prajāpaṭaye *idam na mama.***

Rg. 10.121.10
Rishi: Prajāpati;
Hiranyakarba
Dēvtā: kah

O God, who always takes care of his subjects, there is no one else who runs this universe. We are doing this yajna, outlining all our desires. Please fulfill these and make us the master of wealth and fame.

Get ready for sāmagri offerings; take your place and sāmagri ...

We prefer only front sitting (next to Havan-kund) people offer the samagri. It will prevent spilling samagri all over. Will provide the opportunity to all, to be able to come forward and give your offering.

Morning oblations (yajña) Use havan Samagri and Ghee

Both Morning and Evening offerings are done if Havan is done once a day.

Om sūryo jyoṭir-jyoṭih sūryah svāhā. 1

Om sūryo varco jyoṭir-varcaḥ svāhā. 2

Om jyoṭih sūryah sūryo jyoṭih svāhā. 3

One to three: Yajurved: 3.9; Rishi: Prajāpati; Devtā: sūrya

Om sajūr-dèvēna saviṭrā sajūruṣa-sēndra-vat�ā.

juṣāṇah sūryo vēṭu svāhā. 4

Yajurvēd: 3.10; Rishi: Prajāpati; Devtā: sūrya

The sun is illuminating the whole universe. The sun is life. The light of the sun brightens life. The creator God has made the sun and the dawn. Let the yajna of this morning disperse all over the universe with the rays of the sun.

Evening oblations (yajña)

One to three: Yajurved: 3.9; Rishi: Prajāpati; Devtā: Agni

Om agnir-jyoṭir-jyoṭir-agnih svāhā. 1

Om agnir-varco jyoṭir-varcaḥ svāhā. 2

Om agnir-jyoṭir-jyoṭir-agnih svāhā. 3

this third one, chant quietly in your mind

Om sajūr-dèvēna saviṭrā sajū rāṭryēndra-vat�ā.

juṣāṇoh agnir-vēṭu svāhā. 4

Yajurved: 3.10; Rishi: Prajāpati; Devtā: Agni

The Fire is illuminating the whole world. The light of fire is life. The light of fire brightens life. The creator God has also made the fire to light the evening. Let the yajna of this evening disperse all over the universe with the flames of the fire.

(Note: In the evening there are no rays of the sun. For evening oblations, the word Fire is used as a substitute for the sun. The fire or light exists because of the sun)

Daily oblations, Yajña Mantra

Havan Samagri and Ghee

Om bhūr-agnayे prāṇāy svāhā.

idam-agnayे prāṇāy idam na mama. Taittirīya Āraṇyak 10.2 1

This oblation is for the purification of the vital air of the earth.

Om bhuvar-vāyavē-apānāy svāhā.

idam vāyavē apānāy idam na mama. Taittirīya Āraṇyak 10.2 2

This oblation is for the purification of the non-breathing air that wanders in the space.

Om svarādiṭyāy vyānāy svāhā.

idam-ādiṭyāya vyānāy idam na mama. Taittirīya Āraṇyak 10.2 3

This oblation is for the purification of the sun's rays and vyan-air on the earth and sky.

Om bhūr-bhuvaḥ svaragni-vāyvādiṭyēbhyaḥ

prāṇāpāna-vyānēbhyaḥ svāhā.

idam-agni-vāyvādiṭyēbhyaḥ

prāṇāpāna-vyānēbhyaḥ

idam na mama. Taittirīya Āraṇyak 10.2 4

This oblation is for the purification of earth, sky, space, fire, air, the breath, and vital air.

Om āpo jyotī raso-amṛitam brahma

bhūr-bhuvaḥ svarom svāhā. Taittirīya Āraṇyak 10.15 5

O God you are pure, the light of lights, source of sweetness and the protector of the universe. I am offering this oblation for the earth, the sky, and the space.

**Om yām mēdhām dēvaganāḥ piṭaraścopāsaṭē.
ṭayā māmadya mēdhayā-agnē
medhāvinam kuru svāhā.**

6

Yajurvèd: 32.14; Rishi: Mēdhākām; Devtā: Parmātmā

O God, all the divine soul and my ancestors sought and worshipped intellect and knowledge. I wish to have the same kind of intellect and knowledge, grant me today.

**Om viśvāni dēva saviṭar-duriṭāni parāsuva.
yad bhadram ṭanna āsuva svāhā.**

7

Yajurvèd: 30.3; Rishi: Nārāyan; Devtā: Savitā

O God , the creator and the lord of this universe, we pray to you to keep us far from bad habits and deeds , and help us so that we can achieve good deeds and good habits.

**Om agnē nay supathā rāyē asmān
viśvāni dēv vayunāni vidvān.
yuyo-dhyasmaj-juhurāṇa-mēno bhūyiṣṭhām
ṭe nam ukṭim vidhēma svāhā.**

8

Yajurvèd: 40.16; Rishi: Dīrghatamā; Devtā: Ātmā

O Intelligent God, you already know the ways and means of our Karma. Help us to know right path which leads to prosperity, and destroy all our ill feelings and sins. We pray to you with humble devotion and worship you. We offer ourselves in your service.

**Om bhūr-bhuvaḥ svah.
ṭaṭ saviṭur-varēnyam bhargo dēvasya dhīmahi.
dhiyo yo naḥ pracodayāṭ svāhā.**

9

Rishi: Viśvāmitra ; Devtā: Savitā; Rigved: 3.62.10; Yaju. 36.3

O God of the earth, the giver of the life, destroyer of all kinds of miseries, provider of wealth and the bestower of pleasure. The progenitor of the entire universe, the most acceptable, most desired, the personification of knowledge, the one who can fulfill our divine desires, we meditate upon that God. He should be in our mind, thoughts and the One who lead us to right path.

Blessing Mantras (all Happy Occasion) Havan Sāmagri and Ghee

**Om ṛiṭam ca satyam cābhiddhāt
tapaso adhyajāyat.**

taṭo rāṭryajāyaṭa taṭah samudro arṇavah svāhā.

1

Rigvēd:10.190.1; Rishi: Aghmarṣaṇ mādhuchandas; Devtā: bhāvvṛitam

. Om samudrād-arṇavā dadhi samvatsaro ajāyaṭa.

aho rāṭrāṇi vidadhad viśvasya miṣaṭo vaśī svāhā.

2

Rigvēd:10.190.2; Rishi: Aghmarṣaṇ mādhuchandas; Devtā: bhāvvṛitam

**Om sūryā candramasau dhāṭā yathā pūrvam-akalpayat.
divam ca prithivīm cāntarikṣam-atho svah svāhā.**

3

Rigvēd:10.190.3; Rishi: Aghmarṣaṇ mādhuchandas; Devtā: bhāvvṛitam

Om. In this cycle of creation, God recreated the sun, moon, heaven, earth, sky, celestial bodies, and the entire natural elements like air, fire, and water, and all life forms as He did in the past and would do in future ones too.

**Om svasti na indro vridhaśravah svasti nah pūśā viśvavēdā.
svasti nastārkshyo ariṣtanemih svasti no
brihaspatir dadhātu svāhā.**

4

Yajurvēd: 2519; Rishi: Gautam; Devtā: Iśvar

The illustrious lord of wealth and knowledge, source of all creative energy, savior, fountainhead of brilliance and glory, support of the universe bring peace to us.

**Om bhadram karṇebhir śriṇuyām dēvāḥ
bhadram paśyēma akṣabhir yajaṭrāḥ.
sthiraṁ aṅgais tuṣṭuvānsas ṭanūbhir
vyāśemahir dēvahitam yadāyuḥ svāhā.**

5

Yajurvēd: 25.21; Rishi: Gautam; Devtā: Vidvaṁsaḥ

Om. O Omnipresent God, may we hear with our ears whatever is good. O master of all yajnas, may we see with our eyes whatever is good. O omnipotent God, we should be very strong, without any illnesses, and live a very long life with the beautiful bodies.

**Om śanno vāṭah pavaṭām śannah ṭapaṭuh sūryah.
śannah kanikradad devah
parjanyo abhivarṣaṭu svāhā.**

6

Yajurvèd: 36.10; Rishi: Dadhyang, Atharvā; Devtā: Vāt, Sūrya

O God of this yajna, let the pure and calming winds blow, let the sun warm the atmosphere with life giving rays, and let roaring clouds bring beneficial rains for us.

**Om abhayam miṭrāṭ abhayam-amiṭrāṭ
abhayam jñāṭāṭ abhayam parokṣāṭ.
abhayam nakṭam abhayam divāḥ nah
sarvāḥ āśā mama miṭram bhavanṭu svāhā.**

7

Atharvavèd: 19.15.6

Om, Indra, give us fearlessness. We should not have any kind of fear from any friend, we should not have any fear from the one who is not our friend. We should not be afraid of those who know us or those whom we know and those whom we do not even know. Give us security at all times, whether it is day or night. May all directions be safe for us and friends all around.

**Om yathā ahānyanu-pūrvam bhavanṭi
yatharṭavaḥ ṛiṭubhir yanṭi klṛiptāḥ.
yathā na pūrvam aparo jahātyevā
dhāṭarāyūnshi kalpayaiśām svāhā.**

8

Atharvavèd:12.2.25; Ṛgvèd: 10.18.5; Rishi: Saṅkusuko, Yāmāyan; Devtā: Dhāṭā

O God, the creator of all life and regulator of this universe in such a way that one day follows the other (Tuesday follows Monday), one season follows the other, the present does not abandon the past, help us and give us a long life. (There should be no premature death).

**Yajjāgraṭo dūramudaiṭi daivam ṭadu supṭasya ṭathaivaiṭi.
dūraṅgamam jyoṭiśām jyoṭirēkam
ṭanmē manah shiva sankalpam-asṭu svāhā.**

9

Yajurvèd: 34.1; Rishi: Śivsaṅkalpa; Devtā: Mana

O God, my mind always takes me far away. My mind is very restless with many ongoing thoughts and it is the same when I am asleep. O God, you already know the fickle nature of mind. So, I pray to you with devotion to guide my mind in the right direction so it can have righteous thoughts.

Maṇtra is famous as Mahāmṛityuṇjay Maṇtra

The key word “Triyambakam” is the prayer’s objective, remaining translation is very simple. Sāyñāchārya (the great translator) translated this word as **father** (Father of three, Bṛihmmā, Viśnu and Maheśh). Other scholars translated this word as **Mother** (still used in sanskrit Ambakam as mother). One thing is for sure, that, in any literature or any text, Ambakam never used or translated as Eye/ netram.

**Om tṛyambakam yajāmahe
sugañdhim puṣṭi vardhanam̄.
urvārukṁiva bandhanāt̄
mrītyormukṣīya mā amṛitāt̄ svāhā. 10**

Rishi: vashistha; Devtā: Rudra; Rg.7.59.12

O God, The protector of all! You are omniscient. You know the past, the future and the present. You shower fragrance and health. O God, as a ripened fruit breaks away from the branch itself; similarly relieve us from death and worldly attachments, give us liberation in the form of immortality.
We pray to you for your blessings and spiritual support, so we can live fearless.

**Om ṣaṭ cakṣur devahiṭam̄ puraṣṭāt̄ śukram uccaraṭ.
paśyema śaradaḥ ṣaṭam̄ jīvemah̄ śaradaḥ ṣaṭam̄
śraṇuyāmah̄ śaradaḥ ṣaṭam̄ prabravāmah̄ śaradaḥ ṣaṭam̄
adīnāḥ syāma śaradaḥ ṣaṭam̄
bhūyaśca śaradaḥ ṣaṭāt̄ svāhā. 11**

Yajurved: 36.24; Rishi: Dadhyāṅ, Athravā; Devtā: Surya

O God, you are the eye of the universe. You know in advance what is good for us. You are always present. We pray and ask you for your blessings. May we be able to see hundred of autumns, may we be able to live hundred of autumns, may we be able to hear hundred of autumns, may we be able to speak hundred of autumns, may we be able to live freely in this world for hundred of autumns, may we be able to live under your blessings and protections more than hundred autumns freely with a functional body.

Now we have pūrnāhuti session, Use only ghee with the following mantras:

Pūrnāhuti session's first 4 āhutis are offered with ghee ONLY. In the 5th āhuti something sweet can be offered or only GHEE. 6th āhuti requires only GHEE and after that all can join with sāmagri to complete the Havan.

Pūrnāhuti Session

Offer only ghee on each svāhā

**Om bhūragnaye svāhā.
idam agnaye idam na mama.**

1

Om, I offer this oblation to the sustainer of life, the Agni. This is not mine.

**Om bhuvar vāyave svāhā.
idam vāyave idam na mama.**

2

I offer this oblation to the dispeller of miseries, the Vāyu. This is not mine.

**Om svar-ādityāya svāhā.
idam-ādityāya idam na mama.**

3

I offer this oblation to the serene, blissful God, āditya. This is not mine.

**Om būr-bhuvaḥ svar agnivāyavādityēbhyaḥ svāhā.
idam agni vāyvādiyēbhyaḥ idam na mama.**

4

O God, now I offer this oblation to all three of you together once again. This is for God Agni, vāyu and āditya. This is not mine.

Next oblation is offered with sweet ONLY (or only ghee can be used):

*Salted, lemon, chilli flavors are not allowed in Havan.
Have to be sweet, without sweet or just ghee*

Sviśṭakṛita āhuti

Offer only something sweet, cooked in your kitchen.

(Seeking pardon, if any mistake made during the Havan)

**Om yadasya karmano atyarīricam yadvā nyūnam
ihākaram. agniṣṭaṭ sviśṭakṛṭ vidyāṭ sarvam
sviśṭam suhuṭam karoṭu me. agnayē sviśṭakṛṭe
suhuṭa-huṭe sarva prāyaścīṭa āhuṭinām kāmānām
samardhayiṭrē sarvān-naḥ kāmāṇṭ-samardhaya svāhā.
idam agnaye sviśṭakṛṭe idam na mama.**

5

Āśvalāyan Gṛi. 1.10.22

Om. O God, you are omniscient and the form of all knowledge; we have performed this yajña with humble prayers. If due to our limited knowledge and ignorance, any process has been left or not done properly, O Agni you know all our heart's wishes, please fulfill and accept the yajña that we have performed with great love and devotion. We offer to you all that we have. O Agni, grant us peace and bliss. This oblation is for Agni, the personification of knowledge. This is not mine; everything belongs to God.

Prajāpati āhuti

with Ghee ONLY

Om prajāpaṭayē svāhā.

idam prajāpaṭayē idam na mama. Silently (in mind) 6

O God, you are great, even my speech is unable to describe you. This oblation is for your greatness. This is not mine.

Use Sāmagri and ghee with following mantras and complete the yajña

**Om pūrṇamadah pūrṇamidam pūrṇāt pūrṇamudacyatè.
pūrṇasya pūrṇamādāya pūrṇamēva-avaśiṣyatè svāhā. 7**

Bṛihdāraṇyak Upni. 5.1

God is Complete. The universe is complete.
The complete universe has evolved out of the Complete God.
The complete part is taken from the complete,
Even after God still remains Complete.

Om sarvam vai pūrṇam svāhā.

8

O God with your blessings I am completing my yajña.

Om sarvam vai pūrṇam svāhā.

9

O God, I am able to finish this pious yajña.

Om sarvam vai pūrṇam svāhā.

10

O God, I am so glad that with your blessing I have just finished the holy yajña.



Yajña rūp prabhu

Yajña rūp prabhu hamārè bhāva ujjvala kījiyè
chor dèvēn chal kapaṭ ko mānasik bal dījiyè.

vèd kī bolēn ṛcāyēn satya ko dhāran karēn
harṣa mēn hoṇ magan sārè śoka sāgar sè ṭarēn.

aśvamēdhādik racāyēn yajñ par upakār ko
dhaṛm maṛyādā calākar lābh dēn saṅsār ko.

niṭya śraddhā bhakti sè yajñādi ham kartē rahēn
rog pīdiṭ viśv kē saṅtāp sab hartē rahēn.

bhāvnā mit jāyè man sè pāp atyācār kī
kāmnāyēn pūrn hovēn yajñ sè nar-nāri kī.

lābhakārī ho havan har jīvdhārī kē liyè
vāyu jal sarvaṭra hoṇ subh gaṇdh ko dhāran kiyè.

svārth bhāv mitē hamārā prēm-path visṭār ho
idann mam kā sārthak pratyek mēn vyavhār ho.

hāth jor jhukāyè mastak vaṇdanā ham kar rahè
'nāth' karunā rūp karunā āpakī sab par rahēn.

pūjnīy prabhu hamārè bhāv ujjval kījiyè
chor dèvēn chal kapaṭ ko mānasik bal dījiyè.

sarvē sukhinah

**sarvē bhavantu sukhinah
 sarvē sanṭu nirāmayā.
 sarvē bhadrānī paśyaṇtu
 mā kaściṇ duḥkha bhāg bhavet.**

**sabakā bhalā karo bhagvān
 sab par dayā karo dayāvān.
 sab par kṛipā karo bhagvān
 sab kā sab vidhi ho kalyān.**

After yajña Prayer

**Om ṭwam hi naḥ piṭā vaso,
 ṭwam māṭā śhaṭkraṭo babhūvitha.
 adhā ṭe sum-nmīmahē.** Atharva 20.108.2

O all-joyful Almighty Lord! todays at this auspicious time, everyone together has performed this yagya and through the yagya, all are bowing their heads at your door. Lord you are great, you have created this universe on the strength of your glory and run it according to your rules.

Lord! You are intuitive, from time to time whoever needs it, you go on putting things everyone's lap without asking. The holy thoughts with which we have performed this Yagya, we pray that all our good wishes come true. We wish you grants us good health, long life, prosperity and a happy life. May family and close friends be healthy, may there be harmony and love among the creatures of the world. This is a small prayer. Hope you will accept our prayer with gratutute and grace. Thank you and may Peace.

tvamèv māṭā ca piṭā tvamèv (tvam èva)
tvamèv bandhuśca sakhā tvamèv.
tvamèv vidyā draviṇam tvamèv
tvamèv sarvam mam dèv - dèv.

hè īśa sab sukhī hoṇ koī na ho dukhārī
sab hoṇ nirog bhagavan
dhan dhāny kē bhaṇdārī.
sab bhadr bhāv dèkhēn sañmārg kē pathik hoṇ
dukhiyā na koī hovē srsti mēn prānadhārī
hè īśa sab sukhī hoṇ koī na ho dukhārī.

ॐ भक्ति भजन



आर्य समाज इन्लैंड एम्पायर
विश्व भारती परिषद् अमेरिका

भजन सूची

भजन	पृष्ठ	भजन	पृष्ठ
अब सौंप दिया इस जीवन का	66	दो घड़ी भगवान का ले नाम तू	98
अन्तर्यामी स्वामी तुमको	57	नमस्कार भगवान तुम्हें	78
आनंद स्रोत बह रहा	68	पितु मातु सहायक स्वामी सखा	61
आज मिल सब गीत गाओ	58	प्रेमी भरकर प्रेम में	79
आरती	103	प्रभु मेरे जीवन को कुन्दन बना	75
इतनी शक्ति हमें देना दाता	69	बेला अमृत गया	82
इंसान की खुशबू रहता है	91	भरोसा कर तू ईश्वर पर	74
ईश्वर जो कुछ करता है, अच्छा ही	92	मिलता है सच्चा सुख केवल	62
ईश्वर तुम ही दया करो	95	मुझे ऐसा बना दो	64
उठ जाग मुसाफिर भोर झई	56	मेरा नाथ तू है	80
ऐ मालिक तेरे बंदे हम	73	मेरे दाता के दरबार में	81
ओम नाम के हीरे मोती	99	मेरे जीवन को कुन्दन बना दो	73
ओम है जीवन हमारा	55	यज्ञ रूप प्रभो	49
ऐ मालिक तेरे बन्दे हम	70	युग युग से जीव भटकता	85
किसी के काम जो आये	101	सच्चा तू करतार है	83
गाये जा, गाये जा, भगवान की	100	सब जग के आधार, नमस्कार	89
छाया मिलती रही, फूले फलते रहे	93	सत्ता तुम्हारी भगवन	96
जगत में चिन्ता मिटी है उनकी	67	संगठन सूक्त	105
जप ले प्रभु का नाम	53	सुखी बसे संसार, दुखिया रहे न	52
जब तेरी डोली निकाली जायेगी	88	सुन लो भगवन में विनय हमारी	86
जाति को जीवन दो भगवान	102	सुबह शाम भजन कर ले	94
जिसने सारे विश्व को धारण किया	63	शरण प्रभु की आओ रे	72
जीवन की घड़ियाँ	97	शांति पाठ	107
जय जय पिता परम आनंद दाता	75	हम सब मिलके दाता आये	71
तुम्हारी कृपा से जो आनंद पाया	59	हुआ ध्यान में ईश्वर के जो मग्न	90
तू व्यापक डाली डाली है	65	हे दयामय . . . आधार हो	54
तू है सच्चा पिता, सारे संसार का	77	हे दयामय हम सबों को	60
तेरे दर को छोड़कर	76	हे ज्ञानवान भगवन, हमको भी	87
तेरे पूजन को भगवान	84	राष्ट्रीय प्रार्थना	106

sukhi basè saṅsār sab

**Sukhī basè saṅsār sab dukhiyā rahè na koy
yah abhi-lāśā ham sab kī bhagvan pūrī hoy.**

**vidyā buddhi tēj bal sab kè bhīṭar hoy
dūdh pūṭa dhan dhāny sè vaṇciṭ rahè na koy.**

**āpkī bhaktī prēm sè man hovè bharपūr
rāg dvēś sè ciṭṭa mērā koso bāgē dūr.**

**milē bharosā nām kā hamè sadā jagdīsh
āshā ṭerè dhām kī banī rahè mam īsh.**

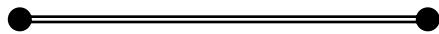
**pāp sè hamè bachāiyè Karkè dayā dayāl
apnā bhakṭ banāy kè hamko karo nihāl.**

**dil mè dayā udārṭā man mè prēm apār
sāṭvik dhīraj vīrṭā sabako do kartār.**

**nārāyaṇ tum āp ho pāp vimochan hār
kṣamā karo aprādh sab kar do bhav sè pār.**

**hāth jor vinaṭī karūn suniyè kṛipā nidhān
sādhu saṅgaṭ sukh dījiyè dayā namrṭā dān.**

**sukhi basè saṅsār sab dukhiyā rahè na koy
yah abhi-lāśā ham sab kī bhagvan pūrī hoy.**



jap lè prabhu kā nām

**jap lè prabhu kā nām, amṛit barsègā
 nām prabhu kā amṛit vāṇī
 jap lè jap lè hardam prāṇī
 nām karè kalyāṇ, amṛit barsègā 1**

**nām prabhu kā sab sukh dāṭā
 sab kā rakṣak sab kā ṭrāṭā
 dhāraṇ kar lè dhyān, amṛit barsègā 2**

**nām hai japṭe rishī muni jñyānī
 prabhu kī mahimā jāy nā jānī
 jiṭnā karo bakhān, amṛit barsègā 3**

**nām prabhu kā bhrānti vināśhak
 sab sukh dāyak śhānti pradāyak
 vēd kā hai yah jñān, amṛit barsègā
 jap lè prabhu kā nām amṛit barsègā . . . 4**



hè dyāmay āpkā ādhār ho

**hè dayāmay āpkā hamko sadā ādhār ho
āpkē bhakto sè hī bharpur yah parivār ho.**

**chor dèvè kām ko aur krodh ko maq moh ko
śhuddh aur nirmal hmārā sarvdā acār ho.**

**prēm sè mil-milkē sārē gīt gāvēn āpkē
dil mè bahaṭā āpkā hī prēm pārāvār ho.**

**jai piṭā jai jai piṭā ham jai tumhārī gā rahē
rāṭ din ghar mè hamārē āpkā hī jaykār ho.**

**pās apnē ho na dhan ṭo uskī kuch parvāh nahī
āpkī bhakti sè hī dhanvān yah parivār ho.**

! ! !

Om hai jīvan hamārā

**om hai jīvan hamārā, om prāṇādhār hai,
om hai kartā vidhātā, om pālanhār hai.**

**om hai dukh kā vināśak, om sarvānand hai,
om hai bal tēj dhārī, om karuṇākand hai.**

**om sabkā puja hai, ham om kā pujan karè,
om hi kē dhyān sè, ham shudh apnā man karè.**

**om kē guru mantr japanè sè, rhēgā shuddh man,
budhi din-pratidin badhēgī, dharm mè hogī lagan.**

**om kē jap sè hamārā, jyān badhātā jayēgā,
ant mè yah om hamko, mukti tak pahuncāyēgā.**

uth jāg musāfir bhor bhayī

uth jāg musāfir bhor bhayī
ab rain kahā jo sovaṭ hai.
jo jāgaṭ hai so pāvaṭ hai,
jo sovaṭ hai so khovaṭ hai.

ītuk nīnd sè akhiyā khol jarā,
aor apnè prabhu sè dhyān lagā.
yah prīṭ karan kī rīṭ nahī,
prabhu jāgaṭ hai tū sovaṭ hai.

jo kal karnā hai aj karlè,
jo aj karnā hai ab karlè.
jab ciriyo nè chug khèṭ liyā,
fir pachṭāyè kyā hovaṭ hai.

nādān bhugaṭ karnī apnī,
ao pāpi! pāp mè cain kahā.
jab pāp kī gatharī sīsh dhari,
fir sīsh pakar kyo rovaṭ hai.
uth jāg musāfir bhor bhayī

aṇṭaryāmī swāmī

aṇṭaryāmī swāmī tumko bārbār prṇām hai.

tumnè lok racāyè hai
 surya candra camkāyè hai,
 rūp anūp bnāyè hai,
 uśhā mè sañdhya mè ṭeri lilā laliṭ lalām hai.

vidyuṭ kī gaṭi cañcal mè,
 van parvaṭ jal mè thal mè,
 alī avalī fūlo mè fal mè,
 saghan laṭāo mè pakṣigaṇ gāy rahè gūṇ grām hai

ṭū mahān sè mahān hai,
 yah vēdo kā pṛamāṇ hai,
 diyā riśi nè yah gyān hai,
 shiṭal jagaṭi ṭal par tumko sumir milè viśrām hai.
aṇṭaryāmī swāmī tumko bārbār prṇām hai.

aāj mil sab gīt gāo

**aāj mil sab gīt gāo, us prabhu kè dhanyavād,
jiskā yash niṭ gāṭe hai, gaṇdharv munijan dhanyavād.**

**mandiro mè kandaro mè, parvaṭo kè śikhar par,
pāṭe hai ānand mil, gāṭe hai swar bhar dhanyavād.
aāj mil sab gīt gāo, us prabhu kè dhanyavād.**

**kūp mè ṭālāb mè, sindhu kī gaharī dhār mè,
prēm ras mè ṭript̄ ho, karṭe hai jalcar dhanyavād.
aāj mil sab gīt gāo, us prabhu kè dhanyavād.**

**shādiyo mè kīrṭano mè, yajň aor uṭsaw kè ādi,
mīthē swar sè cāhiyè, karè nārī nar sab dhanyavād.
aāj mil sab gīt gāo, us prabhu kè dhanyavād.**

**gān kar amicand bhajnānand, kar iśwar stuṭi,
dhyān dhar sunṭe hai śroṭā, kān dhar-dhar dhanyavād.
aāj mil sab gīt gāo, us prabhu kè dhanyavād,**

jo ānand pāyā

ṭumhāri kripā sè jo ānad pāyā,
vāṇi sè jāyē vah kyokar baṭāyā.
nhi hai yah vah ras jisè rasnā cākhè,
nahī rūp uskā kabhī dr̄stī āyā.

nahī hai vah guṇ gaṇdh jo ghṛāṇ jānè,
ṭwcā sè na jāyē chuvā ao chuvāyā.
saṅkhyā mè ānā asambhav hai uskā,
diśā kāl mè bhi rahè na samāyā.

tujh sā nā dāṭā hai tujh sā nā dānī,
iṭnā barā dān jisnè dilāyā.
āṭmonnaṭi mè ṭumhārī dayā sè,
mèrī jindagī nè ajab paltā khāyā.

saṭ ciṭ ānaṇd anaṇṭ swarūp,
mujhè mèrè anubhav nè niścay krāyā.
guṇgē kī rasnā kè sdṛush amicaṇd,
kaisè bṭāyē kī kyā ras uḍāyā.

hè dayāmay ham sabo ko

**hè dayāmay ham sabo ko śudhtāi dījiyè,
dūr karkè har burāi ko bhalāi dījiyè.**

**kījiyè aisā anugrahan pè hè parmātmā,
ho sabhāsād is sabhā kē sab kē sab dharmātmā.**

**ho ujālā sab kē man mè jyān kē prakāsh sè,
aor andherā dūr sārā ho avidhyā nāsh sè.**

**khotè karmo sè bachè aor ṭerè gun gāvè sabhī,
chūt jāvè dukh sārè sukh sadā pāvè sabhī.**

**sārī vidyāo ko sīkhe jyān sè bharpūr ho,
śhubh karmo mè hovè ṭatpar dušt gun sab dūr ho.**

**yajñ havan sè ho sugandhiṭ apnā pyārā yah deś,
vāyu jal sukhdāyī hovè jāyè mit sārè klēsh.**

**vēd kē pṛacār mè hovè sabhī puruśārthī,
hovè āpas mè pṛīṭī aor banè permārthī.**

**lobhī kāmī aor krodhī koī bhī ham mè na ho,
sarv vyasno sè bacè aor chor dèvè moh ko.**

**achi saṅgaṭ mè rahè aor vēd mārag par calè
ṭerè hī hovè upāsak aor kukarṇmo sè bacè.**

**kījiyè ham sab kā hriday śudh apanè jyān sè,
mān bhakṭo kā badhāo apanè bhakṭi dān sè.
hè dayāmay ham sabo ko śudhtāi dījiyè.**

piṭu māṭu sahāyak swāmī sakħā

piṭu maṭu shayak swāmī sakħā,
 ṭum hī ik nāth hamārē ho.
 jinkè kachu aor ādhār nahi,
 ṭinkè ṭum hī rakhvārē ho.

sab bhānti sadā sukhdāyak ho,
 dukh duṛguṇ nāśan hārē ho.
 pṛatiḍīl karo sigrē jag ko,
 aṭishay karuṇā ur dhārē ho.

bhūli hai ham hī ṭumko,
 ṭum ṭo hamrī sudhi nāhī bisārē ho.
 upkāran ko kachu ant nahī,
 chin hī chin jo vistārē ho.

mahārāj mahā mahimā ṭumrī,
 smjhē birlē budhivārē ho,
 śubh sānti nikēṭan prēm nidhē,
 man mandir kē ujiyārē ho.

yahī jīvan kē ṭum jīvan ho,
 in pṛāṇan kē ṭum pyārē ho,
 ṭum so pṛabhu pāy praṭāp harī,
 kēhi kē ab aor sahārē ho.

miltā hai saccā sukh kēval

**miltā hai saccā sukh kēval,
bhagwān tumhārē carṇo mè.
hai vinaṭī yahi chin-chin pal-pal,
rahē dhyān tumhārē carṇo mè.**

**yadi bairī sab saṅsār banè,
mèrā jīvan mujh par bhār banè,
cāhē moṭ galē kā hār banè,
rahē dhyān tumhārē carṇo mè.**

**cāhē saṅkaṭ nè āa ghērā ho,
cāhē cāro aor aṇdhērā ho,
par chiṭṭ na dagmag mèrā ho,
rahē dhyān tumhārē carṇo mè.**

**cāhē agni mè mujhē jalnā ho,
cāhē kānto par bhi calnā ho,
cāhē chor kar deś nikalnā ho,
rahē dhyān tumhārē carno mè.**

jisnè sārè viśva ko dhāraṇ kiyā

**jisnè hai sārè viśva ko dhāraṇ kiyā huā,
vah hai her ek vasṭu kē añdar ramā huā.**

**miltā nahi ajyāniyo ko vah,
ajyān kā hai budhi par pardā parā huā.**

**duniyā kē dūkh rūp samuñdar sè vah parè,
jagdīś sè hai prèm aṭi jiskā lagā huā.**

**saccī khuśi mè rahaṭè hai vè jan sadā alag,
man jinkā viśay bhog mī hovè fañsā huā.**

**man to malīn vaisā hī pūraṇ rahā tèrā,
gaṅgā mè jākè roj nahāyā to kyā huā.**

**khoṭè hai khèl kūd mè jo umar rāygān,
afsos unkī budhi ko na jānè kyā huā.**

**ajyāniyon sè rahatā hai kēval vah dūr dūr,
khul jāyè jyān cakśu ṭo vah hai milā huā.
jisnè hai sārè viśva ko dhāraṇ kiyā huā**

mujhè aisā banā do

**mujhè aisā banā do mèrè piṭā/prabhu
jīvan mè lagè thokar nā kahī.
jānè anjānè bhī mujhsè,
nuksān kisī kā ho nā kabhī.**

**upkār sadā karṭā jāu,
duniyā apkār bhalè hī karè,
badnāmī nā ho jag mè mērī,
koī inām bhalè hī dè nā kahī.**

**ṭū hī bas mèrā aisā hai,
dukh mè bhī sāth nahī ṭajṭā,
duniyā mujhè pyār karè nā karè,
khoū ṭerā bhī nā pyār kahī.**

**jo ṭerā bankar rahṭā hai,
kāñto mè fūl sā khiltā hai,
kiṭnè hī kāñtē pāv cubhè,
par fūl bhī ho kantē nā kahī.**

**man ho madhupūṛṇ kalaś mèrā,
āñkho mè jyoṭī chalakṭī ho.
ṭumsè madhu aisā pīnè ko,
jāgṭā hī rahu sou nā kabhī.**

**mai kyā hū rāh mērī kyā hai,
yah saṭya sadā mai samajh saku,
is rāh pè calṭè-calṭè kabhī,
mèrè pāv thakè nā rukè nā kabhī.**

ਤੁ ਵਾਪਕ ਦਾਲੀ ਦਾਲੀ ਹੈ

**ਤੁ ਵਾਪਕ ਦਾਲੀ ਦਾਲੀ ਹੈ, ਕੋਇ ਜਗਾ ਨਾ ਤੁਜ਼ੇ ਖਾਲੀ ਹੈ
 ਤੇਰੀ ਹੀ ਅਭਿਉ ਮਾਧਾ ਹੈ, ਤੁਨੇ ਹੀ ਜਾਗ ਬਾਨਾਧਾ ਹੈ
 ਸਾਬ ਪਰ ਹੀ ਤੇਰਾ ਸਾਧਾ ਹੈ, ਜਾਗ ਬਾਗ ਤੇਰਾ ਤੁ ਮਾਲੀ ਹੈ.**

**ਸਾਬ ਵ੍ਰਾਕਿ ਆਂ ਬੇਲੇ ਜ਼ੁਮ ਰਾਹੀਂ, ਤੇਰੇ ਚਾਰਨੋ ਕੇ ਹੀ ਕੁਮ ਰਾਹੀਂ
 ਤੇਰੇ ਪ੍ਰੇਮ ਕੀ ਵਾਧੂ ਸੇ ਜ਼ੁਮ ਰਾਹੀਂ,
 ਤੇਰੀ ਮਾਹਿਮਾ ਅਥਾਨ ਨਿਰਾਲੀ ਹੈ.**

**ਸਾਬ ਪਾਕੀ ਤੁਝੇ ਹੀ ਧਾਇ ਰਾਹੇ, ਤੇਰੇ ਹੀ ਸਾਬ ਗੁਣ ਗਾਇ ਰਾਹੇ
 ਤੇਰੇ ਧਾਇਅ ਮੇ ਮਾਨ ਲਾਇ ਰਾਹੇ
 ਤੁ ਹੀ ਪ੍ਰਾਭੁ ਸਾਬਕਾ ਵਾਲੀ ਹੈ.**

**ਤੁ ਸਾਬ ਜਾਗ ਕਾ ਦੁਖ-ਹਾਰਤਾ ਹੈ, ਆਂ ਸਾਬਕਾ ਪਾਲਾਨ ਕਾਰਤਾ ਹੈ
 ਕਾਧ ਰਾਜਾ ਹੈ ਕਾਧ ਪ੍ਰਯਾ ਹੈ,
 ਤੇਰੇ ਦਰ ਪਰ ਸਾਭਿ ਸਾਵਾਲੀ ਹੈ.**

**ਸਾਬ ਮਿਲਕਾਰ ਤੇਰੇ ਗੁਣ ਗਾਤੇ ਹੈ, ਚਾਰਨੋ ਮਾਵ ਸਿਥ ਜ਼ੁਕਾਤੇ ਹੈ
 ਦੋ ਭਾਕਿ ਦਾਨ ਯਾਹ ਚਾਹਤੇ ਹੈ,
 ਤੇਰੇ ਦਰ ਪਰ ਅਲਾਖ ਜਗ ਲਿ ਹੈ.**

**ਜੋ ਬਾਟ ਦਾਵਾ ਸੇ ਹੋ ਨਾ ਸਕੇ, ਵਾਹ ਬਾਟ ਦੁਆ ਸੇ ਹੋਤੀ ਹੈ
 ਯਾਬ ਪੂਰਾ ਸਾਗਰੂ ਮਿਲ ਜਾਇ ਏ,
 ਤੋ ਬਾਟ ਪ੍ਰਾਭੁ ਸੇ ਹੋਤੀ ਹੈ.**

ab saop diyā is jīvan kā

**ab saop diyā is jīvan kā sab bhār tumhārē hātho mè,
hai jīt tumhārē hātho mè aor hār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

**mèrā niścay bas ek yahī, ek bār tumhē pā jau mai,
aṛpaṇ kar dū jagaṭī bhar kā sab pyār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

**yā ṭo mai jag sè dūr rahū, yā jag mè rahū ṭo eisē rahū,
is pār tumhārē hātho mè, us pār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

**yadi mānuś hī mujhē janam milē,
ṭo ṭav carṇo kā pujārī rahu,
mujh pūjak kī ek-ek rag kā ho ṭār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

**jab-jab saṅsār kā bandī ban,
darbār mè ṭerē aāū mai,
ṭab-ṭab ho pāpo kā nirṇay, sarkār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

**mujh mè tujh mè hai bhēd yahī
mai nar hū ṭū nārāyaṇ hai,
mai hū saṅsār kē hātho mè, saṅsār tumhārē hātho mè.
ab saop diyā is jīvan kā . . .**

jagaṭ mè cintā mitī hai unkī

**jagaṭ mè cintā mitī hai unki,
jo ṭerē carṇo mè ā-padē hai.
vahi hamēśā harē bharē hai,
jo ṭerē carṇo mè ā-padē hai.**

**na pāyā tumko kisī nè bal sè,
na pāyā tumko kisī nè chal sè,
vahī param pad ko pā gayē hai,
jo ṭerē carṇo mè aā-padē hai.**

**na pāyā rājā vajīr bankar,
na pāyā tumko fakīr bankar,
unhī ko hoṭē hai ṭerē darshan,
jo ṭerē carṇo mè aā-padē hai.**

**kisī nè jag mè karī bhalāi,
kisī nè jag mè karī burāi,
vahi sumārag par cal padē hai,
jo ṭerē carṇo mè aā padē hai.**

**prabhu jī vinaṭī suno hamārī,
banāo bigarī daśhā hamārī,
nirāśrayo kē tum āasrā ho,
tumhārē carṇo mè aā padē hai.**

aānañd śroṭ bah rahā

**aānañd śroṭ bah rahā par tū udās hai.
acraj yè jal mè rah kar bhī macchalī ko pyās hai.**

**fūlo mè jyo sūvās eekh mè mithās hai,
bhagwān kā tyo viśva kē kaṇ-kaṇ mè vās hai.
acraj yè jal mè rah kar bhī macchalī ko pyās hai.**

**िtuk jyān-cakṣu khol kē tū dēkh ṭo sahī,
jisko tū dhūdhṭā hai vo tērē pās hai.
acraj yè jal mè rah kar bhī macchalī ko pyās hai.**

**kuch ṭo samay nikāl aāṭm-śuddhī kē liyè,
nar janm kā uddēśya na kēval vilās hai.
acraj yè jal mè rah kar bhi macchalī ko pyās hai.**

**aānañd mokś kā na pā sakēgā ṭab ṭalak,
tū jab ṭalak prakāsh indriyo kā dās hai.
acraj yè jal mè rah kar bhi macchalī ko pyās hai.**

iṭanī śhakti hamè dènā dāṭā

iṭanī śhakti hamè dènā dāṭā,
man kā viśvās kamjor ho nā.
ham calè nèk rastè pè hamsè,
bhūl kar bhī koī bhūl ho nā.

dūr ajyān kè ho aṇdhèrè,
tū hamè jyān kī rośhanī dè,
har burāī sè bacaṭè rahè ham,
jiṭanī bhī dè bhalī jindagī dè,
bair ho nā kisī kā kisī sè,
bhāvnā man mè badlè kī ho nā,
ham calè nèk rastè pè hamsè . . .

ham nā socè hamè kyā milā hai,
ham yè socè kiyā kyā hai arpan,
fūl khuṣhiyo kè bātè sabhī ko,
sabkā jīvan hī ban jāyè madhuban,
apnī karuṇā kā jal tū bahā kè,
kar dè pāvan har ek man kā konā,
ham calè nèk rastè pè hamsè . . .

ai mālik ṭèrè bañdè hum

ai mālik ṭèrè bandè hum, aisè ho hamārè karam
 nèkī par calè aor badī sè talè,
 ṭāki hañstè huyè nikalè dam,
 ai mālik ṭārè bandè hum

badā kamzor hai aādamī,
 abhī lākho hai ismè kamī
 par tū jo kharā hai dayālū barā
 ṭerī kirpā sè dharṭī thamī
 diyā tūnè hamè jab janam,
 tū hī jhēlēgā ham sabkè gam
 nèkī par calè aor badī sè talè,
 ṭāki hañstè huyè nikalè dam,
 ai mālik ṭārè bandè hum

yè añdhērā ghanā chā rahā,
 ṭerā iñsān ghabrā rahā
 ho rahā bē-khabar kuch nā aāṭā nazar
 sukh kā sūraj chupā jā rahā
 hai ṭerī roshanī mè jo dam, tū amāvas ko kar dè pūnam
 nèkī par calè aor badī sè talè,
 ṭāki hañstè huyè nikalè dam,
 ai mālik ṭārè bandè hum.

jab zulmo kā ho sāmnā, ṭab tū hī hamè thāmnā
 vo burāi karè ham bhalāi karè
 nahī badalè kī ho kāmnā
 bañh uthè pyār kā har kadām,
 aor mitè bair kā yè bharam
 nèkī par calè aor badī sè talè,
 ṭāki hañstè huyè nikalè dam,
 ai mālik ṭārè bandè hum.

ham sab milkè dāṭā aāyè

**ham sab milkè dāṭā aāyè ṭèrè darbār,
bhar dè jholī sab kī ṭèrè pūraṇ bhandār.**

**jab hovè prāṭa kāl nirmal hokè ṭaṭkāl,
apnā mastak jhukā kē karkè ṭerā khyāl,
ṭerè dar pè aākè baithā sārā parivār,
bhar dè jholī sab kī ṭerè pūraṇ bhaṇdār . . .**

**lèkè dil mè fariyād karṭè ham tumko yād,
jab ho sīkaṭ kī ghariyā māṅgè tumsè imdād,
sab sè baḍhkè jag mè ṭerā ūncā darbār.
bhar dè jholī sab kī ṭerè pūraṇ bhaṇdār . . .**

**cāhè din ho vīprīt hovè tujh sè hī prīt,
saccī śṛdhā sè gāvè ṭerī bhaktī kē gīt.
hovè sab kā prabhu jī ṭerè carṇo mè pyār.
bhar dè jholī sab kī ṭerè pūraṇ bhaṇdār . . .**

**ṭū hai sab jag kā mālī karṭā sabkī rakhvālī,
ham hai raṅg-raṅg kē podhè ṭū hai ham sabkā mālī,
pathik bagicā hai yè ṭerā sundar saṅsār.
bhar dè jholī sab kī ṭerè pūraṇ bhaṇdār . . .**

śhaṇ prabhū kī aāo rè

**śhaṇ prabhu kī āo rè, yahī samay hai pyārè,
aāo prabhu guṇ gao rè yahī samay hai pyārè.**

**uday huā om nām kā bhānu
aāo darśan pao rè yahī samay hai pyārè.**

**amṛt jharnā jharṭā isasè,
pīkē amar ho jao rè yahi samay hai pyārè.**

**chal kapat aor jhūt ko ṭyāgo,
satya mè ciṭṭa lagāo rè yahi samay hai pyārè.**

**harī kī bhakti bin nahī mukti,
dṛḍh viśvās jamāo rè yahi samay hai pyārè.**

**kar lo nām prabhu kā sumiraṇ,
nahi pīchē pachṭāo rè yahi samay hai pyārè.**

**chotè barè sab milkar khuśi sè,
guṇ iśwar kē gao rè yahi samay hai pyārè.**

mèrè jīvan ko kundan banā do

**prabhu mèrè jīvan ko kundan banā do,
koi khoṭ ismè rahanè nā pāyè.**

**karo mèrè jīvan mè aisā ujālā,
har swāś ho ṭèrè cinṭan kī mālā.
mèrè dil kī duniyā ko iṭnā badal do,
ki duniyā ṭerī mujhè galè sè lagāyè
prabhu mèrè jīvan ko kundan banā do.**

**ghaṭnao kī rim-jhim pavan kē ṭrānè,
laṭāo kā nāch aor vṛikśo kē gānè.
najar jis ṭaraf jāyè bhagwān mērī,
amar jyotī ṭerī udhar muskurāyè.
prabhu mèrè jīvan ko kundan banā do,**

**jagaṭ ko mai apnā parivār samjhū,
parivār ko ṭerā upkār samjhū.
kusaṅg lobh abhimān dveśh aor ālas,
koi inmè mujhko stānè na pāyè.
prabhu mèrè jīvan ko kundan banā do,**

bharosā kar ॥ iśwar per

**bharosā kar ॥ iśwar par
tujhē dhokhā nahi hogā,
yah jīvan bīṭ jāyēgā ॥ tujhē ronā nahi hogā.**

**kabhī sukh hai kabhī dukh hai
yah jīvan dhūp chāyā hai,
hīnsī mè hī biṭā dālo
biṭānā hī yah māyā hai.
yah jīvan bīṭ jāyēgā ॥ tujhē ronā nahi hogā.**

**jo sukh aāyē ॥ hīns dēnā
jo dukh aāyē ॥ sah lēnā,
nā kahnā kuch kabhī jag sè
prabhu sè hī ॥ tū kah lēnā.
yah jīvan bīṭ jāyēgā ॥ tujhē ronā nahī hogā.**

**yē kuch bhī ॥ to nahi jag mè
tērē bas karm kī māyā,
tū khud hī dhūp mè baithā
lakhē nij rūp kī chāyā.
yah jīvan bīṭ jāyēgā ॥ tujhē ronā nahī hogā.**

**kahā yē thā kahā ॥ tū thā
kabhī ॥ to soch aè bandē,
jhukā kar sīsh ko kah dē
prabhu vaṇdē prabhu vaṇdē.
yah jīvan bīṭ jāyēgā ॥ tujhē ronā nahi hogā.**

jay jay piṭā param aānand dāṭā

**Jay jay piṭā param aānand dāṭā,
jagdādi kāraṇ mukṭi pradāṭā.**

**ananṭ aor anādi viśheśan hai ṭerè,
sṛṣti kā sṛiṣṭā ṭū dhartā saṅhaṛṭā.
jay jay piṭā . . .**

**sūkṣam sè sūkṣam ṭū hai sthūl iṭnā,
ki jismè yè bṛihmānd sārā samāṭā.
jay jay piṭā . . .**

**mai lāliṭ va pāliṭ hū piṭri snēh kā,
yah prākṛiṭ sambāñdh hai ṭujhsè ṭāṭā.
jay jay piṭā . . .**

**karo śhudh nirmal mèrè aāṭmā ko,
karū mai vinay niṭya sāyam va prāṭa.
jay jay piṭā . . .**

**mitāo mèrè bhay ko aāvāgaman kē,
firū nā jañm pāṭā aor bilbilāṭā.
jay jay piṭā . . .**

**binā ṭerè hai kaon dinan kā bañdhu,
ki jisko mai apnī avasthā sunāṭā.
jay jay piṭā . . .**

**amī ras pilāo kṛipā karkè mujhko,
rahu sarvdā ṭerī kīrtī ko gāṭā.
jay jay piṭā . . .**

ṭèrè dar ko chor kar

**ṭèrè dar ko chor kar kis dar jao mai,
sunṭā mèrī kon hai kisè sunāu mai.**

**jab sè yād bhulāi ṭerī lākho kaśt uthāyè hai,
kyā jānū is jīvan andar kiṭnè pāp kmāyè hai.
hū ūsharmiṇdā āpsè kyā baṭlāu mai.
ṭèrè dar ko . . .**

**mèrè pāp karam hī ṭujhsè prīt nā karnè dèṭe hai,
kabhī jo cāhū milū aāpsè rok mujhè yè lèṭe hai.
kaisè swāmi aāpkè darśan pau mai.
ṭèrè dar ko . . .**

**hai ṭū nāth varo kā dāṭā ṭujhsè sab var pāṭe hai,
rišhi muni aor yogī sārè ṭerè hī gun gāṭe hai.
chīṭā dè do gyān kā hośh mè aāu mai.
ṭèrè dar ko . . .**

**jo bīṭī so bīṭī lèkin bāqi umar sambhālū mai,
prēm pāsh mè baṇdhā aāpkè gīṭ prēm kē gālū mai.
jīvan pyārè dēsh kā safal banāū mai.
ṭèrè dar ko . . .**

ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ

ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ ਸਾਰੇ ਸਾਂਸਾਰ ਕਾ, ਓਮ ਪ੍ਰਿਯਾਰਾ
 ਤੁ ਹਿ ਤੁ ਹਿ ਹਿ ਰਾਕਸਾਕ ਹਮਾਰਾ.

ਕਾਨਦ ਸੂਰਯ ਸਿਤਾਰੇ ਬਨਾਈ ਏ,
 ਪ੍ਰਿਥਮੀ ਆਕਾਸ਼ ਪਰਵਾਤ ਸਾਜਾਈ ਏ,
 ਅਨ੍ਤ ਪਾਇਆ ਨਾਹੀ, ਤੇਰਾ ਪਾਇਆ ਨਾਹੀ ਪਾਰਵਾਰਾ .
 ਤੁ ਹਿ ਤੁ ਹਿ ਹਿ ਰਾਕਸਾਕ ਹਮਾਰਾ.
 ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ ਸਾਰੇ ਸਾਂਸਾਰ ਕਾ . . .

ਪਾਖਿਗਾਨ ਰਾਗ ਸੁਨਦਰ ਹਿ ਗਾਤੇ,
 ਜੀਵ ਜਾਣਤੁ ਭਹੀ ਸਿਰ ਹਿ ਜੁਕਾਤੇ,
 ਉਸਕੋ ਹਿ ਸੁਖ ਮਿਲਾ, ਤੇਰੀ ਰਾਹ ਪਰ ਕਾਲਾ ਜੋ ਭਹੀ ਪ੍ਰਿਯਾਰਾ.
 ਤੁ ਹਿ ਤੁ ਹਿ ਹਿ ਰਾਕਸਾਕ ਹਮਾਰਾ.
 ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ ਸਾਰੇ ਸਾਂਸਾਰ ਕਾ . . .

ਪਾਪ ਪਾਖਾਨਦ ਹਮ ਦੇ ਚੁਰਾਂ,
 ਵੇਦ ਮਾਰਗ ਪਰ ਹਮਕੋ ਕਾਲਾ,
 ਲਾਗੇ ਭਾਕਤੀ ਮੇ ਮਾਨ,
 ਕਾਰੇ ਸਾਂਧਿਆ ਹਵਾਨ ਜਾਗ ਯੇ ਸਾਰਾ.
 ਤੁ ਹਿ ਤੁ ਹਿ ਹਿ ਰਾਕਸਾਕ ਹਮਾਰਾ.
 ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ ਸਾਰੇ ਸਾਂਸਾਰ ਕਾ . . .

ਅਪਨੀ ਭਾਕਤੀ ਮੇ ਮਾਨ ਕੇ ਲਾਗਨਾ,
 ਕਾਂਝ ਨਾਂਡਲਾਲ ਸਾਬਕੇ ਮਿਤਨਾ,
 ਦੁਖਿਧਾ ਕਾਂਗਲੇ ਕਾ, ਆਹ ਧਨ ਵਾਲੇ ਕਾ ਤੁ ਹਿ ਰਾਖਵਾਲਾ.
 ਤੁ ਹਿ ਤੁ ਹਿ ਹਿ ਰਾਕਸਾਕ ਹਮਾਰਾ.
 ਤੁ ਹਿ ਸਚਾ ਪਿਤਾ ਸਾਰੇ ਸਾਂਸਾਰ ਕਾ . . .

namaskār bhagwān ȳumhè

**namaskār bhagwān ȳumhè bhakṭo kā bārambār ho,
śṛdhā rūpī bhēt hamārī mangalmay swikār ho.**

**ȳum kaṇ kaṇ mè basè huyè ho ȳujh mè jagaṭ samāyā hai,
ṭinkā ho cāhè parvaṭ ho sabhī ȳumhārī māyā hai.
ȳum duniyā kē har prāṇī kē jīvan kē ādhār ho.
śṛdhā rūpī bhēt hamārī mangalmay swikār ho.**

**sabkè saccè pitā ȳumhi ho ȳumhi jagaṭ kī māṭā ho,
bhai, bandhu, sakhā, sahāyak, rakṣak, poṣhak, dāṭā ho.
cīṭī sè lèkar hāthī ṭak sabkè srijanhār ho.
śṛdhā rūpī bhēt hamārī mangalmay swikār ho.**

**ṛiši, muni, yogī jan sārè ȳum sè hī var pāṭè hai,
kyā rājā kyā raṅk ȳumhārè dar par śhīś jhukāṭè hai.
param kṛipālū, param dyālu, karuṇā kē ādhār ho.
śṛdhā rūpī bhēt hamārī mangalmay swikār ho.**

**jīvan kē ṭūfāno mè prabhu ȳum hī ek sahārā ho,
ḍagmag-ḍagmag naiyyā dolè ȳum hī nāth kinārā ho.
ȳum khēvanhār ho is naiyyā kē, aor ȳum hī paṭvār ho.
śṛdhā rūpī bhēt hamārī mangalmay swikār ho.**

prèmī bharkar prèm mè

**prèmī bharkar prèm mè, īśwar kè guṇ gāyā kar,
man mandir mè gāfilā jhārū roj lagāyā kar.**

**sonè mè toDate rāt gujāri, din bhar kartā pāp rahā,
isī tarah barbād tū bandē, kartā apnā āp rahā.
pṛāt samay uṭh dhyān sè saṭsaṅg mè tū jāyā kar.
prèmi bharkar prèm mè, īśwar kè guṇ gāyā kar.**

**narṭan cholē kā pānā, baccho kā koi khēl nahī,
janm-janm kè shubh karmo kā hoṭā jab tak mèl nahī.
nartan pānè kè liyè, uttam karam kamāyā kar.
prèmi bharkar prèm mè, īśwar kè guṇ gāyā kar.**

**pās ṭerē hai dukhiyā koi, tūnè maoj udai toDate kyā,
bhūkhā pyāsā parā parosī, tūnè rotī khai toDate kyā.
pahalē sab sè pūch kar fir tū bhojan khāyā kar.
prèmi bharkar prèm mè, īśwar kè guṇ gāyā kar.**

**dēkh dyā us parmēśwar kī, vēd kā jisnè jyān diyā,
dēsh tū man mè soch jarā, kiṭnā hai kalyān kiyā.
sab kāmo ko chorkar, īśwar ko tū dhyāyā kar.
prèmī bharkar prèm mè, īśwar kè guṇ gāyā kar**

mèrā nāth tū hai

**mèrā nāth tū hai, mèrā nāth tū hai.
nahi mai akèlā mèrē sāth tū hai.**

**chalā jā rahā hū mai rāho pè tērī,
nahī ḫar jo rāho mè tūfān bhārī
thāmē huyē jo mèrā hāth tū hai.
mèrā nāth tū hai, mèrā nāth tū hai.**

**mèrā iśht tū hai, mai tērā pujāri,
tērā khēl mai hū, mai tērā khilārī.
mèrī jindagī kī har-ek bāt tū hai.
mèrā nāth tū hai, mèrā nāth tū hai.**

**mai tērā hū tērē sadā gīt gau,
kabhi bhulkar nā tujhē bhūl pau.
tū hī dīn bandhu piṭā māṭā tū hai.
mèrā nāth tū hai, mèrā nāth tū hai.**

mèrè dāṭā kē darbār mè

**mèrè dāṭā kē darbār mè, sab logo kā khāṭā,
jo koi jaisī karni karṭā, vaisā hī fal pāṭā.**

**kyā sādhu kyā sant grihasthī, kyā rājā kyā rānī,
prabhu kī puṣṭak mè likhī hai, sabkī karm kahānī.
anṭryāmī aṇdar baithā sabkā hisāb lagāṭā . . .
mèrè dāṭā kē darbār mè, sab logo kā khāṭā.**

**barè barè kānūn prabhu kē, barī barī maryādā.
kisī ko kaorī kam nahī milṭī, milē nā pāyī jyādā.
isīliyē ṭo is jag kā vah jagaṭ seth kahlāṭā.
mèrè dāṭā kē darbār mè, sab logo kā khāṭā.**

**calē nā uskē aāgē riśwaṭ calē nahī cālākī,
uskī len-den kī baṇḍe rīṭī barī hai baṇkī.
samajhdār ṭo cup rah jāṭā, mūrakh śor macāṭā.
mèrè dāṭā kē darbār mè, sab logo kā khāṭā.**

**ujalī karnī kar lè baṇḍe, karam nā karyo kālā,
lākh āṅkh sè dèkh rhā hai, tujhē dèkhne vālā.
usakī ṭej najar sè baṇḍe, koi nahī bach pāṭā.
mèrè dāṭā kē darbār mè, sab logo kā khāṭā.**

bèlā amṛt̄ gayā

**bèlā amṛt̄ gayā ālsī so rahā ban abhāgā,
sāthī sārē jagē, tū nā jāgā.**

**jholiyā bhar rahē bhāgo vālē,
lākho paṭiṭo nè jīvan sambhālē,
rñk rājā banē, bhakti ras mè sanē, kaśt bhāgā.
sāthī sārē jagē, tū nā jāgā.**

**kaṛm uṭṭam thè narṭan jo pāyā,
ālasī bankē hīrā gavāyā,
ulaṭī ho gayī maṭī, karkè apanī kṣaṭī, ronè lāgā.
sāthī sārē jagē, tū nā jāgā.**

**dhaṛm vēdo kā dēkhā nā bhālā,
vēlā amṛt̄ gyā nā sambhālā,
saodā ghātē kā kar, hāth māthē pē dhar ronè lāgā.
sāthī sārē jagē, tū nā jāgā.**

**deśh tūnē nā ab bhī vicārā
sir sè ṛsiyo kā ṛn nā uṭārā.
haṁs kā rūp thā, gadlā pānī piyā bankar kāgā.
sāthī sārē jagē, tū nā jāgā.**

saccā ṭū kartār hai

**saccā ṭū kartār hai sabkā pālanhār hai.
ṭerā sabko āsrā, sukho kā bhaṇḍār hai.**

**nadiyā nālē parvaṭ sārè,
ṭerī yād dilāṭè hai, ṭeri yād dilāṭè
ṛiṣi munī aor yogī sārè,
ṭerē hī guṇ gāṭè hai, ṭerē hi guṇ gāṭè
saccā ṭū kartār hai sabkā pālanhār hai.**

**bādal garajè bijlī camkè,
ccham-ccham varśā aāṭī hai, ccham ccham varśā aāṭī
mīthī vāṇī koyal bolè,
yè hī gīṭ sunāṭī hai, yè hī gīṭ sunāṭī hai
saccā ṭū kartār hai sabkā pālanhār hai.**

**śhudh ātmā hogī uskī,
nām prabhu jo dhyāyēgā, nām prabhu jo jdhyāyēgā.
janam safal ṭū kar lè apnā,
anṭ nahī pacchṭāyēgā, anṭ nahī pacchṭāyēgā.
saccā ṭū kartār hai sabkā pālanhār hai.**

**śhudh sacchidānaṇd prabhu ko,
vēdo nè baṭlāyā hai, vēdo nè baṭlāyā hai.
anṭ ṭerā kisnè hai pāyā,
suṇdar ṭerī māyā hai, sundar ṭerī māyā hai.
saccā ṭū kartār hai sabkā pālanhār hai.**

ṭèrè pūjan ko bhagwān

ṭèrè pūjan ko bhagwān, banā man maṇdir āliśān.

**kisnè dèkhī ṭerī sūraṭ,
kaon banāvè ṭerī mūraṭ,
tū hai nirākār bhagwān, banā man maṇdir . . .**

**yah saṅsār hai ṭerā maṇdir,
tū ramā hai iskē andar,
dharṭe ṛiṣī munī sab dhyān, banā man maṇdir . . .**

**sāgar ṭerī śān baṭāvè,
parvaṭ ṭerī śobhā gāvè,
karṭe ṭerā vēd bakhān, banā man maṇdir . . .**

**tū hī jal mè tū hi thal mè,
tū har ḫaäl kī har pāṭal mè.
tū har dil mè mūrṭīmān, banā man maṇdir . . .**

**ṭūnè rājā rñk bnāyè,
ṭūnè bhikṣuk rāj bithāyè,
ṭerī līlā īsh mahān, banā man maṇdir . . .**

**jhūthè jag kī jhūthī māyā,
mūrakh ismè kyo bharmāyā,
kar kucch jīvan kā kalyāṇ, banā man maṇdir. . .**

yug yug sè jīv bhaṭakṭā

yug yug sè jīv bhaṭakṭā, par chain kahī nā pāyā.
sao bār marā jī jī kar, fir bhī nā jīnā āyā.

vṛikśo paśuo mè bhaṭkā, par par-upkār nā sīkhā,
niṭ nayè pāp karnè ko, tūnè khojā nayā ṭarīkā,
paśhu puruś mè kyā aṇṭar hai, tū yah bhī jān na pāyā.
sao bār marā jī jī kar, fir bhī nā jīnā āyā.

ṭah karkè ṭāq mè rakh dī, jīvan kī sabhī kiṭābē,
niṭ khūn pīyā nirbal kā, yā viśh sè bhari śarābē,
prabhū nām kē amṛiṭ ras kā, ek jām nā pīnā āyā.
sao bār marā jī jī kar, fir bhī nā jīnā āyā.

dukhiyā garīb ṭo ṭarpā, par ṭerī dayā pighalī nā,
patthar kā huā kalējā, simēṇt ho gayā sīnā.
sīnē sè see nā nikalī, dil fatā nā sinā āyā.
sao bār marā jī jī kar, fir bhī nā jīnā āyā.

ṭū mor papīhā bankar, pi pi nā kabhī pukārā,
satṣang kī varśha ṣiṭu mè, man dhokar nahī nikhārā.
kai bār ṭerē jīvan mè, sāvan kā mahīnā āyaā.
sao bār marā jī jī kar, fir bhī nā jīnā āyaā.

sun lo bhagwan vinay hamārī

**sun lo bhagwan vinay hamārī,
ham hai bālak śharan ṭumhārī.**

**bhrānṭi nirāshā dūr bhagā do,
jag-mag āshā dīp jalā do,
haro vipad bādhāyè sārī. . .**

**shubh karmo mè dhyān lagāvè,
durguṇ sārè dūr bhagāvè,
banè dharam bālak bal dhārī. . .**

**vidyā paḍhè vivēk badhāvè,
jag mè sampaṭṭi suyaś kamāvè,
māṭṛbhūmī kè ho hiṭkārī. . .**

**bhar do bhakti prkāsh hṛiday mè,
sukh mè dukh mè haār vijay mè.
ho viśhwās ṭumhārā bhārī. . .
sun lo bhagwan vinay hamārī.**

hè jyānvān bhagwan

**hè jyānvān bhagwan, hamko bhi jyān dè do.
karunā kē chār cchītē, karuṇā nidhān dè do.**

**suljhā sakè ham apnī jīvan kī uljhano ko,
pr̄jyā ṛiṭambharā sī, buddhi kā dān dè do.
hè jyānvān bhagwan, hamko bhi jyān dè do.**

**apnī madad hamēshā, khud aāp kar sakè ham,
in bāhuo mè śhakṭi, hè śhakṭivān dè do.
hè jyānvān bhagwan, hamko bhi jyān dè do.**

**dāṭā tumhārē dar par, kis chīj kī kamī hai,
chāho ṭo niṛdhano ko, daolaṭ kī khān dè do.
hè jyānvān bhagwan, hamko bhi jyān dè do.**

**hè iśh tumhī ho sabakī bigrī banānē vālē,
jīvan safal ho jāyē, thorā sā jyān dè do.
hè jyānvān bhagwan, hamko bhi jyān dè do.**

**ḍar hai pathik tumhārē dar ko nā bhūl jāyē,
bhakṭo kī mandalī mè thorā sā sthān dè do.
hè jyānvān bhagwan, hamko bhi jyān dè do.**

jab ṭèrī dolī nikālī jāyègī

**jab ṭèrī dolī nikālī jāyègī,
bin muhuraṭ kē uthā lī jāyègī.**

**un haqīmo sè kaho jo bolkar,
kartè thè dāvā kiṭābè kholker.
yah davā hargiz na khālī jāyègī.
bin muhuraṭ kē uthā lī jāyègī.**

**dhan sikandar kā yahī par rah gayā,
marṭè dam lukmān bhī yah kah gayā.
yah gharī hargiz na tālī jāyègī.
bin muhuraṭ kē uthā lī jāyègī.**

**hogā jab parlok mè ṭerā hisāb,
kaisè muqrogè vahā par ai janāb.
jab bahī ṭerī nikālī jāyègī.
bin muhuraṭ kē uthā lī jāyègī.**

**ai musāfir kyo pasarṭā hai yahā,
yah milā ṭujhko kirāyè kā maqā.
kotharī khālī karā lī jāyègī.
bin muhuraṭ kē uthā lī jāyègī.**

sab jag kè aādhār

**sab jag kè aādhār, namaskār namaskār.
aāyè tèrè dwār, namaskār namaskār.**

**suraj aor chānd mè tèrā hī ujālā,
tūnè pahan rakhī hai siṭāro kī mālā.
mahimā aprampār namaskār namaskār . . .**

**koyal kī kuh-kuh sabko hai bhā rahī,
pañcham kè swar mè madhur gīt gā rahī.
yahī rahī pukār namaskār namaskār . . .**

**parvaṭo kī chotiyo ko bādal hai chūmṭè,
pr̥thvi sūraj chānd siṭārè sārè hī hai ghūmṭè.
niyam anusār, namaskār namaskār . . .**

**fulwārī ko dèkho kaisè fūl hai nirālè,
nīlè pīlè aor gulābī komal khuśbū vālè.
cchai hai bahār, namaskār namaskār . . .**

**aātmā kā rath kaisā sundar banāyā hai,
man buddhi indriyo sè isko sajāyā hai.
aśt chakra nav-dvār, namaskār namaskār . . .**

**jagat jananī māṭā hamko tèrā hī sahārā hai,
tèrè binā aor nā koi bhī hamārā hai.
bhav sè kar do pār, namaskār namaskār . . .**

**prabhu apnī bhaktī kā vardān dēnā,
śiv saṅkalp aor suvichār dēnā.
vēdo kè anusār, namaskār namaskār . . .**

**kahè nañdlāl sabkī aātmā paviṭra ho,
dēh ho nirog aor ūnchā chariṭr ho.
vinaṭī bārbār, namaskār namaskār . . .**

huā dhyān mè iśhwar kè jo magan

hua dhyān mè iśwar kè jo magan,
usè koi klèsh lagā na rahā.
jab jyān kī gaṅgā mè nhāyā,
ṭo man mè mail jarā na rahā.

parmātmā ko jab ātmā mè,
liyā dèkh jyān kī āṅkho sè,
prkāsh huā man mè uskè,
koi usasè bhèd cchupā na rahā.

puruśhārath hī is duniyā mè,
sab kāmnā pūrī karṭā hai.
man chāhā fal usnè pāyā,
jo ālsī ban kè parā na rahā.

dukhdāyī hai sab śhaṭru hai,
yè vishay hai jiṭanè duniyā kè.
vah pār huā bhavsāgar sè
jo jāl mè inkè fańsā na rahā.

yhā vèd virudh jab maṭ failè
prakṛuti kī pūjā jārī hui.
jab vèd kī vidyā lupt hui,
fir jyān kā pāv jamā na rahā.

yhā barè-barè mahārāj huè,
balvān huè vidvān huè.
par maoṭ kè pañjè sè kèval
koi duniyā mè ākè bachā na rahā.

insān kī khuśbu rahaṭī hai

**insān kī khuśbu rahaṭī hai,
insān badalṭè rahaṭè hai.
darbār lagā rahṭā hai yahā,
darbān badalṭè rahaṭè hai.**

**jo himmaṭ vālē mājhī hai
ṭūfāno sè takrāṭè hai.
in ṭūfāno kā kyā kahnā,
ṭūfān badalṭè rahaṭè hai.**

**jo pakkè hai ikrāro kè,
ikrāro par mit jāṭè hai.
jo bāṭo kè bāṭūnī hai,
ailān badalṭè rahaṭè hai.**

**ik ḫaṣṭrkhān hai yè duniyā,
sab moṭ kā luqmā banṭè hai.
rahṭā hai ḫaṣṭrkhān yahā,
mēhmān badalṭè rahaṭè hai.**

**yè mēlā hai bas do din kā,
kuch kar chaliyè kuch dè chaliyè.
ik dil kī huqumat bastī yahā,
sultān badalṭè rahaṭè hai.**

**ao bholè mānav, pagal ṭū,
kyo marṭā hai vardāno par.
balidān hī jiṇdā rahaṭè hai,
vardān badalṭè rahaṭè hai.**

iśwar jo kuch kartā hai

iśwar jo kuch kartā hai acchā hī kartā hai.
mānav tū parivarṭan sè kāhē ko darṭā hai.

jab sè duniyā banī hai, ṭab sè roj badalī hai.
jo shai āj yahā hai kal vo āgē chalṭī hai.
dēkh kē adlā-badlī tū āhē kyo bharṭā hai?
mānav tū parivarṭn sè kāhē ko darṭā hai.

dukh-sukh āṭè jāṭè rahaṭè sabkè jīvan mè.
patjhar aor bahārē dono jaisè gulshan mè.
chadhṭā hai tūfān kabhī aor kabhī uṭarṭā hai.
mānav tū parivarṭn sè kāhē ko darṭā hai.

kiṭanī lambī rāṭ ho fir bhī din ṭo āyēgā.
jal mè kamal khilēgā fir sè vo muskāyēgā.
dēṭā hai jo kašt vahī, kašto ko harṭā hai.
mānav tū parivarṭn sè kāhē ko darṭā hai.

vo hī dānā faltā hai jo mittī mè mil jāyè,
sahē pathik jo kaṇṭe vo hī maṇjil apnī pāyè.
bhaṭṭī mè par-kar sonē kā raṅg nikhrṭā hai.
mānav tū parivarṭn sè kāhē ko darṭā hai.

īshvar kā dhanyavād

chāyā milaṭī rahī, fūlē falṭē rahē,
 mèrē mālik ṭērā sao sao dhanyavād hai.
 ṭērī madhu god mè khil-khilāṭē rahē
 pyārī jananī ṭērā sao sao dhanyavād hai . . 1

laharēn yaśhgān gātī hai laharā rahīn,
 kirṇē carṇo kī dhūlī lagā gā rahīn,
 ṭārē khilṭē rahē rāṭ dhalṭī rahī
 jhīnī jhaṅkār ṭērī hī āvāj hai . . 2

aisā hai kaun dukh jispē āyē nahī
 kālē bādal kabhī kispē chāyē nahī ?
 āg fir jal uṭhī sab dhuaṇ ur calā
 jiṇdagī mèrī ṭumsē hī ābād hai . . 3

kaśt mèrē hī kar̄mo kā hai silsilā
 ṭujhsē uskē liyē mai karūn kyā gilā,
 ṭū dyāvān hai ṭērā ehsān hai
 dosṭī ṭērī pē mujhko barā nāj hai . . 4

āj mai jo bhī kuch hūn ṭērī hai dayā
 sārā parivār ghar-bār ṭūnē diyā,
 saṭya saṇṭān yēh sampdā mān yēh
 ghar yē rośhan tujhī sè mèrā āj hai . . 5

subah shām bhajan kar lè

**subah shām bhajan kar lè, mukṭi kā jaṭan kar lè
chut jāyē janam maraṇ, prabhu kā sumiran kar lè**

**yah mānav kā colā, har bār nahī miltā
jo gir gayā dāli sè, vah fūl nahī khiltā
maokā hai jīvan kā, gulzār chaman kar lè.**

**nar in kāno sè sun, tū saṅṭo kī bānī
man ko thaharā kar kē, ban jā aāṭamjyānī
jihvā ṭo calē mukh mè, ab om japan kar lè.**

**is mailī cādar mè, hai dāg lagè kiṭnè
par jyān kē sābun mè, hai jhāg bharè iṭnè
mit jāyēgī sab syāhī, ujlā ṭan-man kar lè.**

**sun vēdo mè guňj rahī, maṇṭro kī madhur dhvaniyā
balidān kī kariyo mè, tū gūnṭh nai lariyā
prabhū kē aāgè ab ṭo, nīchī gardan kar lè.**



iswar તुम्ही दया करो

**iswar તुम्ही दया करो, तुम बिन हमारा कांहौ है
 दुर्बलता दिनता हरो, तुम बिन हमारा कांहौ है**
**माता तु ही, पिता तु ही, बंदु तु ही सखा तु ही
 तु ही हमारा आस्रा, तुम बिन हमारा कांहौ है**
**जग को राचने वाला तु, दुखरे मितने वाला तु
 बिगरी बानने वाला तु, तुम बिन हमारा कांहौ है**
**तेरी दया को छोकर, कुच भी नहीं हुमे कहार
 जाये तो जाये हम किधर, तुम बिन हमारा कांहौ है.**
**तेरी लगन तेरा मान, भक्ति तेरी तेरा भजन
 तेरी पाढ़ते हम शरां, तुम बिन हमारा कांहौ है.**
**पुत्र हैं हम सभी तेरे, तु हैं पिता पर्मात्मा
 श्रेष्ठ मार्ग पर कला, तुम बिन हमारा कांहौ है**

saṇṭā ṭumhārī bhagwan

**saṇṭā ṭumhārī bhagwan, jag mè samā rahī hai
ṭerī suyaś sugaṇdhī, har gul sè aā rahī hai.**

**ravi cāndr aor ṭārē, ṭūnè bnāyè sārē
in sab mè jyoṭī ṭerī hī jagmagā rahī hai.**

**vistṛiṭ vasuṇdhrā par, sāgar bahāyè ṭūnè
tah jinkī moṭiyo sè, ab chamcamā rahī hai.**

**din rāṭ pṛāṭ: sañdhya, mdhyāḥn bhī bnāyā
ṛiṭuè palat palat ker kartab dikhā rahī hai.**

**suṇdar sugaṇdhī vālē fūlo mè raṅg ṭerā
har dhyān fūl paṭṭī ṭerā dilā rahī hai.**

**hè bṛhm viśw kartā, varṇan ho ṭerā kaisè
jal-thal mè ṭerī mahimā hè īsh chā rahī hai.**

**bhakṭi ṭumhārī bhagwān kaisè hamè milēgī?
māyā ṭumhārī bhagwan, hamko bhulā rahī hai.**

**dèvi caraṇ śaraṇ hai, ṭujh sè yahī vinay hai
ho dūr yah avidyā, jo hamko girā rahī hai.**

jīvan kī ghariyāň

**jīvan kī ghariyāň vruthā na kho,
om japo om japo.**

**om hī sukh kā sār hai,
jīvan hai, jīvan aādhār hai
priṭi na uskī man sè ṭajo, om japo . . .**

**colā yahī hai kaṛm kā,
karnè ko saodā dhaṛm kā
iskè sivā mārg nā ko, om japo . . .**

**man kī gaṭi sambhāliyè,
iśwar kī aur dāliyè
dhonā jo cāho jīvan ko dho, om japo . . .**

**sāthī bnā lo om ko,
man mè bithā lo om ko
dēsh rahā kyo samay ko kho, om japo . . .**

do gharī bhagwān kā lè nām tū

**do gharī bhagwān kā lè nām tū,
chor kar duniyā kē sārē kām tū.**

**do gharī kā nām hī raṅg lāyēgā,
dè samay thorā subah aor sām tū.
chor kar duniyā kē sārē kām tū.**

**śiśhā-è-dil sāf kar āsan jamā,
man kī chańchalṭā ko pyārē thām tū.
chor kar duniyā kē sārē kām tū.**

**dèsh ṭerē kām kī yah bāt hai,
pāyēgā duniyā mè fir ārām tū.
chor kar duniyā kē sārē kām tū.**

**ṭyāgkar ālas ko jā saṭsaṅg mè,
prēmras kā ai bhagaṭ pī jām tū.
chor kar duniyā kē sārē kām tū.**

om nām kē hīrē moṭī

**om nām kē hīrē moṭī mai bikhrāu galī-galī
lè lo rē koi om kā pyārā āvāj lagāu galī-galī.**

**māyā kē dīvānē sun lo ek din aisā aāyègā,
dhan daolaṭ aor rūp khajānā, yahī dharā rah jāyègā.
suṇdar kāyā mātī hogī, chaṛchā hogī galī-galī.
lè lo rē koi om kā pyārā āvāj lagāu galī-galī.**

**miṭṛ pyārē sagē sambāndhi, ek din ṭujhē bhulāyēngē,
kal jo kahaṭē thē apnā, agnī mē tujhē jlāyēngē.
do din kā yah chaman khilā hai, fir murjhāyē kalī-kalī.
lè lo rē koi om kā pyārā āvāj lagāu galī-galī.**

**kyo kartā hai mērī-mērī, taj dē is abhimān ko,
chor jagaṭ kē jhuthē dhaṇdhē, jap lè pṛabhu kē nām ko.
gayā samay fir hāth nā āyē, tab pachṭāyē gharī-gharī.
lè lo rē koi om kā pyārā āvāj lagāu galī-galī.**

**jisko apnā kah karkē, mūrkh tū iṭrāṭā hai.
chor dē sārē sāth vipaḍ mē, sāth nahī koi jāṭā hai.
do din kā yah rain basērā, ākhir hogī chalā chalī.
lè lo rē koi om kā pyārā āvāj lagāu galī-galī.**

gāyè jā gāyè jā

gāyè jā gāyè jā, bhagwān kī mahimā gāyè jā.
subah sām man maṇdir kā andhiyārā dūr bhagāyè jā.

ṭarāh-ṭarāh kē khēl hai ismē, duniyā èk ṭamāshā hai.
kahī khuśī hai kahī gamī hai, āshā kahī nirāshā hai.
vo cāhè hīnsāyè cāhè rulāyè,
apnā farz nibhāyè jā, gāyè jā gāyè jā . . .

cintā aor ciṭā is jag mè dono samān kahātī hai.
ek murdē ko ek jindē ko dono samān jalātī hai.
jo dukh ko dikhāyè vo hī dukhrē miṭāyè,
cintā dūr bhagāyè jā, gāyè jā gāyè jā . . .

kaon hamēshā rahā jagaṭ mè, kiskā yahā thikānā hai?
bāndh lè apnā biṣṭar bābā, yah ṭo dēsh bēgānā hai.
yè duniyā sarāy koi āyè koi jāyè,
pathik yahī samjhāyè jā, gāyè jā gāyè jā . . .

kisī kè kām jo aāyè

**kisī kè kām jo āyè, usè insān kahaṭè hai.
parāyā dard apnāyè, usè insān kahaṭè hai.**

**kabhī dhanwān hai iṭnā, kabhī insān niṛdhan hai.
kabhī sukh hai kabhī dukh hai, isī kā nām jīvan hai.
jo muśkil mè nā ghabrāyè, usè insān kahaṭè hai.**

**yah duniyā ek uljhan hai, kahī dhokhā kahī thokar.
koi haňs-haňs kè jīṭā hai, koi jīṭā hai ro-roker.
jo girkar fir sambhal jāyè, usè insān kahaṭè hai.**

**agar galṭī rulātī hai, to yah rāh bhī dikhātī hai.
manuś galṭī kā puṭlā hai, yah aqsar ho hī jātī hai.
jo galṭī karkè pachṭāyè, usè insān kahatè hai.**

**akèlè hī jo khā khāker, sadā gujrān kartè hai.
yū bharnè ko ٹo duniyā mè pašhu bhī pèṭ bhartè hai.
pathik jo bāñt kar khāyè, usè insān kahatè hai.**

jāṭī ko jīvan do bhagwān

jāṭī ko jīvan do bhagwān.

**āshā kā aṅkur upjā do
parhiṭ kā pīyūś pilā do.
sēvā kā sañmārg sujhā do, sāhas kā sopān . . .**

**prēm ektā kā var-var do,
jyān ujālā ghar ghar kar do.
kūt-kūt hṛidayo mè bhar do, swābhimān sammān . . .**

**daliṭo kè adhikār dilā do,
bichuro ko fir galē lagā do.
bhēdbhāv kā bhūṭ bhagā do, ho sab log samān**

**vidhvā kè saṅkat ko tāro,
go-kul kè kul klēsh nivāro.
bal-hīno mè bal saṅchāro, niṛṇay karo nidān . . .**

**dēsh bhakṭī kī jyoṭi jagā do,
dharm dhām kā dwār dikhā do.
kaṛmvīr bnanā sikhlā do, karo dyālutā kā dān . . .**

aārtī

Om jay jagdīsh harè
 svāmī jay jagdīsh harè
 bhakṭ jano kē saṅkat dāsa jano kē saṅkat
 kṣaṇ mē dūr karè . . . om jay jagdīsh harè.

1

jo dhyāvè fal pāvè dūkh vinaśhè man kā
 swāmī dūkh vinaśhè man kā
 sukh sampaṭṭi ghar āvè
 sukh sampaṭṭi ghar āvè
 kaśta mitē ṭan kā . . . Om jay jagdīsh harè.

2

māṭa piṭā ṭum mērē śharan gahūn mai kisakī
 swāmī śharan parūn mai kisakī
 ṭum bin aur nā dūjā
 prabhu bin aur nā dūjā
 aās karūn mai jisakī . . . Om jaya jagdīsh harè.

3

ṭum pūraṇ paramāṭmā
 ṭum aṇṭaryāmī
 swāmī ṭum aṇṭaryāmī
 pār bṛahm parmēśvar
 param brahm parmēśvar
 ṭum sabakē swāmī . . . Om jaya jagdīsh harè.

4

ṭum karūṇā kē sāgar
 ṭum pālan kartā
 swāmī ṭum rakṣā kartā
 mai sēvak ṭum swāmī
 mai mūrakh fal kāmī
 kṛipā karo bharṭā . . . Om jaya jagdīsh harè.

5

ṭum ho ek agocar
 sabakè prāṇ paṭi
 swāmī sabkè prāṇpaṭi
 kis vidhi milūn dayāmay
 kis vidhi milūn śharan mè
 ṭumako mai kumaṭi Om jaya jagdīsh harè. 6

dīna bandhu dukh harṭā
 ṭum rakṣak mèrè
 swāmī ṭum rakṣak mèrè
 karuṇā hast baḍhāo
 apanī ḫaraṇ lagāo
 dvār paṇā mai ṭerè Om jaya jagdīsh harè. 7

viśay vikār mitāo
 pāp haro dēvā
 swāmī kaśt haro dēvā
 ḫraddhā bhakti baḍhāo
 ḫraddhā prēm baḍhāo
 sanṭan kī sēvā Om jaya jagdīsh harè. 8

ṭan man dhan
 sab kuch hai ṭerā
 swāmī sab kuch hai ṭerā
 ṭerā ṭujhako arpaṇ
 ṭerā ṭujhako arpaṇ
 kyā lāgè mèrā Om jaya jagdīsh harè. 9

jay jagdīsh harè
 swāmī jay dīnānāth harè
 bhakt janō kē saṅkat
 dāsa janō kē saṅkat
 kṣaṇa mè dūr karè Om jaya jagdīsh harè. 10

saṅgathan sūkta

sam-sam-id-yuvasè vṛṣann-agnè viśvāny arya ā.

īlaś-padè sam-idhyase sa no vasūny ā bhara.

Rig 10.191.1

Rishi:- Sanvanan; Devtā:- Agni

sam gacchadhvam sam vadadhvam sam vo manānsi jānatām.

devā bhāgam yathā pūrvē samjānānā upāsaṭe. Rig 10.191.2

Rishi:- Sanvanan; Devtā:- samjyanam

samāno manṭraḥ samiṭih samānī samānam

manah saha cittam eṣām.

samānam manṭram abhi manṭraye vah

samānēna vo haviṣā juhomī.

Rig 10.191.3

Rishi:- Sanvanan; Devtā:- samjyanam

samānī va ākūtiḥ samānā hrdayāni vah.

samānam astū vo mano yathā vah susahāsatī. Rig 10.191.4

Rishi:- Sanvanan; Devtā:- samjyanam

hè prabho tum śaktiśālī ho bnātē śriṣti ko,

vèd sab gātē tumhè hai kījiyè dhan vriṣti ko.

prēm sè milkar chalo bolo sabhī jyānī bano,
pūrvajo kī bhāṇti tum kṛtavya kē mānī bano.

ho vichār samān sabkè chitt man sab ek ho,

jyān dēṭā hū brābar bhogya pā sab nèk ho.

ho sabhi kē dil tathā saṅkalp avirodhī sadā,
man bharè ho prēm sè jisasè badhè sukh sampadā.

national prayer (Hyms from Yajurveda)

**om aā bṛahmin bṛāhmṇo bṛahmvaṛchasī jāyṭām,
aā rāshtrē rājanya śūr iśh vyoti-vyādhī mahāratho jāyṭām
dogdhṛi dhēnurvodhā nādvanāshu saptī puraṇdhiṛ-yośā
jiśnū rathēsthā sabhēyo yuvāsy yajmānasya vīro jāyṭām.
nikāmè nikāmè nh̄ paṛjanyo varṣaṭu falvatyo na aośdhaya
pachyaṇṭām yog-kṣēmo nh̄ kalptām.**

yaju. 22.21

National prayer (in Hindi)

**brahmin swaraṣṭra mai ho dwij brahm-tējdhārī,
kṣaṭriya mahārathī ho aridal vināśkārī.**

**hovē dudhāru gaovē paśū aśva aāśūvāhī,
aādhār rāṣṭr ki ho nārī subhag sadā hī.**

**balvān sabhya yodhā yajmān puṭra hovē,
icchānusār varṣe parjanya ṭāp dhovē.**

**fal-fūl sē ladī ho aośadh amogh sārī,
ho yog-kṣem kārī swādhīnṭā hamārī.**

The Peace Hymns

**Om dyauḥ śāntih aṇṭarikṣam śāntih
pṛithivī śāntih āpaḥ śāntih
auśadhayaḥ śāntih.
vanaspatayah śāntih viśvē dēvāḥ śāntih
brahmā śāntih sarvam śāntih
śāntirēva śāntih sā mā śāntirēdhi.**

Yaju. 36.17

Om śāntih śāntih śāntih.

ṛishi dadhyaṅga, Atharva; Dēvtā īśwar

May peace and tranquility flow to us from the shining celestial region? May there be peace through mid-space. May there be peace on the earth, water, herbs, plants and trees. May peace flow over whole universe. May peace be in supreme Brahma. May peace be all over, let there be peace and only peace. May such peace and tranquility come to me. Om Peace, Peace, Peace.

Śhānti kījiyè pṛabhu tṛibhuvan mè

**Śhānti kījiyè pṛabhu tṛibhuvan mè
jal mè thal mè aur gagan mè,
aṇṭarikṣha mè agni pavan mè,
auśhadhi vanaspati van upvan mè,
sakal viśva mè jaṛ cēṭan mè.**

**bṛahmiṇ kè updēsh vacan mè,
kṣhaṭriya kè dvārā ho raṇ mè,
vaiśya jano kè hovè dhan mè,
aur ṣhūdra kè ho caraṇan mè.**

**Śhanṭi rāśhtṛ nirmāṇ srijan mè,
nagar grām mè aur bhavan mè,
jīv māṭṛ kè ṭan mè man mè,
Aur jagati kè ho kaṇ kaṇ mè.**

astō mā sad̄ gamay
Lead me falsehood to truthfulness.

ṭamaso mā jyotiṛ gamay
Lead me darkness to light, unknown to known

mṛityor mā amriṭam gamay
Lead me death to immortality, to be brave



jīvēmah śardah śhaṭam
We may live hundred autumns

adīnāḥ syām śardah śhaṭam
We may always live in Liberty

10 Principles of Arya Samāj

1. God is the efficient cause of all true knowledge and all that is known through knowledge.
2. God is existent, intelligent and blissful. He is formless, omniscient, just, merciful, unborn, endless, unchangeable, beginning-less, unequalled, the support of all, the master of all, omnipresent, immanent, un-aging, immortal, fearless, eternal and holy, and the maker of all. He alone is worthy of being worshiped.
3. The Vedas are the scriptures of all true knowledge. It is the first prime duty of all Aryas to read them, teach them, recite them and to hear them being read.
4. One should always be ready to accept truth and to renounce untruth.
5. All acts should be performed in accordance with Dharma that is, after deliberating what is right and wrong.
6. The prime object of the Arya Samaj is to do good to the world, that is, to promote physical, spiritual and social good of everyone.
7. Our conduct towards all should be guided by love, righteousness and justice.
8. We should dispel Avidya (ignorance) and promote Vidya (knowledge).
9. One should not be content with one's own welfare alone, but should look for one's welfare in the welfare of all.
10. One should regard one's self under restriction to follow altruistic rulings of society, while in following rules of individual welfare all should be free.

Arya Samaj of Inland Empire

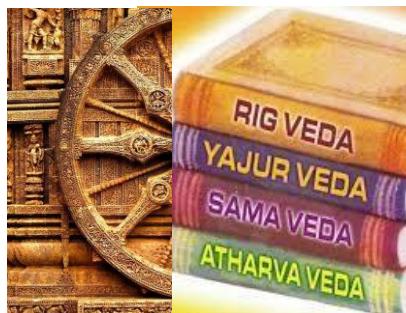
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We are committed to provide:
Resources, education, opportunities and teachings
for youngsters to help them:
Understand, observe, learn, perform and to become
familiar with our Vedic-Hindu:
Heritage, culture, rituals, parvas, festivals and utsawas.

and

Hindu literature:
Vedas, Upanishads, Ramayana, Gita, Mahabharata,
Hindu-philosophy
and rich language Sanskrit
and Hindi as well.



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