

Professional Disclosure Statement

Kelly Arnold, Professional Counselor Associate
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Supervisor: Alison Craker, LPC

Philosophy and Approach: I am dedicated to helping you resolve or adjust mental, emotional, or behavioral problems that you are wanting to change. The process of therapy is a combined effort: yours and mine. My therapeutic approaches are individual and/or family focused. I subscribe to the American Counseling Association's Code of Ethics and the Ethical Standard of the Oregon Counseling Association.

My approach to Specific Learning Disorder assessments for Dyslexia is holistic. It is known that learning disorders are associated with conditions such as ADHD, and mood conditions like anxiety and depression. Therefore, screening for these conditions will often be appropriate as a part of a learning disorder assessment. Further testing for these diagnoses may also be considered to help further understand how they affect the individual's learning challenges and for developing a more complete picture of the challenges involved. While I have significant assessment training in these areas, I am not a psychologist; therefore, cognitive assessments will be limited to the purpose of comparing cognitive and academic ability and not used for any neuropsychological purposes. Referrals will be made when diagnoses are outside my scope of practice and as necessary.

Formal Education and Training: I hold a Master of Science degree in Clinical Psychology and Clinical Counseling from Capella University. Major course work was in assessment, child development, and the biological basis of behavior. Additional coursework and experience were completed around assessment, Dyslexia, and comorbid diagnoses associated with Dyslexia such as ADHD and mood disorders.

As an Associate registered with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. As an Associate, I am supervised by Alison Craker, a Licensed Professional Counselor and Greg Crosby, a Licensed Professional Counselor.

Fees: My normal and customary fee is \$150 per 50-minute session. The fee for a 90-minute session is \$190. Group rates are \$40 per 90-minute session. Payment is accepted at the time of session.

The Client Bill of Rights

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at:

3219 Pringle Rd. SE, #120, Salem, OR 97302-6312.

Phone: (503) 378-5499 / Email: lpct.board@oregon.gov / Website: www.oregon.gov/OBLPCT

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For additional information about this Associate, consult the Board's website.