

SOUSA NOTES



October 2023



As we begin our 6th week of the 2023-2024 school year, it is with great pride that I share with you that the year is off to a wonderful start! The students are settling in to their routines, the teachers are engaging in incredible professional development opportunities, and the month of October is jam packed with exciting events that all members of the community will be invited to celebrate with us. This newsletter will focus on reminders for our community, upcoming events and community engagement opportunities.

If you have any questions, feel free to reach out to us so that we may help you.

Warmly,
Mrs. Meg Sheehan
Principal

From the desk of Nurse Judy

- Physicals are due for grades k,1, 3 & 5
- New allergies? Let Nurse Judy know
- Students are not permitted to carry medication with them. Call Nurse Judy.
- Students with fever > 100 must remain home for 24 hours. All contagious illnesses should be reported to Nurse Judy.



From the Morning Car Line



- Arrival is between 8:15- 8:45 am
- Gates **CLOSE** promptly at 8:45 am
- Adults please stay in the car
- Children may exit as long as they are on a sidewalk. **DO NOT** wait to be at the playground entrance it slows us down.
- **THANK YOU** to Mr. Cangelosi, our Security Aide, & our paraprofessionals for helping to keep us safe!

A few more Updates & Reminders

- **From our technology team**
 - Stickers are NOT permitted on iPads & Chromebooks
- **From the cafeteria**
 - if your child is Gluten Free due to a medical need, please let Nurse Judy know
- **Attendance**
 - It is very important for students to be on time to school & stay for the entire day. The school day begins at 8:45 am and ends at 2:50 pm.





Thursday, 10/12

Boosterthon Fun Run- schedule to come

Wednesday, 10/18

Unity Day- All Day

Wednesday, 10/18

Family RULER Night from 6- 8 pm

Friday, 10/20

Picture Day

Tuesday, 10/31

Halloween Parade 9:15- 9:45 am

REGISTER

NOW

Before & After School Activities



Students MUST be registered to participate

Mondays

- AM- Let Grow- Play Club (all grades) at 7:30 am

Tuesdays

- AM- Scrabble Club (grades 3-5) at 7:15 am
- AM- Homework Club (grades 4 & 5) at 7:30 am
- PM- Chess Club (grades 3-5) at 3:15 pm
- PM- Homework Club (grades 2 & 3) at 3:15 pm

Wednesdays

- AM- Let Grow- Play Club (all grades) at 7:30 am

Thursdays

- PM- Math Olympiad (grades 4 & 5) at 3:15 pm

let
YOUR
 Spirit
SOAR

UNITY WEEK

OCTOBER 16-20TH

MONDAY 10/16

Wear Pj's/Comfy
 Clothes
 We're
 comfortable in
 who we are!



TUESDAY 10/17

Wear
 Sports/Exercise
 Clothes
 An active body
 makes a healthy
 mind!



WEDNESDAY 10/18

Wear Orange
 for Unity Day
 We're better
 together!



THURSDAY 10/19

Wear Colorful/
 Bright Clothes
 Our future is
 bright!



FRIDAY 10/20

Dress Your Best
 We're confident
 inside and out!



SEMANA DE UNIDAD

OCTUBRE 16-20TH

LUNES 10/16

Use pijamas o
 ropa cómoda
 ¡Nos sentimos
 cómodos con
 quienes somos!



MARTES 10/17

Use ropa
 deportiva/de
 ejercicio
 ¡Un cuerpo activo
 hace una mente
 sana!



WEDNESDAY 10/18

Viste de naranja
 para el Día de
 la Unidad
 ¡Estamos mejor
 juntos!



JUEVES 10/19


Use ropa
 colorida/
 brillante
 ¡nuestro futuro
 es brillante!



VIERNES 10/20

Vistete lo mejor
 posible
 ¡Tenemos
 confianza por
 dentro y por fuera!






**5TH GRADE LEADERS
PRESENTS SOCK-TOBER**

October 10th-20th

Please consider donating new socks!

All donations will be distributed at The
Inn.

Questions? Please feel free to contact
Grace Podell at gpodell@portnet.org
Ashley Keen at akeen@portnet.org



**LÍDERES DE GRADO 5
PRESENTAN SOCK-TOBER**

Octubre 10th-20th

¡Por favor considere donar calcetines
nuevos!

Todas las donaciones se distribuirán en The
Inn.

¿Preguntas? Por favor sientase libre de
contactar
Grace Podell en gpodell@portnet.org
Ashley Keen en akeen@portnet.org

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UNITY DAY SNACK DRIVE

Unity Day Snack Drive:

Celebrating Unity, Sharing Snacks,
and Supporting Our Students in Need



Drop off snack donations of
Snyder's of Hanover pretzels
in the main lobby on 10/18

All pretzels
donated go
to Sousa
students in
need



**Colecta de refrigerios del Día de
la Unidad:**
Celebrando la unidad, compartiendo
refrigerios y apoyando a nuestros
estudiantes necesitados



Deje donaciones de
refrigerios de pretzels de
Snyder's of Hanover en el
vestíbulo principal el 10/18

November



Please check
expiration
dates!

FOOD DRIVE NOVEMBER 1-13

Please help us collect non-perishable foods for the pantry
at Our Lady of Fatima.

Please, **no glass**. All nonperishable items are welcomed!

SUGGESTED ITEMS PER GRADE:

KINDERGARTEN

Pasta/Spaghetti
Snacks
Canned Sardines

SECOND GRADE

Mac & Cheese
Mayonnaise
Canned Vegetables

FOURTH GRADE

Pancake Mix & Syrup
Canned Fruit
Cooking Oil

FIRST GRADE

Cereal/Oatmeal
Ketchup
Canned Chicken

THIRD GRADE

Canned Soup
Peanut Butter
Canned Tuna

FIFTH GRADE

Rice
Pasta Sauce
Jelly

Questions? Contact Grace Podell at gpodelleportnet.org



"Thank You!"

Items may be
brought into
class with
your child or
to
conferences.

¡Por favor
verifique las
fechas de
vencimiento!

Por favor disculpe cualquier error. Este folleto fue
traducido usando Google Translate.

COLECTA DE ALIMENTOS 1-13 DE NOVIEMBRE

Por favor ayúdenos a recolectar alimentos no perecederos
para la despensa de Nuestra Señora de Fátima.
Por favor, **nada de vidrio**. ¡Todos los artículos no perecederos
son bienvenidos!

ARTÍCULOS SUGERIDOS POR GRADO:

JARDÍN DE INFANCIA

Pasta/Espagueti
Aperitivos
Sardinas enlatadas

SEGUNDO GRADO

Verduras enlatadas
Mayonesa Macarrones
Con Queso

CUARTO GRADO

Fruta Enlatada
Aceite de Cocina
Mezcla Para
Panqueques y Almíbar

PRIMER GRADO

Pollo Enlatado
Ketchup
Cereales

TERCER GRADO

Sopa Enlatada
Mantequilla de Maní
Atún Enlatado

QUINTO GRADO

Arroz
Pastas Con Salsa
Gelatina

¿Preguntas? Póngase en contacto con Grace Podell en
gpodelleportnet.org



“¡Gracias!”

Los artículos
se pueden
llevar a clase
con su hijo o
a
conferencias.

September Snapshots

