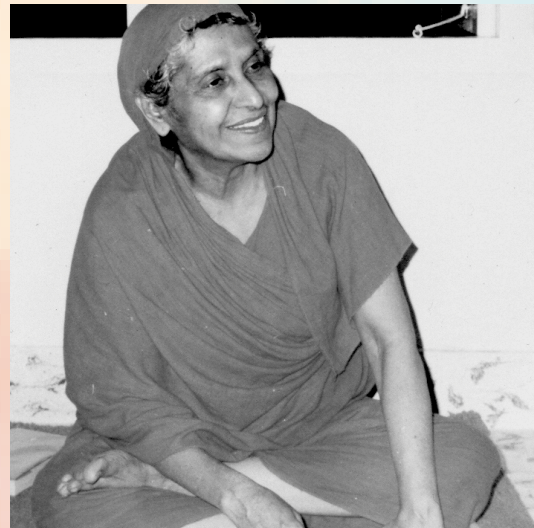


A GURU FOR THE AGES



Her Holiness
Sri Sathguru
Swami
Gnanananda
Sarasvathi



HH Sri Sathguru Swami Gnanananda Sarasvathi

Founder of Sri Gnana Advaita Peetam, Chennai

Early Life and Spiritual Calling

Her Holiness Sri Sathguru Swami Gnanananda Sarasvathi was born into an aristocratic family near Guruvayur and received modern education. She experienced profound spiritual insight from early childhood, with her first realization at the age of seven. For several years she lived as a householder, showing that family life and spiritual awareness can coexist. In 1975, she embraced **Vidvat Sanyasa**, dedicating herself to the pursuit and sharing of *Advaita Vedanta*.

Founding the Peetam

In 1976, Swamiji established the Sri Gnana Advaita Peetam in Chennai to make Advaita Vedanta practical and accessible. She emphasized that **Saranagati**—total surrender to the Divine—when combined with devotion, ethical living, and inner reflection, leads to spiritual liberation.

Philosophy and Teachings

Sri Sathguru's guidance harmonized the three classical paths of Hindu spirituality:

- **Jnana** (Knowledge) – Self inquiry and realization of the true Self.
- **Bhakti** (Devotion) – Heart-centered surrender, often through *Nama sankeertanam*.
- **Karma** (Action) – Performing daily duties with humility and selflessness.

She taught that spiritual values must be lived, through simple practices such as chanting, meditation, and acts of compassion, making Advaita a living experience.

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Service and Community Work

Under Her leadership, the Peetam became a hub of spiritual and social outreach. It hosts satsangs, bhajans, and retreats, while supporting *annadhanam* (community feeding), educational programs, and spiritual publications. Special celebrations like Krishna Janmashtami combine devotion with service, reflecting Her conviction that spirituality must uplift society.

Disciples and Legacy

Her **Prathama Sishya**, Sri Sri Sri Vishnu Mohan, attained Samadhi during her lifetime. Today, Swami Shrihariprasad, Her principal disciple, leads the Peetam, continuing Her mission of accessible Vedanta and service driven spirituality.

A Spiritual Beacon

The life of this timeless Guru is a bridge between Vedantic wisdom and modern living. Her legacy calls seekers to inner transformation through devotion and surrender, inspiring lives of clarity, compassion, and purpose.

She attained mahasamadhi in 2016.