



ARE YOU AN
EXAMPLE TO THE
WHOLE WORLD?



HER HOLINESS SRI SATHGURU
SWAMI GNANANANDA SARASVATHI

In this Kaliyuga we can practice only Saranagati. The rest of it is not easy to practice because it is much harder in the present day. It is not easy to say “Aham Brahmasmi”. So that is why in Kaliyuga, Bhakti marga as well as Saranagati is taught. It is easier to practice that.



IS GOD
AND FAITH
EVERYTHING
TO YOU?

**Sri Sathguru's Anugraha Bhashanam
At Ragasudha Hall on the Occasion of
the Twenty Ninth Anniversary of Sri
Sathguru's Sanyasa Ashrama
Svikaram**

Narayana!

Mr. Krishnaswamy has explained very clearly and intelligently the steps towards God realizations and also explained very clearly the contents of the book that has been released. I hope that all of you who are present here have understood it.

I would like to say a few words on the present condition of the world today. The whole world is in an agitated condition now because it is not the forces of Dharma but the forces of Adharma that are ruling today. Because of that there is much fear, violence and bloodshed upsetting the whole equilibrium of the world. So much so that the few good people in

the world are unable to live their lives in peace. When we see this unprovoked bloodshed and violence, the sordid, sadistic, hatred of each other, we cannot understand it. This evil behavior contributes to the great suffering and misfortunes that are affecting people around the world. The result of all this comes as natural disasters. People ask, "Why is there no water"? Why should there be water? That is what I ask you, when people behave like this, with no sense of right or wrong: being selfish, living cruel and violent lives. They expect God to do everything for them. They upset the rhythm of the world – that is called the Rta, the order of the world; the divine order. That order is being upset by the vicious and cruel acts of, I would say, about fifty percent of humanity today. When there is so much of violence you cannot go and ask God. "Why are there natural disasters?" All rules of nature are broken. There is nothing wrong now that is not done. Human beings

are very far from being good human beings. The opportunities for committing the maximum of evil here is presented to everyone in the world – even to the little children. They follow that.

When we want to help, when the servants of God want to help, we find it is not easy to help. Nobody wants to be helped. The mass of people are intent on going on the evil way creating trouble and disharmony and disunity in the world. It is very hard for a person of good mind, a kind mind, to help anybody in trouble now. They are eliminated. That is what happens.

They get eliminated if they try to stand in the way of the evil people and their ends. So it is necessary for true Hindus to stand up for Dharma. The Hindu is a Sanatana Dharmi: that is, he belongs to an eternal religion and understands that the entire world is Vasudaiva Kutumbakam, the family of God. Whether they are even animals or

birds, they come within that fold. There is nobody outside the fold. With that aim in mind, if they practice in India, it should not be difficult to re-establish Dharma. We have got all the examples here in our ancient history. You will find the story of Harishchandra. There were great kings and rulers, but they lived for their country, for their nation, for their subjects. They were willing to give up everything in the world for the welfare of their subjects. They lived in Truth and in Dharma which is righteousness. So because of that they ruled happily and joyfully. May be they made a lot of personal sacrifice, but that did not matter to them, as long as their subjects were happy.

Is there anybody who can compete with that anywhere in the world? Nowhere. Not even a quarter of their stature. If in India we follow the Sanatana Dharma, if we follow our Dharma correctly, we will find that we

are able to energise the rest of the world also. But we must do it properly. India is the Guru of the world. She must set an example to the rest of the world. Not only by precept but by practice also.

In this Kaliyuga we can practice only Saranagati. The rest of it is not easy to practice because it is much harder in the present day. It is not easy to say "Aham Brahmasmi". So that is why in Kaliyuga, Bhakti marga as well as Saranagati is taught. It is easier to practice that. The attribute of Kaliyuga is speed. See what lives people lead. How fast is the pace! Therefore, there is stress and suffering also, whether it is mentally or physically, and the diseases that come of this stress. We must be able to put a brake on ourselves, try to think and try to understand. It does not mean that because a few of them are doing wrong, we should also follow them and do wrong. We have got our own willpower, our own values and

principles. We must live by that so that after some time we will be able to establish peace and harmony. When we do it in our own country we will be able to help the others also, to achieve that same state: the establishment of peace and harmony of unity, of prosperity.

All this comes if you really want it. But it doesn't come if you don't want it. Half-heartedness won't do. This is a very crucial age and the times are also very crucial. We cannot at any time, even for a little time, be lenient to evil and evil people. Because if we do that, evil will only increase, if we give them a pat on the back for what they are doing.

Practising Dharma is the greatest Tapas

Many of them kill small children, old people, women. They shoot them dead even when they are asleep. See the cruelty that goes with it. How can we

fight that? That is the power of Adharma. We can fight it only with the power of Dharma which is Righteousness, which is Truth. It generates the greatest, most invincible power. But you must be an agent for it. It takes a lot of self-sacrifice, a lot of hard work. There may be a lot of stress also. But this stress is much better than the stress that you get outside in making money or trying to get fame or position or welfare of any type in the worldly way. This calls for great tapas. Without tapas nothing is attained. When we reach that highest state of tapas, we will find that we don't have to do things ourselves. Our surrender to God gives us that great power, that spiritual power that makes it easy not only for you, but also for the others, to practice right living.

What we need today is harmony, understanding, sympathy and unity among people. Now, people just want to get some reason to quarrel. That

should be changed completely. We must be able to somehow find the way through which we can establish unity and harmony throughout the world, peace and prosperity throughout the world. It is very heartrending to see such cruel things. Such sordid, sadistic things are happening in the world today. For those who have served God wholeheartedly, it is a very sad and very heartrending thing to see. Unless people change, the circumstances will not change. It is only with the power of Tapas that you are going to do it. And India must set an example. The Hindus must set an example not only by precept but also by practice.

Harishchandra, or Sri Rama, see how they governed the country. With pure self-sacrifice it was! They did not give up Truth. Harishchandra was famous for his Truth. It can be done in the world of today. It is not hard. It can be done provided you want it. If you want, it can be done very easily. By the grace of God and with His blessings you can

easily do it. He is there, always available to us, but we must call Him. When you open the pages of a newspaper it is most heartrending sometimes to read the news. But what can be done about it? The individuals change and then society changes. And when society changes, nations change. India is the Guru of the world and must unselfishly set a powerful example of a land where peace, prosperity, honour, true happiness of all types would re reign for all people to live and to work out their way to reach God.

I pray that everybody will be able to understand what is being said, practice that Saranagati and change yourselves. You must understand that as an individual changes, he changes the whole family. And as families change, society changes, and when society changes the nation changes. So we set a strong powerful example through the world where peace and harmony can still reign. Or else the day

of reckoning is coming for sure. So let us not invite it. We do our best and leave the rest to God. If anything, God forbid, untowards happens, then it is not our fault. We can be sure about it. Because we have done our best. There is nothing more that is expected from us. God does not expect us to do anything more than what we can truly do. We have to do it to perfection – that is all. I pray that every one of you, who have listened to this, will go home and practice it even from the minute you reach home, so that you will be able to set an example. And that you will be able to do it without any fear, without any doubt, with true faith and belief in God and His mercy.

I pray that all of you may be able to get the grace and blessings of God and be able to practice this and set an example to the whole world.

Narayana.



Sri Gnana Advaita Peetam

7/15, New Giri Road,

T. Nagar, Chennai, PIN 600017

E mail: vishnufoundation@gmail.com

www.srisathguru.com