

**CONFIDENTIAL PATIENT INFORMATION**

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: (day) (\_\_\_\_) \_\_\_\_\_ (evening) (\_\_\_\_) \_\_\_\_\_  
Referred by: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Business/Employer: \_\_\_\_\_  
Your Doctor's Name: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ Group No.: \_\_\_\_\_ I.D. No.: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_

**MAJOR COMPLAINTS**

Major Complaint: \_\_\_\_\_  
When did this condition begin? \_\_\_\_\_  
What seemed to be the initial cause? \_\_\_\_\_  
Diagnosis by your doctor: \_\_\_\_\_  
To what extent does this problem interfere with your daily activities? \_\_\_\_\_  
What kinds of treatment have you tried? \_\_\_\_\_  
Medications you now take: \_\_\_\_\_  
Herbs/Vitamins: \_\_\_\_\_

**MEDICAL HISTORY**

Major Illnesses: \_\_\_\_\_  
Surgery: \_\_\_\_\_  
Significant Accidents: \_\_\_\_\_  
Have you been treated for any health condition in the past year? \_\_\_\_\_

Have you been treated by acupuncture before? \_\_\_\_\_

Check any illnesses which you now have or have had:

- |                                     |   |  |  |
|-------------------------------------|---|--|--|
| <input type="checkbox"/> Allergies  | <input type="checkbox"/> Cancer               | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Skin Disease    |
| <input type="checkbox"/> Anemia     | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Epilepsy             | <input type="checkbox"/> Kidney Disease      | <input type="checkbox"/> Ulcers          |
| <input type="checkbox"/> Asthma     | <input type="checkbox"/> Eye Disease          | <input type="checkbox"/> Liver Disease       | Others: _____                            |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Heart Disease/Stroke | <input type="checkbox"/> Lung Disease        | _____                                    |

## SYMPTOM SURVEY

### GENERAL:

- fatigue
- insomnia
- weight loss
- weight gain
- allergies

### NERVOUS SYSTEM

- headache
- migraine
- dizziness
- tremors
- numbness/tingling
- imbalance
- memory loss
- muscle weakness

### HEART/LUNG:

- chest pain
- high blood pressure
- arteriosclerosis
- shortness of breath
- irregular heartbeat
- varicose veins
- ankle swelling
- persistent cough

### EMOTIONAL:

- anxiety or worry
- frequent crying
- anger
- tension
- mood swings
- fear
- confusion
- depression
- suicidal

### MUSCULOSKELETAL:

- jaw pain
- neck pain
- shoulder pain
- elbow pain
- hand pain/stiffness
- upper back pain
- mid back pain
- low back pain
- hip pain
- pain down leg
- knee pain
- ankle/foot pain
- joint swelling
- muscle cramps

### ENT:

- ear infections
- ringing in ears
- hearing loss
- problem swallowing
- dental problems
- sinus problems

### GENTOURINARY:

- painful intercourse
- prostate problems
- sexual problems
- loss of sex drive
- genital infections
- painful urination
- frequent urination
- hard to urinate
- incontinence
- bladder infections

### SKIN:

- easy bruising
- dry skin
- itching
- rashes
- hives

### GYN:

- irregular periods
- cramps
- PMS
- heavy menstrual flow
- pregnant?  yes  no
- date last period \_\_\_\_\_
- # of pregnancies \_\_\_\_\_
- # of miscarriages \_\_\_\_\_
- # of abortions \_\_\_\_\_
- date last PAP \_\_\_\_\_
- birth control method \_\_\_\_\_
- breast problems
- menopause.

### GASTROINTESTINAL:

- change in appetite
- heartburn
- nausea/vomiting
- diarrhea
- constipation
- gas
- abdominal pain
- indigestion
- gall bladder problem
- hemorrhoids

## HABITS

|             | None  | Moderate | Heavy |             | None  | Moderate | Heavy |
|-------------|-------|----------|-------|-------------|-------|----------|-------|
| Alcohol     | _____ | _____    | _____ | Coffee      | _____ | _____    | _____ |
| Tobacco     | _____ | _____    | _____ | Drugs       | _____ | _____    | _____ |
| Exercise    | _____ | _____    | _____ | Soft Drinks | _____ | _____    | _____ |
| Salty Foods | _____ | _____    | _____ | Sweets      | _____ | _____    | _____ |
| Artificial  | _____ | _____    | _____ |             |       |          |       |
| Sweeteners  | _____ | _____    | _____ |             |       |          |       |