

Rachel's Vineyard

Healing the pain of abortion -
one weekend at a time.

Our next weekend retreat will be held on April 12-14, 2024
(Friday evening - Sunday afternoon).

Find out more by calling (671) 489-2752, or emailing
info@rachelvineyardguam.org



<https://rachelvineyardguam.org/>

Who We Are

Rachel's Vineyard weekends for healing are offered in hundreds of locations across North America and in many countries throughout the world. The movement was founded by Dr. Theresa Burke and Kevin Burke, LSW and is a ministry of Priests for Life.

Rachel's Vineyard

Healing the Pain of Abortion, One Weekend at a Time

Rachel's Vineyard weekends are a beautiful opportunity for any person who has struggled with the emotional or spiritual pain of abortion. The weekend is a very specific process designed to help you experience the mercy and compassion of God. It is also an opportunity to surface and release repressed feelings of anger, shame, guilt, and grief.

Each weekend is run by volunteers who care deeply about your needs. Many of the facilitators have suffered the same loss.

The weekend is a chance to get away from daily pressures to focus on the buried emotions of the past in light of present symptoms and begin healing through a supportive trauma sensitive process. Rachel's Vineyard provides a non-judgmental, safe environment. The weekend will help your soul find a voice, and transform the pain of the past into hope and love.

You Are Not Alone...

Every year men and women suffer the after-effects of abortion which can include:

- Bouts of crying
- Eating disorders
- Depression Guilt
- Intense grief / sadness
- Anger / rage
- Emotional numbness
- Lowered self esteem
- Drug and alcohol abuse
- Flashbacks / nightmares

- Suicidal Urges
- Fear of pregnancy / pregnant women
- Anxiety / panic attacks
- Repeat abortions / crisis pregnancies
- Difficulty w/ relationships
- Inability to forgive self or others
- Fears of punishment from God

Testimonies

"I experienced a great inner healing as a result of attending the Rachel's Vineyard Weekend. I highly recommend this program to anyone who has felt the void and shame of the abortion experience. It is wonderful to forgive yourself, find the unconditional love of Christ and grieve the loss of your little child."

"My abortion has left me with a empty place in my heart and soul. I had tremendous sorrow and regret over the effect this has had on my family. As a mother, I struggled with the reality that I destroyed my child."

"I have been through 14 years of therapy and anti-depressants. I've confessed my abortion a hundred times. Just when I thought I could take the pain no longer, I found Rachel's Vineyard. This weekend literally saved my life."

"After struggling alone for years with the guilt, shame and remorse of my involvement with my girlfriend's decision to abort our child I finally found a ministry that recognized my need to get help. Rachel's Vineyard provided a place where I could voice my pain and loss. The acceptance of the women there was especially helpful because I felt I had hurt my girlfriend so badly that all women would despise me if they knew what I had done. Their understanding and acceptance helped me to move further in forgiving myself and helped me to love others in my life in a deeper way."

"Rachel's Vineyard has far surpassed all my expectations. I have never witnessed so much healing and relief from anything else I have observed or experienced."

"To anyone considering the need to reconcile their abortion, the retreat is a wonderful gift you could give yourself. You are able to experience the sadness, grief, and shame in the company of other women and men feeling very much the same. You are able to turn this pain into hope with the help of nurturing counselors and supportive caretakers. You are not rushed or hurried, but given time to reflect and become open to the healing process gradually."

"I never knew my wife had suffered so much pain over an abortion she had before I met her. It was a real eye opener to attend the Rachel's Vineyard Weekend with her and offer my support in an area of her life where there was so much secret grief. Our marriage has truly been blessed. We are closer now than we have ever been."

"For 18 years I have been haunted with heavy guilt that no one could take away, tormented by thoughts of what my child would have been like. Through participating in Rachel's Vineyard, I was finally able to forgive myself. I know that God has given me a peaceful mind, cleansed my heart and has washed away my guilt."

Supported on Guam by:
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