

Coaching Agreement

The following are the guidelines used in relation to coaching engagements for What'sNEXT! (Coach) and Client. They are intended to make our coaching relationship as productive as possible.

1. Coach/Client Relationship
 - a. Client understands that What'sNEXT! is being engaged to facilitate Client's desire to improve their life and help develop and execute a plan for the Client's goals.
 - b. What'sNEXT! does not guarantee any results or outcome related to the goals, as the design of and implementation of them are the responsibility of Client.
 - c. What'sNEXT! agrees to maintain the standards of behavior and ethics established by the ICF Code of Ethics (www.coachfederation.org), including confidentiality.
 - d. Client is solely responsible for Client's own well-being as well as all decisions, choices, actions and results arising out of, or resulting from, the coaching relationship.
 - e. Client understands that they are not required to continue coaching and may terminate the coaching relationship at any time with thirty (30) day written notice or in accordance with attached terms and conditions ("Terms") if applicable.
2. Session Protocol
 - a. Client and Coach agree to set a pre-determined number of either in-person, phone calls or web sessions. Client and Coach will work together to schedule at mutually agreeable times.
 - b. Client and Coach both are busy professionals. Scheduled sessions need to begin on-time. Client agrees to be prepared for each session, including completing requested documents in advance.
 - c. Client and Coach both understand issues arise that may necessitate the cancellation of a session. Client should notify Coach twenty-four (24) hours in advance if it needs to be canceled. If such notice is not possible, Coach will work in good faith with Client to try and reschedule. Other than as set forth above, missed sessions will not be made up or refunded.
3. Medical Advice
 - a. Client acknowledges that coaching and facilitation is not medical advice, mental health counseling, therapy or treatment for any substance or other abusive behavior. What'sNEXT! is not a licensed medical provider, psychologist, mental health professional or similar provider of mental health service and is not intended to replace such professionals.
 - b. If the Client is now, or at any time during the engagement, under the care of any medical, mental health or other similar professionals, it is recommended that the Client consult with said professional regarding the use of What'sNEXT!.
4. Also Included: You may contact me between scheduled sessions if you have a quick question, urgent struggle, great news, or just need a brief check in. You can call, text, or email. **I'm committed to your success**, please use this opportunity if helpful.
5. Issues and Accolades: Coaching requires absolute honesty and straightforward communication. If at any time you're dissatisfied with something, please bring it to my attention. I will make every effort to resolve the issue. If you are truly satisfied, please let me know that as well.
6. Engagement: I want you to get the most from this investment in yourself. **I truly expect you to discover What'sNEXT! on your life's journey, then go out and make it happen.** Understand that at times you'll be; uncomfortable, energized, potentially frustrated and often motivated. There will likely be breakthroughs, stalls, and fall backs. And keep in mind, most of the work will be between our sessions. Explore, learn, take risks, and implement the actions and changes you decide upon.

Client Name: _____ Client Signature: _____ Date: _____