

Rachael Plowman:
Member of Body Control Pilates®

Price List

Classes As a new client, an introductory session must be taken before joining a class.	£51 for block 6 classes (£8.50 class)
Private 1-1 Sessions	£35
Private 2-1 Sessions	£36
Private 1-1 or 2-1 Introductory Session*	£15

*This session is for new clients only, who are wishing to join a class.

Any questions please contact me:

Rachael

07506971817

lengthen-pilates@outlook.com

www.lengthenpilates.co.uk

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