

## December 2024 LOVE NOTES Newsletter



Hello Buddhaful People,

I'm writing this "Love Note" to you on **Thursday, December 12, 2024**.

As we step into the sacred season of **December**, we are reminded of the **Tantric Practice of Giving & Receiving** — a principle that extends beyond material gifts into connection, presence, & soulful exchange. The **Spirit of Christmas**, with its focus on light, love, & generosity, mirrors this sacred path.

The **12/12 Portal & Winter Solstice** invite spiritual alignment, reflection, & renewal as the light returns after the longest night. This is a powerful time to consider how you've given throughout 2024 and, just as importantly, how you've allowed yourself to receive.

Join me in honoring these sacred energies, welcoming the warmth of the season, & exploring new ways to receive with an open heart. Let's explore **December's Key Events, Holidays, & Celestial Highlights** together.

## **KEY EVENTS & HOLIDAYS**

### **December 7 | Hanukkah Begins**

A celebration of light, miracles, & perseverance. The lighting of the menorah each night symbolizes hope & divine presence. It's a reminder of the divine spark within all of us & the importance of nurturing that light, even in the darkest of times.

### **December 8 | Bodhi Day**

A sacred day in Buddhism that commemorates the enlightenment of Siddhartha Gautama, known as the Buddha. It is observed through meditation, reflection, & acts of kindness, guiding us toward wisdom, compassion, & the path to enlightenment.

### **December 21 | Winter Solstice**

The longest night of the year and a celebration of the return of the light. It invites us to turn inward, reflect, & honor the cycles of nature. This is a profound time for renewal and embracing the coming of brighter days.

### **December 24 | Christmas Eve**

A sacred night of reflection and anticipation. Traditionally a time for family, stillness, and preparation for the celebration of Christmas. It serves as a reminder to pause, be present, and honor the stillness before the arrival of something greater.

### **December 25 | Christmas**

A celebration of love, compassion, and generosity. Christmas symbolizes the illumination of love in the world, encouraging us to share presence, warmth, & heartfelt connection. It's a time to offer the gift of experience, whether to yourself, loved ones, or someone in need of healing.

### **December 26 | Kwanzaa Begins**

A celebration of African heritage, unity, & culture. The seven principles of Kwanzaa (Nguzo Saba) are honored over the course of seven days, reflecting values like unity, self-determination, and collective work. This celebration invites reflection, togetherness, & celebration of shared heritage, encouraging us to reconnect with purpose & tradition.

### **December 31 | New Year's Eve**

As 2024 comes to a close, we are invited to reflect on the year that has passed & set clear intentions for 2025. Endings are sacred moments to honor the lessons we've learned & to prepare for the fresh possibilities that lie ahead. As the clock strikes midnight, we welcome the chance to begin anew.

## **CELESTIAL HIGHLIGHTS**

### **December 1 | New Moon in Sagittarius**

Set intentions for bold new beginnings, spiritual growth, & personal expansion. Use the fiery energy of Sagittarius to aim higher & take inspired action toward your dreams. This is the perfect time to book a Tantra Reading or session to clarify your path forward.



### **December 6 | Mars Stations Retrograde in Leo**

Mars begins its retrograde in Leo, urging introspection on how we assert ourselves and pursue desires. This period, lasting until February 23, 2025, is ideal for reassessing motivations & refining strategies. Avoid initiating major projects; instead, focus on inner work and aligning actions with true passions.

### **December 7 | Jupiter at Opposition**

Jupiter will shine its brightest & largest on this day, making it visible all night long. Take a moment to gaze at the night sky & reflect on the expansive energy of Jupiter. This is a powerful opportunity to visualize abundance & expansion in your personal & spiritual journey.

### **December 12 | 12/12 Portal**

Step into the energetic gateway of the 12/12 Portal, a potent time for spiritual alignment & higher consciousness. Use this portal to release limiting beliefs & activate your highest potential. Meditate, journal, or schedule a Tantra Reading to explore the guidance coming through.

### **December 13-14 | Geminid Meteor Shower Peak**

The Geminids are known as one of the most active meteor showers of the year, offering up to 120 meteors per hour at their peak. Despite a bright moon, you can still witness these “shooting stars” by focusing on darker parts of the sky. Take time to make a wish or set a bold intention for 2025 as you witness this celestial spectacle.

### **December 15 | Mercury Stations Direct in Sagittarius (Retrograde Ends)**

Mercury Retrograde ends on this day, bringing clarity to communication, technology, & decision-making. Clear unresolved miscommunications, finalize plans, & feel more confident as 2025 approaches.

### **December 15 | Full Moon in Cancer (Cold Moon)**

The nurturing energy of Cancer calls for emotional reflection & release. This Full Moon encourages cleansing of unresolved feelings & emotional renewal. Use this energy to reflect on your heart's desires & clear emotional clutter before stepping into 2025. Consider booking a clearing session to support this emotional reset.

### **December 21 | Winter Solstice**

Honor the return of the light on the longest night of the year. Use this day for reflection & renewal. Release what no longer serves you from 2024 & set clear intentions for the year ahead. This is an ideal time for energy-clearing sessions or grounding rituals.

### **December 30 | New Moon in Capricorn**

The final New Moon of 2024 offers the perfect opportunity to set intentions for the year ahead. With Capricorn's energy of discipline, structure, & legacy, this is an ideal time to plant seeds for your long-term goals. Reflect on what you're ready to build & commit to as you step into 2025. Consider booking a Tantra Reading to gain clarity & confidence for the year ahead.

## **ONGOING ENERGIES**

### **Uranus Retrograde in Taurus (September 1, 2024 – January 30, 2025)**

Break free from outdated beliefs about money, security, & self-worth. Use this retrograde period to rethink your relationship with material wealth & explore new ways to build stability. Reflect on where you've felt "stuck" & invite innovative solutions.

## **Pluto Retrograde in Capricorn (September 2, 2024 – February 1, 2025)**

Use this period to release control & reclaim your personal power. Pluto's energy calls for the breakdown of old structures, offering the chance for rebirth. Reflect on where you've been resisting change & allow transformation to unfold.

## **Solar Activity & X-Class Solar Flares**

The sun remains active, with X-Class Solar Flares sending bursts of electromagnetic energy toward Earth. If you've been feeling unusual fatigue, heightened emotions, or shifts in mood, this may be why. Use grounding techniques & prioritize rest when solar flares are active.

## **Schumann Resonance Fluctuations**

Shifts in its frequency can affect mood, sleep, & energy. When resonance spikes, you may feel sudden tiredness, emotional overwhelm, or intense dreams. Ground yourself daily through meditation, barefoot walks, or Tantra practices.

## **MEDIA**

### **New Patrons: View Testimonials, Podcast, & FAQ's**

If you're new here, I invite you to explore my [Testimonials](#), listen to my featured [iHeart Radio Podcast Interview](#), & review the [FAQ's](#) before booking a session. These resources offer insight into Tantra, the Patron Experience, & answers to common questions.

### **Text Marketing Update**

Here's the good news: Starting in January 2025, all text blasts will be sent directly from my primary business line: **214-838-0805**. This ensures a clear, direct, & seamless connection with me.

## **HOLIDAY SESSION SPOTLIGHT**

### **24-Hour Secret Santa Offer**

Shh... It's a Secret! **For 24 hours only, book any session, package, or gift certificate within 24 hours of this newsletter release & unwrap a surprise experience.** No clues, no spoilers — just holiday magic.

### **Tantra Gift Certificate**

Give the gift of presence, connection, & healing with a Tantra Gift Certificate. Available for all session types, this is a **meaningful way to give loved ones a sacred experience** they'll never forget.

👉 [Click here to purchase a Gift Certificate](#)

### **Our Best-Kept Secret: COD (Cuddle on Demand) Sessions**

We're letting you in on a little secret this season... **COD (Cuddle on Demand) Sessions** are **quietly launching just for our newsletter readers**. You won't see this anywhere else. These 1-hour sessions are **exclusively for current patrons** and offer the warmth of connection, comfort, & the beauty of simply receiving. Available as a stand-alone session or as an add-on to your Tantra experience.

## **New Offering: Sexual Health & Vitality Programs**

Support for Men, Women, & Couples

Your path to intimate wellness starts here. **Take control of your sexual wellness** with personalized programs designed to support vitality, function, & overall well-being. These offerings provide **holistic support for Men, Women, & Couples**.

🔗 [Explore the Sexual Health & Vitality Programs](#)

**All information shared is 100% confidential. Schedule a consultation, or ask during your next session, to see if this offering is right for you.**

## **TEMPLE OPERATIONS**

### **New Location Coming 2025**

Exciting changes are on the horizon! The Temple is preparing to relocate just a few doors down to a more spacious & elevated environment. This move will create an even more sacred experience for patrons. Stay tuned for the official announcement!

### **Location**

The Temple is nestled between Fair Park & Deep Ellum, in Expo Park (75226). To ensure your privacy & security, the Temple's exact location is revealed only after booking, in the confirmation.

### **Temple Hours**

Sessions are available daily from 8:00 AM to 8:00 PM by appointment only. For after-hours appointments, inquire about availability and applicable fees.

### **Payment**

All sessions, packages, & gift certificates must be prepaid. Payments are accepted via Square, CashApp, and AfterPay. All major forms of payment are accepted via Square invoice. No cash payments are accepted.

### **Private Gated Parking**

Enjoy free, private, gated parking just steps away from the temple entrance. This ensures your arrival is convenient, safe, & secure. A valid photo ID is required upon arrival.

### **Scheduling**

Unsure which session is right for you? Schedule a consultation to explore your path. When you're ready, text **214-838-0805** to book your session.

The **Taoist Path** teaches us that **Putting Yourself First is an Essential Act of Love & Balance**.

As you reflect on the year gone by, honor the energy you've given **& give yourself permission to receive just as deeply. Allow yourself to be held, seen, & honored in ways that nourish your spirit.**

**This season, I encourage you to embody this principle by gifting yourself the ultimate offering — Book a Tantra session as an act of devotion to your well-being, body, & soul.** Step into 2025 with clarity, intention, & renewed energy.

Here's to more **Embodied States of Bliss in 2025!**

**Tantra Presents & Your Presence,**

*Rev. Jen Chi*

**Rev. Jen Chi**

**Life is Buddhaful Tantra Temple**

**214-838-0805 | Text Now to Book Today!**