



# Best Beginnings Preschool Family Newsletter November 2024



Dear Families,

I hope you all had a wonderful and safe Halloween. On behalf of the staff and myself, I would like to extend our heartfelt thanks for attending our Family Pumpkin Carving Night. This event is one of our favorites, and we are delighted to have shared it with your family. We hope you all had a fantastic time and enjoyed the evening.

We have posted pictures of the pumpkins from each night on our Facebook page and Instagram.

With the arrival of chilly weather, we all enjoy spending time outdoors, playing on the playground, and breathing in the fresh air. While we strive to keep the students dry by staying indoors on days with heavy rain, we will be heading outside on typical Pacific Northwest rainy or chilly days. Please ensure your preschooler comes to school with a rain jacket or waterproof coat with a hood. Recess is an essential part of a preschoolers day, and we will be outside regardless of the rain.

Our school year is progressing smoothly, and the preschoolers will be learning many things in November. We will begin the month with nursery rhymes, bears, and hibernation. As we approach Thanksgiving, our themes will include scarecrows, popcorn, turkeys, being thankful and grateful, and harvest.

This time of year, many families go on vacations or take time off from school. If you know your preschooler will be absent in November or December, please inform us by sending a quick email with the dates to the school and your child's teacher. This allows the teachers to plan for any special projects in the classroom. When informed ahead of time, we make a note in our attendance system, and you will not need to complete the attendance check-in.

November is a time to reflect on all we are thankful and grateful for and to spend time with family and friends. I hope you all are able to find time to relax and enjoy some special moments with your preschoolers.

Happy Diwali and Happy Thanksgiving!

Warm regards,

*Kerry Lodge*, Director

Turn Back Your Clocks  
11/3/2024  
Daylight Savings Time Ends



## Upcoming Dates

11/1 Diwali  
11/3 Daylight Savings Time Ends  
11/11 Veteran's Day - No School  
11/28 & 11/29 Thanksgiving Break  
No School  
12/23- 1/3/2025 Winter Break  
No School  
1/6/2025 Back to School

# Wish List

We have many families ask us how they can support Best Beginnings. In years past our preschool has held random fundraisers for items we would like for our school. We have no plans to bring back fundraisers or ask our Best Beginnings Preschool families for funds beyond monthly tuition.

We have created an Amazon Wish List and a Lakeshore Registry Wish List for those that are interested in purchasing items that will be used to enrich our play-based classrooms. These are items that we do not necessarily need but would be great replacements to some of our toys that are getting a little tired. We hope to add to the list periodically so be sure to check back from time to time.

If you decide to purchase an item from our wish list we are happy to provide you with a 501c3 receipt for your donation. Please contact the school office by email, [office@bestbeginningspreschool.com](mailto:office@bestbeginningspreschool.com) to request a receipt if you do not receive one.

You can use the QR Code here the link for our Amazon List.

[https://www.amazon.com/hz/wishlist/ls/7FYXJ89ZQCC4?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/7FYXJ89ZQCC4?ref=wl_share)

For Lakeshore you can use the link below.

<https://www.lakeshorelearning.com/lists-and-registries/registry-details/?registryId=w5G4FLe5V76q%2B1Jhb%2BC18Q%3D%3D>



## Thank You

*Thank you to the Awasthi, Dunn, Karim, Rothlin, and Sebastian families for their kind donation of items from our Amazon Wish List. The items include various counting/sorting toys, books, sensory toys, light table tactile and alphabet/number toys, and balls for indoor/outdoor play. We thank you for the wonderful additions to our school*

## School Health

As we head into cold/flu season just a few reminders to help us stay healthy.

- Keep children home if they are experiencing any symptoms of illness.
  - Notify the school office if your child is ill.
  - Cover coughs and sneezes with tissue or cough/sneeze into elbow (cough pocket).
  - Wash hands frequently.
  - Must be 24 hours fever, vomit, diarrhea free without use of medication to return to school.
  - Runny nose discharge that is colored indicates illness and children should be kept home.
  - Review Parent Handbook for more information on illnesses
- [https://drive.google.com/file/d/1hXKxbLXm\\_7sGOh6ZKcphB6tYPzVKUijt/view?usp=sharing](https://drive.google.com/file/d/1hXKxbLXm_7sGOh6ZKcphB6tYPzVKUijt/view?usp=sharing)

## Attendance Check In

We are 8 weeks into our school year but some of us are forgetting to complete the Attendance Check In each class day. It is important for grownups to check their student in each day of class. By checking in you let us know to expect your student in class that day. Checking in removes the guessing game we play once class has started. Below is the QR Code for school attendance. Thank you for your cooperation.



## HOLIDAYS

Throughout the school year there are many holidays celebrated by our Best Beginnings families. The diversity of our little school has opened doors for all of us to learn from one another and share the unique and special celebrations that take place around the world.

During the month of December, we will be sharing holidays with the students. Most of these holidays share the same message of hope, joy, and light. We invite families to share any customs or holidays that they celebrate throughout the year with the children in their child's class.

If, at anytime, you would like to share, please contact your child's teacher.

## Parenting Classes Offered By Kindering

Kindering's Parent Education and Family Support program has funding from the City of Redmond to provide FREE parent education classes to Redmond citizens and early childhood programs.

Kindering offers evidenced-based, culturally respectful information and strategies for raising children in the early years. Our classes are designed to support and strengthen parents, grandparents, and caregivers in areas where they may be challenged, or needing new insight or guidance. Classes allow participants to ask questions, and to get feedback, resources, and support.

Some of the topics our classes cover include:

- Social Emotional Coaching with Young Children
  - Tips for Successful Separations and Transitions
  - Understanding and Reframing Challenging Behaviors in Young Children
  - Media, Screen Time, and Young Children
- Establishing and Supporting Family Routines

More information can be found at

<https://kindering.org/portfolio-items/parenting-plus/>

Or contact

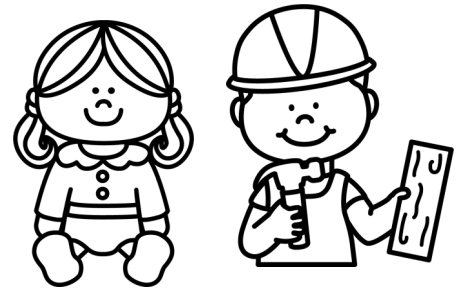
Cristina Wheatley, M.Ed., IMH-E® (pronouns she/her)

Parent Education and Family Support Manager | [kindering.org](http://kindering.org)

425-528-2817 Direct | 425-747-4004 Main | 425-747-1069 Fax

[Kindering Bellevue](http://Kindering Bellevue) | 16120 NE 8<sup>th</sup> Street, Bellevue, WA 98008

Bathrooms in the foyer are available for families to use before or after school most days. If you need to use the restroom please come to the south entrance and ring the doorbell.



"Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood."  
-Fred Rogers

