





## Best Beginnings Preschool Family Newsletter April 2020

Dear Best Beginnings Preschool Families,

I hope this April Newsletter finds you all safe and healthy. The staff, myself and our families are all safe and healthy. We miss all our Best Beginnings families so much. We would all rather be at school each day seeing all the smiling faces come through the door.

How are you doing? No, really, how are you? Take a minute and check your mental temperature. This isn't an easy time. This is hard. Nobody was trained for this. As parents you are being asked to do a lot right now. It is ok to not be ok. It is ok if it is not going as smoothly as you thought it would. It is ok if you aren't doing all the remote learning you think you need to be doing. It is ok if your child is still in their pj's at noon. It is ok if your family is driving you a little crazy. It is ok to be scared. It is ok. Many of us are feeling all these same things. Try your best not to compare yourself to those you see on social media doing all kinds of "amazing" things. Remember that what you are seeing on social media is just a small snippet of a moment in time. We don't post the photos or videos of the 20 minutes it took to get the one perfect photo or moment. We post the perfect one, when usually the 20 minutes prior to the perfect shot were spent in chaos. Know that we are all here for you. We understand that this is hard, and you are doing your best. It is ok.

The staff and I have had to find new ways to communicate, interact and share with each other, as well as with our students. We are learning new things each day and are doing our best to stay in contact with families.

I hope you have all been receiving emails from your teachers about things you can do at home with your child during this time. If you haven't, please email the office so we can make sure we have the correct email address on file.

Most, if not all the teachers are now doing zoom meetings with their classes. If your teacher hasn't done a zoom meeting yet, be on the lookout for an email soon. These meetings are a fun way for your child to see their friends, teachers and do some online learning. We do not want these meetings to cause you any stress so if the time doesn't work for you, we understand.

The teachers are sending out emails during the week with added activities for students as we have them available. Just as this is new for you parents, it is also new for us teachers. We are continuing to find new and different ways to teach our students in this new way of online life.

Our website has some fun activities for your child. There is a reading log, a learning from home list of ideas for 3's and PreK/TK, our playdough recipe, and a fun Easter Egg activity. There is also a link to our YouTube channel. We are also trying to update our Facebook page each week with new and fun activities and links from some of our favorite early childhood education guides.

Conference Evaluations went out in the mail a few weeks ago. You should've received your child's evaluation from his/her teacher by now. If you haven't, please contact the office by email and we will get you are copy as soon as possible.





Some of you have messaged us regarding April tuition. We are not collecting tuition until we are back at school. It is my hope that we will be back the end of April, but it is out of my control. Even though we are not collecting tuition we will continue to provide the zoom meetings, emails, website and Facebook updates to stay in contact with our families.

Regarding tuition for September, I posted a letter on our Facebook page and our website. We understand this is a difficult time from families. If September tuition is a hardship for you and your family, please contact the office by email so we can work with you on this matter.

For the health and safety of our Best Beginnings families and the community that surrounds our school we have closed the playground. This is in guidance from King County Public Health and Redmond Parks & Recreation. There is caution tape on the playground equipment and signs on the fence. Please help keep everyone safe and healthy by staying off the playground until further notice.

Next week is our scheduled Spring Break. The staff and I will be taking our spring break. There will be no zoom meetings, emails or Facebook posts next week. This is a time for us to do some much needed self-care so we can be back online on April 13. We hope you all understand the need for us to take some time to regroup and rejuvenate.

Stay safe and healthy. Watch for emails from your teachers. As soon as we know we can return to school we will let you know.

Our thoughts are with you all.

Warmly, Kerry Lodge Director, Best Beginnings Preschool



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