

Best Beginnings Preschool Family Newsletter April 2022



Hello Spring! The staff and students are all happy to see the arrival of sunshine and some warmer temperatures. We hope to make it outside more frequently for snack and/or circle times. The bubbles and sidewalk chalk are sure to make an appearance during recess this month. Please continue to send your child with a jacket as it does get chilly on the playground in the morning. During the month of April we will enjoy a week off for spring break and return to learn about transportation, pets, amphibians and reptiles.

Thank you for attending conferences with your child's teacher via Zoom or in person. Your children are growing and changing everyday and it is fun to share their growth at school with families. We hope you found your child's conference insightful.

Thank you all for your continued support and understanding on our mask requirement. We will reevaluate our policy the end of the month about what to do going forward. Our priority is the safety and health of our students. The school office will be closed for spring break April 4-8. The due date for April tuition will be extended to April

The school office will be closed for spring break April 4-8. The due date for April tuition will be extended to April 11-14. Tuition will be considered late and require a \$25 late fee on April 15. Automatic withdrawal will be deducted from accounts on April 5. *Enjoy the sunshine!* ~ *Kerry*

Potty Talk

Bathroom use away from home can be difficult for many children. Not wanting to use restrooms away from home is common for many children. Many reasons children do not want to use the bathroom include smell, noises (flushing, other people, own bodily sounds), toilet is different than at home, scratchy toilet paper, or even not wanting to miss activities and/or play time.

Preschool age children don't always have the words to tell teachers or parents why they don't want to use the bathroom. For many they may not even know the reason for the anxiety or fear of using the bathroom.

At school we do our best to assist students in using the bathroom when needed. All our classes have times throughout the day when teachers ask students if they need to use the bathroom. Our 3's classes take a bathroom break at specific times each day. Students can use the bathroom any time they need, and we encourage students to try, even when they say they don't need to go. The staff also watches for tell-tale signs that students need to use the bathroom.

Bathroom use at school is an important skill your child needs as they move forward toward a longer school day. It is also important for students to know how to wipe after bathroom use. This is something staff is unable to do for your child.

We want students to feel comfortable using the bathroom and let us know when they need to use the bathroom. As a school we do not believe in making a student go to the bathroom.

Ideas to encourage bathroom use away from home

Modeling bathroom use while shopping, out for a meal, or at a local park that has facilities.

Dress your child in clothing that allows for easy bathroom use.

Practice using the "Big Potty" and refrain from always using the potty chair.

Keep a consistent bathroom routine.

Be mindful of your own uneasiness regarding bathroom use.

Read books.

Talk about bathroom use with your child.

Remind your child that teachers are her to help anytime.

Make sure the bathroom at home is a relaxed atmosphere where your child can have a bit of privacy.

Talk with teachers if an issue arises.



Upcoming Dates

- 4/4-4/8 Spring Break (no school)
- 5/16 PreK Beach Field Trip
 (check class calendar for time)
 Francy & Siobhan
 Marjorie & Andrea
- 5/17 PreK Beach Field Trip
 (check class calendar for time)
 Stephanie & Sarah
 Karen & Magda
- 5/30 Memorial Day (no school)
- 6/13 Last class day for MW 3's

MWF Prek

6/14 Last class day for

TTHF 3's
TTH PM 3's
TTHF Prek
TK

Substitute/Teaching Possibilities

Do you have a background in education or a degree in a related field? Are you looking to reenter the work force on a part-time basis? Do you enjoy spending time with preschool aged children? We are looking to add to our sub list. If you are interested in subbing or someday even teaching, please contact Kerry for more information.

425-881-3468 hc.preschool@frontier.com





School Number School Email Leave us a review School Website Let us know you

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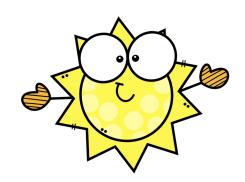
• 6/15 Graduation Day (PreK & TK classes)

9am MWF Teacher Francy & Teacher Siobhan
10am TTHF Teacher Stephanie & Teacher Sara
11am TTHF Teacher Karen & Teacher Magda
12pm TK Teacher Marjorie & Teacher Andrea

All School Picnic

12:30-2pm

Best Beginnings Preschool outdoor areas



TIME FOR SCHOOL

Did you know that the beginning of the school day is packed full of learning opportunities? Arriving on time will help your child have a more productive day.

DAILY ROUTINES

Young children thrive on routines. One of the most important routines at school is arrival time. This time is designed to help children transition naturally into the classroom and start the day off on a positive note. Students who enter the classroom after the day has started can cause disruption to the daily routine.

These disruptions can take away from valuable learning time.



CHECKLIST

Here's a quick checklist you can use to help the morning routine at home go more smoothly. The night before:

- □ Have children's clothes ready for the next day
- ☐ Check backpacks for important information
- Place backpacks by the door
- Pack lunches
- Set your alarm

Here are some of the learning activities

GOOD MORNING

we do in the classroom each morning:

Greeting - saying good morning to our friends and teacher

Choice - selecting an activity

Attendance - counting the number of

friends present and absent

Song - signals the school day is

beginning

Circle Time - includes story time and reviewing the schedule for the day



GETTING DRESSED

If your child struggles with getting dressed for school, try these tips.

Make putting on clothes a game: "Can you put your socks and shoes on before the timer goes off?"

Offer choices: "Would you rather wear the red shirt or the green shirt?"



Best Beginnings Scholastic Book Order

Scholastic Books are an affordable and fun way to enhance your child's library. Periodically during the school year, a packet of order forms will be sent home with your child. You may order books from these flyers or look online for more books.

Orders will be delivered to your child's school bag. (Please indicate by email to me if the books are a gift. The teacher will deliver the books directly to you.) It usually takes 7-10 business days after due date for the books to be delivered.

Ordering online

Books can be ordered online at <u>clubs.scholastic.com</u>

On the home page, login, or register. If registering, enter the one-time activation code **H6H63** for Best Beginnings. After registering your first time you will use your own username and password. Select your books and pay online with a credit card.

All online orders are due by 2pm on the due date listed below.

Due Date: Thursday, April 28, 2022