



Best Beginnings Preschool Family Newsletter November 2022



I hope everyone had a fun and safe Halloween. The staff and I would like to say “Thank You” again for attending our Family Pumpkin Carving Night. We have missed this event the past few years and were happy to bring it back this year. We hope you all had fun and enjoyed the evening.

I would like to give thanks to all our wonderful parents and students. I am grateful for everything you are doing to help us keep school safe and healthy. I appreciate you completing the attendance check in, keeping your child home when they are experiencing any symptoms, and being extra cautious and testing when needed.

Fall weather has finally arrived. We are all thankful for the weather change and the ability to go outside more now that the smoke has cleared up. We all love spending time outdoors, playing on the playground and breathing fresh air. While we do our best to keep the students dry by staying in on heavy rain days, we will be heading out on the typical Pacific Northwest rainy days. Please remember to send your preschooler to school with a rain jacket or waterproof coat with a hood. Recess is one of the most important parts of a preschooler’s day and we will be outside in the rain.

Our school year is moving right along. The preschoolers will be learning many things during the month of November. We will start out the month with a few nursery rhymes, bears, and hibernation. During the days leading up to Thanksgiving our themes will include scarecrows, popcorn, turkey’s, being thankful and grateful, and harvest.

This is the time of year when many families head off on vacations or take time away from school. If you know your preschooler is going to miss school during November and December please let us know. You can send the school and your teacher a quick email with the dates you will be gone. This allows the teachers to plan for any special projects they may be working on in the classroom. When you let us know ahead of time, we make note in our attendance system, and you do not need to complete the attendance check in.

November is a time to reflect on all we are thankful and grateful for and the time available to spend with family and friends. Happy Thanksgiving! ~Kerry

Need to reach us?

School Office

(425) 881-3468

School Email

hc.preschool@frontier.com

School Website www.bestbeginningspreschool.com



Upcoming Dates

11/11 Veteran’s Day - No School

11/24 & 11/25 Thanksgiving Break

No School

12/19 - 1/2/2023 Winter Break

No School

1/3/2022 Back to School

Keeping Us Healthy

We have entered cold and flu season. Also on the rise is Respiratory Syncytial Virus (RSV) in children and some adults. It is difficult to know whether a child's symptoms are that of a cold, flu, RSV, or COVID. For that reason, we are continuing to follow the guidelines set forth by the health department. These guidelines are being updated presently and a new flow chart will be sent to you via email as soon as it is available.

RSV is a virus causing respiratory illness and is frequently the cause of bronchiolitis and pneumonia. Symptoms of RSV are similar to that of the cold and start with a fever, runny nose, cough, and wheezing. Someone with RSV is contagious for usually 3-8 days.

Ways to help prevent the spread of RSV is with good hand washing, covering coughs and sneezes using a tissue or cough pocket (the inner part of your elbow area), clean frequently touched surfaces, avoid close contact with others. When coughing or sneezing refrain from using your hand to cover your mouth.

If your child is diagnosed with RSV or tests positive for COVID-19 please contact the school office so we can send information to families about an exposure. Your child's information will remain private. Thank you for doing your part to keep our school healthy.

HOLIDAYS

Throughout the school year there are many holidays celebrated by our Best Beginnings families. The diversity of our little school has opened doors for all of us to learn from one another and share the unique and special celebrations that take place around the world. During the month of December, we will be sharing holidays with the students. Most of these holidays share the same message of hope, joy, and light. We invite families to share any customs or holidays that they celebrate throughout the year with the children in their child's class. If you would like to share, please contact your child's teacher.



Amazon Wish List

We have had many families ask us how they can support Best Beginnings. In years past our preschool has held random fundraisers for items we would like for our school. We have no plans to bring back fundraisers or ask our Best Beginnings Preschool families for funds beyond monthly tuition.

We have created an Amazon Wish List for those that are interested in purchasing items that will be used to enrich our play-based classrooms. These are items that we do not necessarily need but would be great replacements to some of our toys that are getting a little tired. We hope to add to the list periodically so check be sure to check back from time to time.

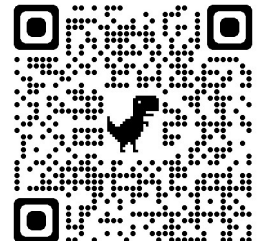
If you decide to purchase an item from our wish list we are happy to provide you with a 501c receipt for your donation. Please contact the school office by email, hc.preschool@frontier.com to request a receipt.

You can use the QR Code here or use the link

https://www.amazon.com/hz/wishlist/ls/7FYXJ89ZQCC4?ref=wl_share

There is no obligation to purchase any items on our list.

Thank you for your support!



WHAT DID YOU DO AT SCHOOL TODAY?

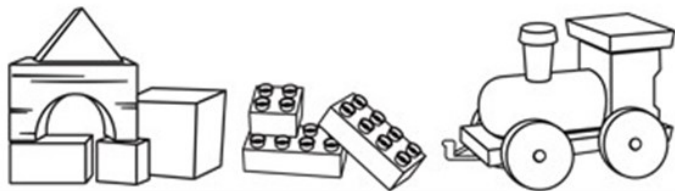
Do your kids say “*nothing*” when you ask them what they did at today? Try these tricks to get your kids to talking about school.

? WHY? ?

Children need to hear specific questions in order to give specific answers. Open ended questions like “What did you do?” may be too general to get the desired response. Try asking specific questions that require your child to answer with more than one word.

PLAY

Did you know that play is an important part of the learning process? When they play, children are learning and developing cognitive, language, physical, social, and emotional skills. It is in your child's best interest to have as much time to play as possible each day to promote healthy development.



QUESTIONS TO ASK

- ✓ Tell me about a story you listened to.
- ✓ What songs did you sing?
- ✓ Who did you play with?
- ✓ What did you have for snack?
- ✓ Where did you play?
- ✓ Did you do anything nice for somebody?
- ✓ What are you looking forward to tomorrow?
- ✓ Were you a good friend?
- ✓ Did you laugh today?

