



The Wellness Effect, LLC

Colorado Springs, CO

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The Wellness Effect's Whole Health Implementation Training

Chief Wellbeing Officer Training

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The Wellness Effect's Whole Health Implementation Certificate Training Course is designed for doctoral and master's level clinicians, licensed, or pursuing licensure. The course equips participants with essential skills to implement whole health principles and strategically align them within health and wellness settings. It demonstrates how Whole Health principles are integrated throughout an ecosystem to improve health outcomes at micro, mezzo, and macro levels. Through case studies, project management tools, change management theory/tools, and industry insights, participants will gain competencies necessary for integrating Whole Health strategies into daily practice, ensuring adherence to evolving best practices in healthcare.

Program Objectives:

1. Understand the principles of whole health and their application in healthcare settings (1, 2, 3).
2. Analyze how whole health strategies align with organizational goals and patient care outcomes (4, 5, 6).
3. Demonstrate the integration of whole health principles into daily healthcare practices (7, 8, 9).
4. Develop patient-centered care plans that incorporate whole health methodologies (10, 11, 12).
5. Employ holistic assessment techniques to evaluate patient needs comprehensively (13, 14, 15).
6. Apply evidence-based practices in the implementation of whole health strategies (16, 17, 18).
7. Facilitate effective interdisciplinary collaboration to support whole health initiatives (19, 20, 21).
8. Address health equity and inclusion in the context of whole health (22, 23, 24).
9. Integrate technology and digital tools to enhance whole health practices (25, 26, 27).
10. Develop methods to measure and evaluate the effectiveness of whole health interventions (28, 29, 30).
11. Implement strategies to support whole health integration (31, 32, 33).
12. Create educational programs that engage patients in their whole health journeys (34, 35, 36).
13. Design and implement wellness and prevention programs within a whole health framework (37, 38, 39).
14. Develop cultural competence to effectively implement whole health practices in diverse populations (40, 41, 42).
15. Demonstrate leadership skills necessary to advocate for and lead whole health initiatives (43, 44, 45).

This training is for doctoral and master's level clinicians, and licensed or pursuing licensure. Or anyone wanting to learn change management.

Total CE: 32

Charles Noel, LCSW, NBC-HWC, Prosci Advanced Instructor Certified

Charles Noel is a distinguished leader in the field of change management, renowned for his innovative approach and extensive experience in both military and healthcare settings. As the CEO of The Wellness Effect, Charles integrates advanced technologies with holistic wellness strategies to drive impactful change. His expertise spans organizational development, strategic alignment, and implementing AI-driven solutions to enhance healthcare delivery and mental health support. With a background as a Marine infantryman and a Behavioral Health Officer in the Army, Charles brings a unique perspective on leadership, resilience, and effective change management. He has a proven track record of leading transformative initiatives that significantly improve operational efficiencies and patient outcomes. A passionate educator, Charles has developed comprehensive training programs aligned with ACMP standards, equipping participants with the skills and tools to navigate and lead change effectively. Through his leadership and educational efforts, he inspires and empowers change leaders across various industries to achieve sustainable, positive transformation.

Hailie Cochran, MBA, NBC-HWC, Prosci Certified

Guided by a mission to deeply understand the 'why' in every endeavor, Hailie stands as an embodiment of aligning values with actions, both professionally and personally. With core competencies in strategic change management, educational leadership, policy governance, and quality analytics, Hailie is a multi-faceted professional ready to tackle complex challenges. Hailie holds a Master of Business Administration from the University of North Alabama with a concentration in Health Care Administration. This is coupled with a Bachelor of Science in Exercise Science from Middle Tennessee State University. Certifications such as Lean Six Sigma (Black Belt pending, Green Belt), and Change Management Practitioner (Prosci).

Stephen Graham, DPT, NBC-HWC, Prosci Certified

Dr. Stephen Graham serves as a key strategic advisor for The Wellness Effect, bringing extensive experience in organizational development and change management. With a deep understanding of the nuances of transformative processes, Dr. Graham applies his expertise to guide The Wellness Effect's initiatives towards maximizing impact and efficiency in healthcare services. His leadership and analytical skills are instrumental in developing strategies that align with the organization's mission to advance mental health and wellness through innovative solutions.

Date: TBD approval from one year from the date of approval.

Cost: \$350-850 per-person

How to register:

Register by emailing Hailie Cochran: hcochran@thewellnesseffect.org

Accommodations:

If you need special accommodations or have questions, please contact: Hailie Cochran at hcochran@thewellnesseffect.org



The Wellness Effect is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wellness Effect maintains responsibility for the program and its content.



Dialectical Behavioral-Whole Person-Therapy (DB-WP-T) Training has been approved by NBCC for NBCC credit. The Wellness Effect is solely responsible for all aspects of the program. NBCC Approval No. SP-4416.

Business:

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