



Student General Information

The following list has been compiled to you prepare for HTEDance Social Officers Activities Retreat. It is our hope that you have the most productive and memorable experience possible, and we will do everything in our power to ensure that happens! Please share this information with your social officers by giving each of them a copy of this page. Should you have any additional questions, please contact the HTEDance office and we will be happy to assist.

What to Bring: Each individual should bring the personal items listed on the "What to Bring" list. Use this when packing personal items, along with additional items as directed by your director.

Medical Authorization and Liability Release Form: Each SOAR participant will need to complete the Medical Release Form. This form is available online at <https://htedance.com/officer-camp>. Please inform your students and parents of this link. Each student MUST complete this form. Students will not be allowed at camp if this form is not filled out completely.

Spirit Shop: HTEDance is proud to offer the Spirit Shop! The Spirit Shop is open every evening for your shopping convenience. Don't forget to pre-order your official SOAR T-shirt & patch with your director BEFORE the deadline.

Good Luck Note/Gifts: HTEDance does not require you to do good luck notes/gifts for the other schools at camp. However, if you choose to do so out of the spirit of good sportsmanship, feel free. We do encourage a spirited environment at HTEDance. Remember, you are Social Officers and your nature in sportsmanship should reflect that.

Team Challenges/Workshops: While at SOAR, the HTEDance staff will train and prepare you for your year ahead. As part of your training, you will attend Workshops, complete Team Challenges and plan fun projects! The HTEDance staff will help guide you through these important projects throughout camp.

Workshops: For all leadership workshops, it is suggested that you have the following items:

- notebook with paper and pens/pencils;
- stationery and stickers;
- football schedule;
- team roster with birthdays;
- constitution;
- other scheduled dates for the year such as contests, spring show, try-outs, etc.; and
- a jacket/sweatshirt (the ballroom gets cold).

Please feel free to bring any other items you feel necessary to make yourselves comfortable without being distracted.



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Schedule: There is a temporary schedule attached. It is not the final schedule but gives you an idea of what to expect. Thank you for your patience as we continue to prepare the best camp possible for you. Look for an updated schedule as we get closer to camp.

Spirit Days: Each day at SOAR will be one of "HIGH SPIRIT!" We ask that you dress according to the theme of spirit for the day. *(Do not spend a huge amount of money in preparing for this! Use what you already have!)* The idea is to show you easy ways to incorporate themes into your practices to make them more enjoyable and spirited. At SOAR, our days will be:

- Day 1) **THE JOURNEY BEGINS WITH YOU:** Dress in School Spirit
- Day 2) **MAPPING THE JOURNEY:** Dress as Your Favorite Explorer
- Day 3) **GET GOING ON THE JOURNEY:** Dress Like You are Traveling to Your Favorite Place
- Day 4) **SCHOOL SPIRIT DAY: Go ALL Out!!! Represent your school loud & proud with PRIDE!**

Budget: HTE Dance suggests that you have cash on hand for some of the challenges and activities that will take place at SOAR. We promise that every penny spent will be used for something that can be used throughout the upcoming year. If you have any problems or questions, please contact us at the office so we can help. You can take the money from your budget, ask the girls to chip in from their supplies, ask for donations, etc.

- 1) Team Challenges: We have tried to keep spending at a minimum. The total allotted for challenges is \$100. If you have more than 50 students on your team you may need more.
- 2) General Supplies: A budget of \$100 is suggested, but many items on the supply list you may already have and will not have to be purchased. These are items that your social officers need for SOAR to complete the MANY activities we have planned for them.
- 3) Technology: Notice the need for at least one LAPTOP with MSOffice and a portable color printer as well as either an external hard drive or several USB's. Additionally, it would be useful during and after camp to have a Cricut or Silhouette type machine with some vinyls & cardstock to cut custom names and shapes/logos.

Final Day: Each team will have a presentation booth for final day show-offs. Projects created during camp will be displayed for evaluations. We would like your table/booth to be decorated with either your team theme for the coming year or the camp theme. If you would like to bring some items from school to add to the overall decor, please do so!



2019 SOAR SCHEDULE TENTATIVE SCHEDULE

Day 1	<p>8:30-10:30 Registration & Lunch on Your Own</p> <p>10:30-11:30 Beginning our Journey - Welcome Session - Love Language (get passports from buddy)</p> <p>11:30-11:45 STAFF DANCE/Warm-Up</p> <p>11:45-1:45 ROUTINE #1 - Camp Dance</p> <p>11:45-1:30 DIRECTOR ROOM - VIEW PEP RALLY DANCES</p> <p>1:45-2:00 Camp Dance Showoff / Routine Session #1 Demos</p> <p>2:00-2:30 SOAR Workshop #1: "Applying Love Languages"</p> <p>2:30-3:30 SOAR Workshop #2: "What's My Job?"</p> <p>3:30-4:00 Project Work Time</p> <p>2:30-4:00 DIRECTOR ROOM - MASTER CLASS</p> <p>4:00-4:15 Showoffs - Director's may video/ Meet Your Buddy Instructor!</p> <p>4:15-4:30 Meet Your Buddy</p> <p>4:30-6:00 GRAND PRIX Leaps & DINNER - <i>Included in your package</i></p> <p>6:00-6:45 SOAR Workshop #3: "Even a Stick Can Motivate" & Final Projects</p> <p>6:45-7:00 Snak Shak</p> <p>7:00-9:15 TEAMLEADER TIME (<i>Students must have packets and pens!</i>)</p> <p>9:15-9:30 Midnight Mail</p> <p>9:30-11:45 Project Work Time</p>
Day 2	<p>6:00 Ballroom Open for Rehearsal</p> <p>6:30-7:30 Breakfast on Your Own</p> <p>7:45-8:30 Warm-Up/Review Session #1 Camp Dance/Academy Audition Combinations Taught</p> <p>8:30-10:30 SOAR Workshop #4: "A Year in Review" (Show off "Things to Know" Video Projects)</p> <p>10:30-10:45 Showoffs - Directors may video & GRAND PRIX</p> <p>10:45-12:00 TEAMLEADER TIME (<i>Students must have packets and pens!</i>)</p> <p>12:00-1:30 GRAND PRIX LUNCH - <i>Included in your package</i></p> <p>1:30-3:15 Applying TEAMLEADER Time & Project Work Time</p> <p>1:15-2:15 BREAKING DOWN ADVANCED TECHNIQUE</p> <p>2:15-3:15 DIRECTOR MEETING WITH JEFFREY</p> <p>3:15-4:00 Showoffs/ Meet & Greet</p> <p>4:00-8:00 Free Time for "Night on the Town" and/or practice - <i>Dinner on your own!</i></p> <p>8:00-9:30 TEAMLEADER TIME (<i>Students must have packets and pens!</i>)</p> <p>9:30-9:45 Midnight Mail</p> <p>9:45-11:45 Project Work Time</p>
Day 3	<p>Theme: Get Going on the Journey—Destination Day! Dress Like You are Going to Your Favorite Place</p> <p>6:00 Ballroom Open for Rehearsal</p> <p>6:30-7:30 Breakfast on Your Own</p> <p>8:00-8:30 Warm-Up/Review Camp Dance</p> <p>8:30-10:15 GUEST CHOREOGRAPHER</p> <p>9:00-10:00 DIRECTOR MEETING</p> <p>10:15-10:30 Showoffs - Directors may video</p> <p>10:30-12:00 TEAMLEADER TIME (<i>Students must have packets and pens!</i>)</p> <p>12:00-1:30 GRAND PRIX LUNCH - <i>Included in your package!</i> Get Academy Sign-Up Sheets!!</p> <p>1:30-2:00 SOAR Workshop #5: "Outreach"</p> <p>2:00-2:30 Project Work Time</p> <p>1:30-2:30 FITNESS & CONDITIONING</p> <p>2:30-3:30 SOAR Workshop #6: "Director Time"</p> <p>3:30-3:45 Show-offs - Directors may Video & All Camp Dances</p> <p>3:45-4:45 Project Work Time</p> <p>4:45-6:15 GRAND PRIX DINNER - <i>Included in your package!</i> If auditioning for Academy be in ballrooms ready to go at 6:00</p> <p>6:15-7:30 Academy Auditions: 1) Dance 2) Kick</p> <p>7:45-9:15 TEAMLEADER TIME: Covenant (<i>Students must have packets and pens!</i>)</p> <p>9:15-9:30 Midnight Mail</p> <p>9:30-11:45 Project Work Time</p>
Day 4	<p>6:00 Ballroom Open for Rehearsal</p> <p>6:30-7:00 Final Routine Review and Warm-Up</p> <p>7:00 SPIRIT SHOP OPENS FOR PARENTS SHOPPING!</p> <p>7:00-7:30 SOAR Presentation Tables Set up in Foyer!</p> <p>8:00 BALLROOM OPENS FOR PARENTS</p> <p>8:15 SOAR Project Check in with HTE Staff!</p> <p>8:30 SOAR Awards Begin</p> <p>8:45-12:00 Original Choreography Final Evaluations/SOAR Presentations - Parents Welcome!!</p> <p>HTE Officer Training Camp Graduation & Goodbyes!</p>

Updated 5/15/2019

***Please be advised that all schedules are subject to change! **Breakfast is on your own**



Video Project

**This project is not mandatory but is highly encouraged!*

We would like for Social Officers to put together a video of “Things to Know for Drill Team” for rookies. This video should be no more than 3 to 5 minutes long and can cover some important topics such as:

- 1) How to fix your hair and/or makeup for performances.
- 2) Do you have a specific warmup routine? If so, demonstrate!
- 3) Demonstrate Entry/Struts.
- 4) Do's and Don'ts of being on the Drill Team.
- 5) Is there a Dress Code?
- 6) Any other tutorials or “hacks”?

We want the officers to be creative! This should be a tool that you can post on your website and/or google drive for rookies.

We will show these videos on Day 2.



What to Bring: Personal Pack List

- Theme Day** outfits (GET CREATIVE AND CRAZY, BUT DON'T FORGET A COVER UP)
- Sweatshirt/jacket (It gets cold in ballrooms. We have great ones in the Spirit Shop)
- Other clothes (*Shorts, t-shirts, etc. to be worn in the evening during work time*)
- Dance clothes for dancing
- Tennis Shoes
- Sandals/Flip Flops/etc.
- Cosmetics
- Toiletries
- Hair Dryer
- Flat Iron/Curling Iron/etc.
- Pajamas/"Bum clothes"
- Camera
- Alarm Clock (*Don't be late!*)
- Three Ring Binder w/dividers and notebook paper
- Money for Spirit Shop, Snack Shack, and Night out on the Town!
- Water Bottle!!!! Each student is responsible to fill a water bottle with ice and water for the day.
- Don't forget anything else of a personal nature or team nature that you may wish to bring or have with you at camp.



What to Bring: Project Pack List

- Laptop and printer (color preferred)
- Optional: Cricut, Silhouette or any similar machine
- Toolbox of supplies (Put in a tub to organize!):
 - ⇒ Scissors/Ruler
 - ⇒ Markers/Paint Pens
 - ⇒ Pens/Pencils/Glitter
 - ⇒ Glue Gun with extra glue sticks
 - ⇒ Extension Cord(s) with multi-plug strip
 - ⇒ Scotch tape
 - ⇒ Dry erase markers
 - ⇒ Self-adhesive laminate sheets
- Stickers/Stencils (Letters)
- Paper and Cardstock, different colors/designs. Bring enough white cardstock for each team member.
- Trifold Board
- White Posterboard and any other colors you would like (several)
- Paint (Black and any other colors—make certain to have team colors)/Foam brushes of various sizes
- Fabric (variety of colors/small swatches are fine)
- Small Journals for each team member. Should be white and able to be decorated. Oriental Trading has several options that are reasonable and can be purchased in bulk.**
- Large scrapbook and scrapbook supplies pertaining to travel/journeys—paper/stickers.
- Wooden initial of team
- Photos of team
- 12" x 16" picture frame
- 40 paint chips in team colors (these can be picked up at any Lowe's or Home Depot)
- Printable sticker paper and any other items you might want to use!



What to Bring: Technology Pack List

- Laptop and printer (color preferred)
- USB or External Hard drive bring the following,
 - ⇒ Team Roster
 - ⇒ Team Birthdays
 - ⇒ Yearly Team Calendar of Events
 - ⇒ Football Game Schedule
 - ⇒ 2019-2020 Team Photo
 - ⇒ 2019-2020 Leadership Photo
 - ⇒ 2019-2020 Dance/Military Officer Photo
 - ⇒ 2019-2020 Social Officer Photo
 - ⇒ Director & Assistant Director Photos
 - ⇒ Constitution/Team Guidelines
 - ⇒ School Calendar
 - ⇒ School Fight Song
 - ⇒ School Alma Mater
 - ⇒ Team Logo
 - ⇒ Any other working documents you feel may be useful in preparing for the year!