



ROUTINE NAME: Int. Field Jazz
SONG TITLE: "Blinding Lights"
ARTIST/ARRANGER: The Weeknd, arr. Matt Conaway
INSTRUCTOR NAME: Meredith Blattner

Beginning Position: R foot popped to the side, R arm around waist L arm low V, head down

- 8 Ripple from L to R slicing both arms counter-clockwise in a circle to look R
- 8 Ripple R to L crossing R foot over L to do a pencil turn w/ arms clean
- 8 R side of formation break R to high V 1, half T 2, low V sit into hip 3, hold 4, L side reverse 5-8
- 8 Jump to forced arch & flower arms to high V 1-4, transition hands on hips 5-8 to spread out
- 8 Step R drag T arms in L 1-2, ball change L across 3-4, L Ronde de jambe 5-6, step R prep L 7-8
- 8 R low chaine 1-2, calypso 3-4, roll to stand 5-8
- 8 R triplet facing the back 1-3, hold 4, cross L over R to 3-step-turn sliding arms down back 5-8
- 8 Transition walking w/ arms flexed & swinging behind
- 8 By line R step 1, cross 2 (or 3-4), R tilt kick 3-4, R side ball change swinging R arm low to T across 5-6, outside R coupe turn arms clean 7-8
- 8 Run R L 1-2, R leap 3-4, land 5, dig R 6 (second group lands 7, dig 8)
- 8 Either prep to front or turn & prep 1-4, chaine R 5-6, pivot turn pushing down 7-86
- 8 Triplet RL arms breaking up and down 1-4, walk 5-6, clean 7-8 transitioning to long line(s) hooked
- 8 Ripple R fan kick to R knee
- 8 Ripple to straighten L leg and lean to L w/ R hand on hat (or in high V if no hat)
- 8 Straighten up 1-2, clean arms 3-4, stand 5-6, walk 7-8
- 8 transition to files low V 1-2, T 3-4, high V 5-6, wrap 7-8

- 8 Facing front OR back by files, step L drag R arms in L 1-2, run RL 3-4, R leap 5-6, tuck 7-8
- 8 Ripple swoop head & slice arms to the R in an L, & tendu (standing) or straighten R leg (kneeling)
- 8 Step R 1-2, close 3-4, step R 5, jump together L w/ R arm up, reverse 7-8
- 8 Transition to side & center groups: hug self 1-2, push outward 3-4, roll shoulders 5-8
- 8 Center: Chaine R 1-2, R renverse 3-4, land in L split 5-8 Sides: roll outside 1-4, lean back 5-8
- 8 Center: Z sit 1-2, kneel 3-4, roll to back 5-8, Sides: Press up 1-2, floor kick 3-4, roll back 5-8
- 8 R pivot turn 1-4, step R together L low V, step L together R low V 5-8
- 8 walking swing R arm to touchdown 1-2, repeat L 3-4, press down 5-8

- 8 Ripple stepping to R breaking arms to T, releasing head to flat back across
- 8 Continue ripple
- 8 Tuck left to seat roll to stand 1-8
- 8 Step back R arm up 1-2, L 3-4, walking cheerio 5, circle cheerio counter-clockwise 6-8
- 8 Step R L 1-2, cut passe 3-4, step R break to T R 5-6, repeat L 7-8
- 8 Flower arms up 1-2, turn & prep 3-4, surprise airplane leap 5-6, tuck 7-8
- 8 Ripple rolling to stand
- 8 Ripple raising arms to high V

- 8 Transition ending form flexed broken T R 1-2, switch arms 3-4, low V & wrap 5-6, switch 7-8
- 8 Repeat broken T arms 1-4, high V & wrap 5-6, switch 7-8
- 8 Group 1 Step R low rocket 1-2, cut R passe arms low V 3-4, group 2 joins to repeat high 5-8
- 8 Ripple Cheerio arms circle above head to sit in R hip

- 8 L over R pencil turn 1-8
- 8 Levels Low, Medium, or High 1-8
- 8 R side of formation break R to high V L on waist 1, half T 2, low V sit into hip 3, hold 4, L side reverse 5-8
- 8 Flower to high V