



ROUTINE NAME: Field Pom
SONG TITLE: Don't Start Now
ARTIST/ARRANGER: Brian Scott
INSTRUCTOR NAME: Kailyn Butler

Beginning position: Feet together faced back head down

- 8 [Parts 5,6,7] R arm push up step L look up and hold, everyone switch arms close feet 8
- 8 [Parts 1,5] Push both arms up R leg passé 1, step front arms D 2, face F 3-4, hold for parts 5-8
- 88 Half T LRL 1&2, right L 3, poms on R hip, [Parts 5,7] swing O around to L 5-6, prep &7, kick to L diagonal 8, ball change face back 1-4, hold 5-6, pivot front 7-8
- 88 [Transition] Shake 1-4, circle 5-8
- 8 [Opposition 1-8] slide your way arms T 1-2, 3-step-turn your way 3-4, cross step L arms outside 5, step switch L arms 6, circle arms close feet 7-8
- 8 [Parts 1,5] slide R T arms to leap tuck 1-4, or 5-8
- 8 [Contagion/Opposition] windmill arms behind back and head
- 8 [Opposition] T 1, switch arms on other side 2, T 3, switch 4, the arm behind head up 5, other arm to rocket 6, shake down to chest 7-8
- 8 [Opposition] R K step out 1-2, switch 3-4, swing to high V 5-6, rocket 7, low 8
- 8 Chaser arms L to R 1&23, high V 4, Circle R arm to low V 5-6, L 7-8
- 88 [Transition] chasse R L arm up 1-2, switch 3-4, shake 5-8, repeat 1-8
- 88 [Parts 1,3,5] Prep 1-2, double 3-4, prep 5-6, leap 7-8, continue 1-4, R arm windmill roll up L 5-8
- 8 [Contagion] R arm come through T L arm on hip
- 8 [Contagion] windmill R then L arm to tuck R
- 8 [Contagion] R arm L arm up then down
- 8 [Opposition] step out T 1, high rocket 2, T 3, low rocket 4, low V bevel R leg 5-6, shake 7-8
- 88 [Transition] Shake 1-4, circle 5-8
- 8 [Parts 1,5] step R L arm up 1, R arm 2, wrap head to the L 3-4, hold for parts 5-8
- 8 Booty around to front hands on hips 1-4, wrap head step L 5-6, step R 7, prep 8
- 8 Leap 1-2, land 3-4, [Contagion] rocket to low V
- 8 [Contagion continue] 1-4, L arm look R 5-6, R arm look L 7-8
- 8 Roll up 1-4, R arm up 5, low V 6, L up 7, low V 8
- 8 [Parts 1,3,5] Catch step to passé T arms 1-2, ball change to back 3-4, hold 5-8
- 88 [Parts 1,3,5] Ball change L push R arm 1-2, Ball change R push both arms 3-4, daggers LRLR 5678, arms in high parallel 1, low V 2, hold for parts 3-6, everyone step together arms together 7, step out low V 8
- 8 [Small transition 1-4] shake, [Opposition] clap your way 5-6, switch 7-8
- 8 [Opposition] clap you way 1, switch 2, switch 3, switch 4, tuck 5-6, levels 7-8
- 2 Hand on hip outside hand on hat 1, ending pose outside hand high V shake poms

