ROUTINE NAME: Advanced Pom
SONG TITLE: "Idol"
ARTIST/ARRANGER: BTS
INSTRUCTOR NAME: Bryan Smith

8 Hold 1-2 **PARTS 3,5,7:** L triplet bk, high V low 3-4 chaine 5-6 bc R to L 7 R pitch kick 8
8 Step R, arms swipe in 1 roll to back 2-4 chaine 5-6 run RL 7-8 flick jump 1 prep 2
Three turns in II 3-8 double pirouette 1-2 roll and stand to back 3-6 prep ½ diagonal 7-8
8 R hurkey 1 land in L lunge 2 R passe 3 step L 4 R tilt battement 5 punch to L knee 6
Break through chest to R knee 7-8
8 Step bk R, rocket fwd head release 1 close feet, poms to chest 2 R chaine 3-4
Step R, L pom up 5 swing front 6 borken T LR 7& poms to knee 8
8 **PARTS 1,3,5:** close to releve, low V head release 1 R chasse 2-3 tilt jump 4
(**OPTION:** L chasse 2-3 switch tilt &4) roll recover 5-8 pom circle x2 1-4 RL down &5
RL shoulder &6 RL up &7 break to S 8
8 Close to genie, step fwd R 1 broken T, slide close 2 dagger, step fwd L 3
Jump, poms dn &4 step bk , T throw 5 close to genie 6 step out L, L broken high diag,
R broken low diag, L broken low diag, R broken high diag 7-8
8 **PARTS 1,2,3:** cross R ft behind, R pom circle 1 high V 2 plie, low V 3 twist jump 4
Finish parts 5-7 ALL: tour jump 8
8 Straddle 1 roll to back, recover to levels 2-4 R arm cross 5 circle to R low broken diag 6
Circle to R punch 7 switch 8
8 Roll to front 1-3 prep 4-5 triple pirouette 6-8
8 drop roll onto R knee, sit to drill team 4 low V 5 circle up to head 6-7 rocket 8
4 Open to low V 1-4