

Routine Name: TTC Int Pom
Song Title: X
Artist/ Arranger: Jonas Brothers
Instructor Name: Kayla Radliff

Beginning position: outside foot in dig, hands in clasp, head down

8 hold 1-4, extend outside leg, arms over head 5-6, hip roll 7-8
8 ripple: ball change towards outside, pencil turn to inside 1-8
8 step R forward, cross arms 1, step L, arms low V 2, PARTS 3,4,5: release, hands down, snake up 7-8
8 R hip low cheerio 1, L 2, party arms 3 & 4, circle arms down/forward 5, jump together, hands behind head 6, prep 7-8 or hips 7-8
8 double 1-2, middle split 3-4, swing legs 5-6, battement 7-8
8 roll to back 1-4, second group roll to back 5-6, step R 7, face front, L passe 8
8 step L 1, jump together, arms touchdown 2, R arm low V 3, L arm low V 4, T 5, clap high 6, hip scoop 7-8
8 PARTS 1,3,5: flick hands 1-2, wrap L arm over head 3, L arm low V 4, hold 5-8
8 R check arms 1-2, L check arms 3-4, R pivot to back 5-6, walk back arms touchdown 7, arms down 8
8 opposite directions by row: R chasse, arms T 1-2, ball change, circle R arm 3-4, step L 5, R battement 6, release 7, close front 8
8 hip roll, shake poms 1-4, chest pop 5-6, shimmy 7, wrap arms, body over 8
8 PARTS 1,3,5: snake up 1-2, R chaine turn 3-4, step R 5, step L 6, leap front 7, tuck 8
8 parts continued: flick R leg, arms touchdown 1-2, roll to side 3-6, hold 7-8
8 last group rolls up 1-2, step R 3, inside turn arms T 4, step L, hands clasp 5, punch L 6, circle arms 7-8
1 break L arm up, R arm down, look R 1