



NEST TIDINGS

Creating Spaces of Care, Dignity, and Possibility

November was a month of deep connection, learning, and shared joy at PVR NEST. Across our cinemas and Garima Grih centres, children, women, youth, artists, educators, and legal advocates came together to imagine better futures—rooted in dignity, access, and care. Through thoughtfully designed engagements, conversations, and community-led initiatives, these spaces became platforms for expression, learning, and collective healing.

Guided by the Sustainable Development Goals (SDGs), our work throughout the month reaffirmed a simple yet powerful truth: when people feel seen, supported, and safe, transformation follows. Each interaction reflected our commitment to building inclusive ecosystems that nurture confidence, agency, and possibility—especially for women, children, and underserved communities.

As we reflect on these moments of connection and purpose, we remain inspired by the resilience and hope that communities bring into these shared spaces every day. We invite you to explore the stories and milestones from November and join us in celebrating the power of care-driven change.

Happy Reading!

SDGs 4 | 10 | 16

First Cinema Experience for 260+ Children and Youth

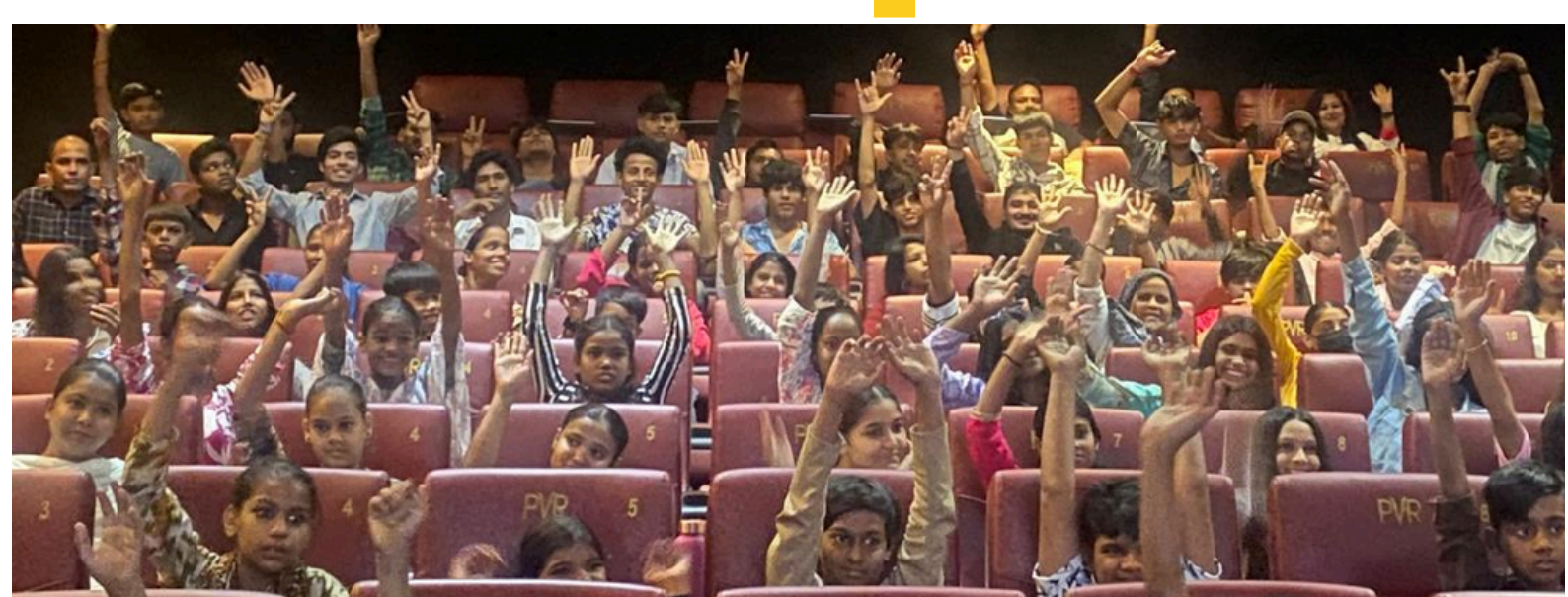
On 5 November, PVR NEST hosted a special screening of Sitaare Zameen Par for over 260 children, youth, and women from Salaam Baalak Trust (Delhi), PRAYAS JAC Society, and CFAR. For many, this was their very first visit to a cinema hall. Wide smiles, spontaneous laughter, and sparkling eyes filled the auditorium—reminding us why inclusive cultural spaces matter. The film opened conversations on empathy, self-belief, and learning beyond labels.

Inspiring Voices

- Dr. Ramesh Bijlani, Medical Doctor, Educationist & Writer, encouraged children to dream boldly and believe in their unique abilities.
- Dr. Indu Prakash Singh, Author, Teacher & Activist, led a reflective session on values and life skills highlighted in the film.

We extend our heartfelt thanks to Adv. Amita Joseph, Advisor – BCF, for bringing partners together and making this day possible.

Dr. Ramesh Bijlani



Law, Leadership & Livelihoods: Empowering Community Women SDGs 5 | 8 | 16



PVR NEST was honoured to host **Ms. Shobha Gupta, Senior Advocate, Supreme Court of India, and Founder President of We The Women of India**, along with a team of 10 Supreme Court and High Court lawyers and interns at Garima Grih.

In an open and powerful dialogue, they engaged with 20 community women, listening to lived realities and co-creating solutions.

Children's Day Celebration: Learning Through Art & Hygiene

SDGs 3 | 4 | 12



To celebrate Children's Day, PVR NEST welcomed 300+ children, teachers, and guests to PVR INOX Plaza Cinema, New Delhi, for an SDG-driven programme focused on health, sustainability, and well-being—powered by our long-standing partnership with Reckitt Benckiser.

Highlights of the Day

- Soulful percussion and folk music by Ustad Rais Khan (Rajasthan)
- A vibrant puppet performance by Mr. Rajpal Bhatt and the Nagauri Gharana
- Launch of the "Hygiea Game Station", making hygiene learning interactive and fun

Special Guests included Dr. Neelkanth Kumar (CIET–NCERT), Dr. Priyanka Yadav (Hindu College), and Dr. Shachi Adesh (Mamta HIMC), who reinforced the importance of healthy habits from an early age.

Financial Literacy & Confidence Building with Room to Read India SDGs 4 | 5 | 8



On 13–14 November, we hosted Room to Read India for two enriching days of financial literacy workshops at Garima Grih. Thirty women and adolescent girls participated in joyful, hands-on sessions led by Saman and Swati from Team Room to Read.

Through discussions, drawings, and games, participants learned:

- Budgeting basics and the 50:30:20 rule
- Safe banking practices
- Awareness of schemes like Ladli and Sukanya
- How to protect themselves from online fraud

The enthusiasm of the learners was palpable—participants pledged to apply these lessons in their daily lives.

Blanket Donation Drive



The poster features a background of neatly folded blue and yellow blankets. On the left is the circular logo of The Earth Saviours Foundation (TESF). The main text is in bold yellow and white. A yellow box at the bottom contains detailed information about TESF and the donation details.

PVRnest
A CSR INITIATIVE OF PVR INOX

Blanket Donation Drive

DONATION OF **500** BLANKETS TO OLD AGE HOME

Spread the warmth

The Earth Saviours Foundation (TESF) was founded in 2008 by Karmayogi Shri Ravi Kalra, who dedicated his life to serving abandoned elders, the mentally challenged, and the homeless. His legacy continues under the leadership of his son, Sh. Jas Kalra. TESH runs two Sewa Dhams in Bandhwari and Mandawar (Haryana), providing shelter to over 1,300 rescued individuals and upholding values of compassion, dignity, and humanity.

Date : (To Be Finalised)
Time : 11:00am to 2:00pm

Mandawar Sewa Dham
(Mandawar Village, Palli Sohna Highway Road, District Gurugram, Tehsil Sohna)



The poster features a background of neatly folded blue and yellow blankets. On the right is the PVRnest logo. The main text is in bold yellow and white. A yellow box at the bottom contains information about the donation drive.

PVRnest
A CSR INITIATIVE OF PVR INOX

Winter Warmth Drive

Join us in spreading warmth this winter

Your Blankets, Shawls, Caps, and Sweaters can help those in need **stay comfortable**

Clean, gently used items are welcome

Drop your donations in the collection boxes placed at the Corporate Office

Warm Regards,
Team HR, PVR INOX

"Spreading smiles and warmth this season! PVR NEST's Winter Warmth donation drive is bringing essential comfort to those in need."

Menstrual Health & Dignity for Adolescent Girls

SDGs 3 | 5 | 6

At Garima Grih, we conducted a focused Menstrual Health Management (MHM) session for girls aged 14–18 years, addressing both sanitary pads and menstrual cups.

The session covered:

- Correct usage and timely changing of sanitary pads
- Safe disposal practices
- Maintaining hygiene during menstruation
- Knowing when and whom to ask for help—at school or at home

The girls asked thoughtful questions and showed eagerness to care for their health with confidence and dignity.



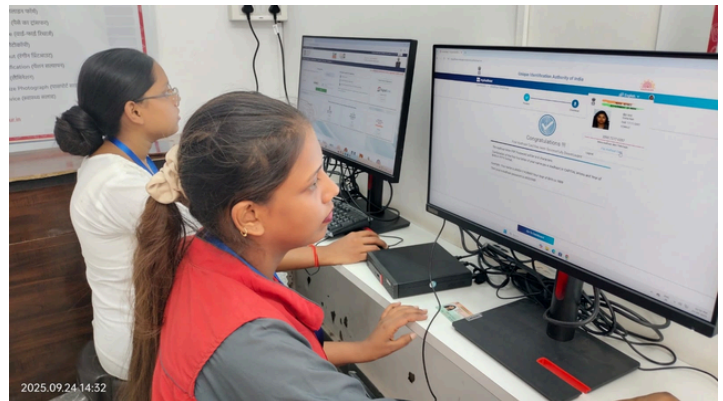
Digital Access for Last-Mile Communities SDGs 9 | 10 | 16

This month marked the launch of a Last-Mile Common Service Centre (CSC) under Digital India at Garima Grih, Kirti Nagar.

The CSC provides migrant women and girls with safe access to:

- Identity documents
- Government schemes and entitlements
- Essential digital services otherwise difficult to obtain

The centre has quickly become a trusted community anchor—supporting pathways to stability and inclusion.



Inclusive Futures Through Cinema & Accessibility SDGs 10 | 11



"We were delighted to welcome Ms. Dipti Prasad, Founder of Nobaflix, Co-Founder, CPO & CEO of XL Cinema, and National Awardee 2024, to Garima Grih.

Our teams shared PVR NEST's safety, protection, and sanitation initiatives—highlighting accessible toilets, breastfeeding spaces, affordable MHM products, and skilling stations for migrant communities.

A meaningful dialogue followed on inclusive cinema, disability awareness, and improving access to rights and government schemes for persons with disabilities, including those with visual impairments.

Laying the foundation for Garima Grih 2, At Naraina Industrial Area



Health in a High-Pollution World

SDGs 3 | 13



At Garima Grih, our skilling trainers conducted a Pollution Prevention & Health Awareness session, focusing on simple, home-based practices to protect respiratory health.

Participants learned about:

- Ginger and honey for cough relief
- Herbal teas with cloves, ginger, and cinnamon
- Salt-water gargles and boiled tulsi for colds and sore throats
- Yoga and pranayama to strengthen immunity

New Joining

Two skilling staff interview sessions were organized at Garima Grih. The beauty trainer is for Garima Grih and the sewing trainer is for Vikas Puri. Both trainers will join from tomorrow:

- *Appointments:*
- Mrs. Jyoti Goswami will join as Beauty Trainer at Garima Grih.
- Mrs. Sonia Paswan will join as Stretching Trainer at Vikas Puri Centre.
- *Sanitation Staff Training:*
- 2 sanitation staff at Garima Grih took the 1st day training for sanitation work.
- They will join Garima Grih from tomorrow.
- *RK Puram Community Outreach:*
- Community outreach was done at RK Puram for sanitation work.
- Urmila was taken on a visit to RK Centre and given training on RK Puram sanitation work.
- Information was given about SOP (Standard Operating Procedure) for sanitation work.
- *Visit Details:*
- After visiting Garima Grih and RK Puram, on-ground job briefing was done on sanitation work.
- Overview of SOP for sanitation work.



Smt Jyoti Goswami as Beauty and wellness trainee at Garima grih



Smt Sonia Paswan as stitching trainee at Vikaspuri

Nourishing Young Lives: Feeding Programme SDGs 2 | 3

Every Thursday, PVR NEST conducts a feeding programme for children at Garima Grih and Vikaspuri. These sessions combine nutritious meals with interactive learning on food, health, and growth.

More than a meal, this initiative invests in the holistic development and long-term well-being of every child.



NOVEMBER OVERALL DATA

GARIMA GRIH & PINK TOILETS

SERVICES ANALYSIS

Baby care, Bathing, Resting, Grooming
Sanitary Facility, Reading, Awareness

TOTAL- 9,285

CATERING NEEDS OF

Women, Children, Trans Person,
Specially Abled, Pregnant

TOTAL- 28,098

USAGE ANALYSIS

TOILET **TOTAL- 28107**
OTHER SERVICES **TOTAL- 9285**

USERS BIFURCATION

Children, Youth, Middle Aged,
60 Above

TOTAL- 17988

OVER ALL USAGE

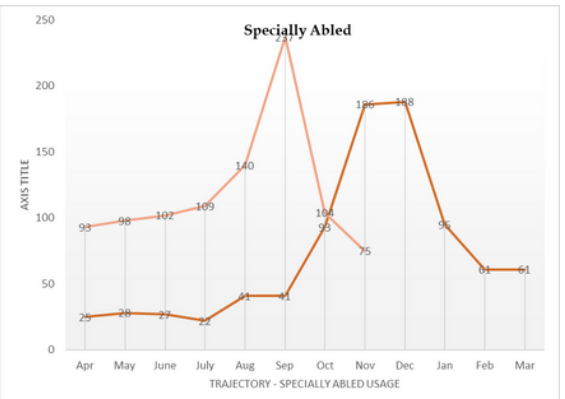
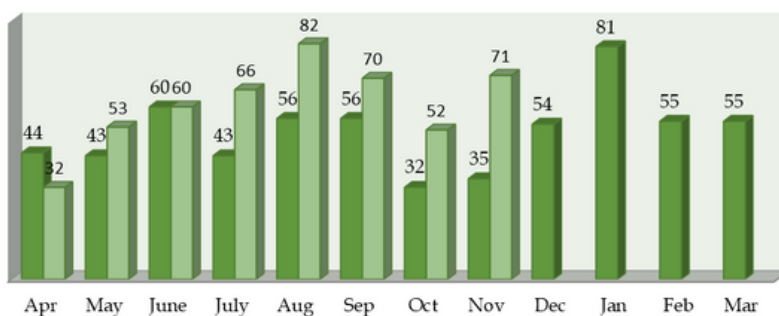
PINK TOILET **TOTAL- 17988**
GARIMA GREH **TOTAL- 10119**

TOTAL REGISTRATION

TOTAL- 2,721

Recommended for program,
Cancellations, Behaviour Change,
Behaviour Improvement Rejoind
post Cancellations

Trans-Persons Usage Analysis



Total Usership during the month 46,008

S. No.	Users	Total User-ship
1	Women	21905
2	Youth	11,055
3	Children	5,783
4	Trans-persons	71
5	Persons with Disability	75
6	Pregnant	274
7	Nutrition Feeding Program	400
8	Community Registration Program	2,721
9	Behavioural Change	238
10	Footfall for Skilling Programs at all our centres	3,486
	Total Usership during the month	46,008

IMPACT STORIES OF

BEAUTY & WELLNESS AND STITCHING & TAILORING SKILLING PROGRAM



Sangeeta (R.K Puram)

Twenty-one-year-old Sangeeta from Ekta Vihar joined the PVR NEST stitching center with zero experience, motivated by her sister-in-law. Thanks to trainer patience and support, she now expertly stitches clothes for income, earning ₹3,000–₹4,000 monthly. This income allows her to support her husband and household, illustrating how skill-building empowers women to secure a brighter family future.

Neha (R K Puram)

Neha, 22, a resident of Ekta Vihar, RK Puram, has completed her Class 12 education. She recently finished her Beauty & Wellness training at the Pink Centre. Passionate about beauty work, Neha now provides basic beauty services from her home, such as facials and eyebrow shaping for her family and neighbors. Through her skills, she earns a monthly income of ₹2,000–3,000, helping her become more confident and financially independent.



HAPPY USERS OF GARIMA GRIH AND PINK CENTRE



Jyoti (R.K PURAM)

Premi, 65 years old, "I hurt my back in an accident. Because of this injury, I have trouble walking and using the toilet, especially the Indian-style one. But when I got to use the Western toilet, which was very clean, I felt great relief. I was happy to come here, and I am thankful for this chance.

Thank You: I want to thank the Pink Center and the team for helping me and giving me the chance to use the Western toilet."

Hari Devi (R.K PURAM)

Hari Devi, 35, "I became very sick, and because of this, my right leg was affected by polio. The doctor told me I need to wear a caliper. This makes it hard for me to walk and use the toilet, especially the Indian-style toilet. But when I got the chance to use the Western toilet, which was clean and hygienic, I felt great relief. I was happy to come here, and I am thankful for this opportunity.

Thank You: I want to thank the Pink Center and the team for helping me and allowing me to use the Western toilet."



GET IN TOUCH



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