



NEST TIDINGS

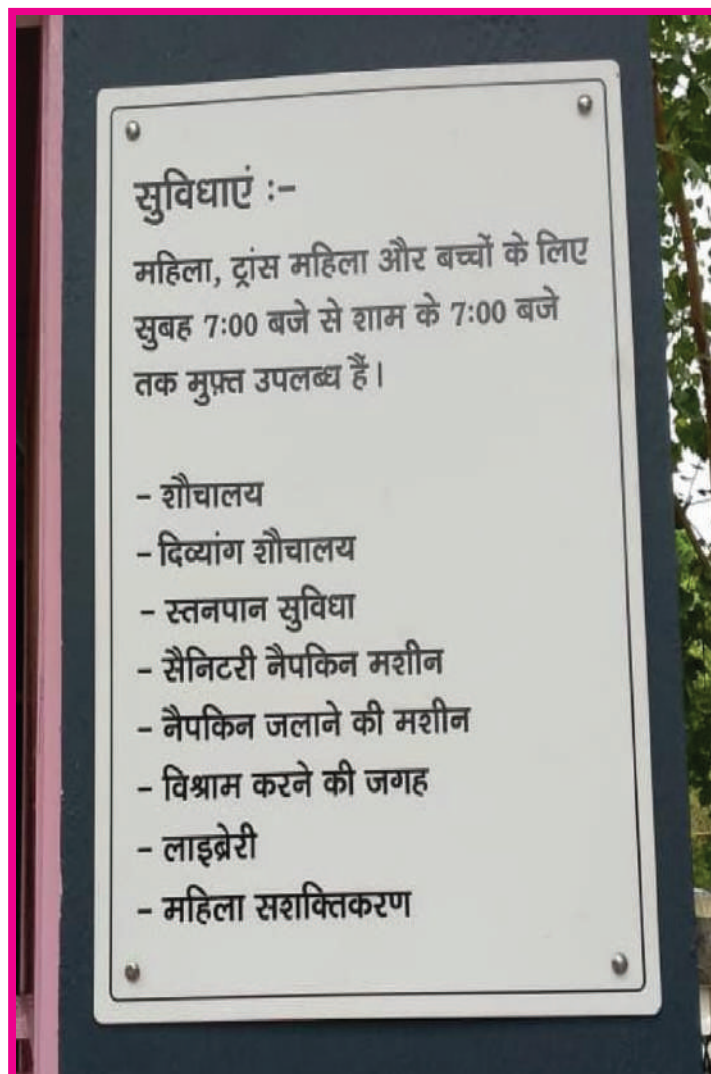
Newsletter (Volume-34) April, 2024



Launch of Beyond Toilets Facility- Pink Toilet Vikaspuri

Pink Centers, our inclusive and accessible sanitation spaces, are upgraded and enhanced to make sanitation safe and dignified for women. Going beyond being simple toilet spaces, they offer a wide breadth of amenities including menstrual health product dispensers and incinerators, resting spaces, reading corners, grooming areas, and more.

On 25th April 2024 we inaugurated the Pink Center at Community Complex, Vikaspuri. This smart retro-fitted center has been designed in association with Consulting Engineers Association of India (CEAI) and funded by Rotary Club of Delhi Ashoka.





Feeding Program at Safe Centres

- 📍 Gaffar Market Center
- 📍 RK Puram Center
- 📍 Garima Grih, Kirti Nagar

Our feeding program reaches hundreds of children attending the Pink Center activities such as interactive sessions designed to impart knowledge about sanitation, nutrition, and hygiene to both the children and their mothers.

The children love the nutritious meals served every Thursday at the centers. They also engage wholeheartedly in the sessions taken by the Wash Champions at the center. Their mothers also report better eating habits and lesser absenteeism in their children leading to better grades and overall wellness.



The launch ceremony was attended by Mr. Sandeep Kumar (IRTS, Deputy Commissioner, West Zone, Municipal Commission of Delhi), Mr. Sharat Jain (Past District Governor- Rotary Club of Delhi Ashoka), and Dr. Geeta Malhotra (Country Director- READ India).

This center was identified after an extensive baseline survey of the needs of the communities adjacent to the community complex. This included outreach, and focus group discussions with not just the members of the communities but also street vendors, market traders association, street vendors, and even the visitors. These reflections were shared with the Municipal Corporation of Delhi to share the necessity of this Pink Center at Vikaspuri.

This Pink Center will act as a hub for creating awareness, education, and empowerment of women through sustained skilling initiatives. It will also offer employment to community women as WASH Champions. These WASH Champions will not just help us keep the sanitation facility safe and hygienic, but they will also be responsible for reaching out to other community members with information about our programs and enabling more registrations and interest in livelihood opportunities.

We are laying the roadmap for transforming two more such model centers at Lajpat Nagar and RK Puram.

IMPACT STORIES



Stitching Tailoring



Riya, who is 12 years old, has taken 3-month stitching and tailoring courses at Garima Grih. She has gained a keen interest in the same and now, after the completion of the course, she has started her own stitching business from her home through which is earning money to run her house and send her children to school. She is grateful to Garima Grih for helping her build this successful life.



Shabnam, 33 years old, is a housewife who always loved stitching but never had the skill and knowledge on it. By taking the 3-month apparel-making course at Garima Grih, she has now achieved the skill to create beautiful garments and has stitched Churidhar, suit, kurta, blouse and various other dresses. She does this in her free time and helps her husband with financial problems.



Deepika, 15 years old, was intrigued by the makeup course at Garima Grih and thus applied for the same. She gained theoretical and practical knowledge of makeup tools and bridal makeup. She also taught the same to her friends. In future, she wants to open her parlour and gain financial freedom and independence while pursuing her passion.



Sonam is a 16-year-old girl who has taken the three-month beauty and wellness course at Garima Grih. Through this course, she enhanced her knowledge about makeup and wellness. She wants to pursue beauty and wellness as a business and while making people feel healthier and better about themselves. Sonam also gained the confidence to talk to people without feeling shy.

Beauty & Wellness

Reading and Writing Library Services



Shivani, an 8 year old, was an introverted child who never liked to study. She started coming to Garima Grih when she was in class 1 and concentrated on her studies and speaking because of which she can now understand and speak well and knows everything she learned



Divya Bharti, 7-year-old, did not know the alphabet, counting, etc. However, after regularly coming to Garima Grih and focusing on her studies, she now knows and understands the alphabet, counting and reads well.



Ritu, 16 years old, has always had a keen interest in learning computers. She has recently joined the digital literacy course at Garima Grih and is extremely happy and confident in learning and using computers. She also blends well with her classmates and her teacher.



Nikita, 17 years old, is in high school and is also taking the digital literacy course from Garima Grih. She feels happy that she got to learn a new skill and is grateful for her teacher who not only helps her out in computers but in her studies as well.

Digital literacy

Workshops & Trainings

Housekeeping Training Program with Diversey at Garima Grih



At PVR NEST, we constantly create creating opportunities for community growth and resilience. Recently, we partnered with Diversey APAC, a leader in hygiene solutions and 'Garima', their school of hygiene program.

This initiative empowered a group of community women with essential housekeeping skills. Through interactive workshops led by Rajkumar kadhivelu of Doctors For You, they gained practical knowledge in cleaning science, tool & chemical usage, and personal hygiene. For many of these women, this was their first formal training experience, opening doors to personal development and potentially new career paths.

Personality Development and Spoken English by Sanvi

Kshitij, a Personality Development and Spoken English Program was implemented to provide soft skills to 11 WASH Champions along with spoken English classes for their growth and development.

They were taught the basics of English speaking and grammar along with sentences and phrases which can be used in their daily work life. The program included body language and para-language, self-presentation, grooming, and hygiene and cleanliness sessions.

They were given worksheets which acted as a recap and a test of the previous session and the impact was measured by assessing the change that we could see in these beneficiaries before and after the sessions.



Health Awareness Events Focus on Essential Skills



In April, we conducted two health awareness sessions on very important issues such as dehydration, blood pressure, oxygen check-ups and first aid.

These sessions were attended by 35 beneficiaries who understood in detail the causes and complications of dehydration and made them aware of what blood pressure is and how to check their oxygen levels through a pulse oximetry test. The sessions also comprised basic first aid training such as cleaning a cut or a wound, minor burns, application of bandages and dressing, the use of non-prescription medicine, draining blisters, removing debris from the eyes, massage, and most importantly drinking fluids to relieve heat stress.

COHORTS

Outreach of the community by WASH champs for Skilling Registration at Viksapuri

During the repurposing of the Vikaspuri Pink Centre, the WASH champions did an outreach in the vicinity. They visited various shops and establishments comprising of banks, schools, religious places and communities. They were able to raise awareness and provide information about the new programs that were going to be introduced in their area.

The team was able to gather more than 30 registrations for the skilling program even before the launch of the beyond toilet facilities.



Repair & maintenance at Pink Centres

Annual Repair and maintenance activity has been undertaken at all the Pink Centres. All the electrical, plumbing and infrastructural work is carried out at the centres to make them more user-friendly and a safe place to work for the WASH champions. The regular wear and tear to the infrastructure due to high footfalls need to be addressed in a manner which would enhance the place to the safety standard that PVR NEST stands for.

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WASH

Data Collection of users is also the responsibility entrusted to the WASH Champions. There is a process in place to capture the usage of all amenities provided in the Safe Centre.

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**SANITATION
TO SKILLING**

Skilling programs tap users of sanitation facilities at Pink Centres and Garima Grih, spurring steady growth and raising community aspirations for learning new skills.



PVR Ltd, Bldg 9A, DLF Cyber City, DLF Phase 3, Gurugram, Haryana 122002

