



**AN ACT OF GIVING CREATES WAVES OF CHANGE**

# NEST TIDINGS

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**PVRnest**  
A CSR INITIATIVE OF PVR INOX





Launch of Feeding Program by Ms. Dj Ojo, Ms. Shalu Sabharwal & Ms. Deepa Menon

## ENSURING EVERY CHILD'S PLATE IS FILLED WITH POSSIBILITIES

PVR NEST has launched a feeding program for children at three of its project locations - Kirti Nagar, RK Puram and Ghaffar Market accessed by rural migrant population. Organized every Thursday in the spirit of Indian philanthropy tradition, it will provide nutritious meals to children contributing to their better health and well-being. Actress/DJ Ojo graced the occasion at the launch event at Garima Grih, Kirti Nagar by delivering lively performances with

The comprehensive Program comprises of a Nutritional Meal and Awareness Program. The Nutritional Meal Program is designed to provide seasonal fruits, boiled eggs, wheat/millet porridge, high-protein milk through an indigenous recipe while the Awareness Program will highlight the critical importance of proper nutrition during a child's formative years, nutritious solid foods and establishment of healthy eating habits. PVR NEST will collaborate with nutritionists, gynaecologists, child health specialists, Aanganwadi, ASHA workers and NPOs. PVR NEST is grateful to Drools Kitchen, a food and beverage outlet in Dwarka for donating nutrition boxes towards Thursday feeding programmes.





Blanket Distribution to Sanitation Worker

## SPREADING LOVE AND SHARING THE WARMTH



As part of its annual winter relief initiative, PVR NEST extended assistance to sanitation workers, security guards, and homeless families in Delhi. The drive was conducted in Vasant Vihar, and later, an evening outreach involving the distribution of over 250 blankets to the most vulnerable in the city, covering locations like Daryaganj, Irwin Hospital, GB Pant Hospital, Jama Masjid, and Lal Quila.



Christmas & Birthday Celebration by Ms. Dj Ojo

## CELEBRATING THE JOYOUS OCCASION OF CHRISTMAS AND NEW YEAR

Garima Grih and Pink Centres joyfully marked Christmas and welcomed the New Year with immense happiness and shared moments of joy. Shashi, our dedicated trainer, donned the role of Santa, spreading smiles as she distributed sweets to the children in our centers. The Pink Centres embraced the spirit of giving, adorning the centers with vibrant balloons, colorful papers, and Christmas trees decorated by the children themselves.



### COLLEAGUES PARTICIPATE IN JOY OF GIVING



It is the season for spreading joy during Christmas and New Year! PVR NEST invited colleagues to join in the Joy of Giving campaign. It called for sharing off toys, books, and art supplies at the designated "Joy of Giving" box located at the

corporate office. The staff generously contributed & has brought smiles to the faces of children at PVR NEST's centres, creating moments of happiness for them during this festive and holiday season.



Sanchi Matta, a student from Maitri College was awarded internship certification for successfully completing a 3-month internship at Garima Grih. During her tenure, she actively engaged with the children, conducted workshops on MHM (Menstrual Hygiene Management) and Good Touch Bad Touch. Additionally, she played a pivotal role in compiling the outreach data conducted by the WASH Champions at the centres.



Certification by READ India

# A FUTURE OF ENDLESS POSSIBILITIES THROUGH SKILLING

300 community women at Garima Grih received their certificates upon completing skilling courses like Computer Literacy, Stitching and Tailoring, and Beauty & Wellness. In collaboration with Municipal Corporation of Delhi (MCD) as infrastructure partner & READ INDIA as its skilling partner, PVR NEST is empowering these women with skills that make them market-ready, enabling them to lead dignified and enriching lives



## GARIMA GRIH GETS MENTION IN SWACHH BHARAT MISSION (URBAN) 2.0

PVR NEST's public health infrastructure facility, 'Garima Grih' at Kirti Nagar, New Delhi in association with the Municipal Corporation of Delhi has been acknowledged by Swachh Bharat Mission (Urban) 2.0 of Ministry of Housing and Government Affairs, Government of India for operating as a multi-utility centre for women run by women showcasing the government's initiative in supporting women. Ms. Ekta Gupta, official in Department of Environment Management Services (DEMS), Municipal Corporation of Delhi visited Garima Grih and was impressed with the facilities of the multi-utility safe sanitation complex for migrant communities in Delhi's slums working actively towards empowerment of community women.





# LEARNING TO EMBRACE A HEALTHIER LIFESTYLE

Dr. Surjit Gupta from Read India conducted two health awareness workshops. The one on metrics on the growth pattern monitoring a child's height and weight with age conveys essential information about their health and developmental progress with a deviation indicating an issue that requires attention. The second was on common health issues arising out of lack of physical activity, poor dietary habits leading to obesity, tobacco and substance abuse, AIDS, mental health conditions. Addressing these, enhances the overall quality of life and disease-free well-being. A total of 84 members of the community attended these sessions.

## USERS EXPRESS THEIR DELIGHT IN ACQUIRING NEW SKILLS



32 year Saroj speaks positively about her learning journey, noting an increase in self-confidence and enhanced proficiency in English since enrolling in computer classes.

18 year old Priyanka has joined a beauty and grooming course, granting her the liberty to explore beyond the confines of her home, thereby enhancing her ability to articulate her emotions more effectively.



10th grader Chandni stitched her own suit and a blouse for her mother. Enrolling for the course has not only served as a source of income but has also fuelled her aspiration to open her own boutique.



Despite not attending school, young Rinki exhibits a strong determination to educate herself. She has acquired proficiency in Hindi alphabets and has started reading storybooks at the library.



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## WASH

Data Collection of users is also the responsibility entrusted to the Wash Champions. There is a process in place to capture the usage of all amenities provided in the Safe Centre.

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## SANITATION TO SKILLING

Skilling programs tap users of sanitation facilities at Pink Centres and Garima Grih, spurring steady growth and raising community aspirations for learning new skills.



Pink Centre Vasant Vihar

## UPGRADING PINK CENTRES AT R.K. PURAM AND VASANT VIHAR

Addressing the prevailing infrastructure challenges of Pink Centres is crucial for fostering a more inclusive and secure environment. This involves ensuring accessibility for all, prioritizing the safety of women, incorporating child-friendly facilities, providing adequate handwashing areas and clear toilet signages, and ensuring suitable seating for both users and attendants. Additional considerations encompass provision of storage rooms, menstrual hygiene tools like incinerators and sanitary napkin vending machines. MCD officials visited the Pink Centres at R.K. Puram and Vasant Vihar and have accepted PVR NEST recommendations for making infrastructural changes. This includes carving out an activity room for women from the non-operational men's toilet, creating more space for conducting activities, adding a PWD toilet.



Pink Centre, RK Puram

Partners







# SOCIAL MEDIA CAMPAIGN

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PVR NEST, the CSR arm of PVR INOX Limited has launched a feeding program benefiting children in five project locations i.e. Kirti Nagar, RK Puram, Saket, Vikaspuri & Lajpat Nagar. Every Thursday marks a day dedicated to bettering children's health and nutrition, aligning with India's philanthropic spirit on the day of 'Giving'.

At the heart of this program lies a comprehensive approach: a Nutritional Meal Program and an Awareness Program. From seasonal fruits to high-protein milk, they provide nourishing meals alongside sessions covering vital topics like infant health, sanitation, and community well-being.

This meaningful launch occurred at Garima Grih, Kirti Nagar, their flagship Public Health Infrastructure, impacting the lives of over 10 lac women and children. Witness this transformative journey and support PVR NEST's cause! 🌟  
[PVR NEST Sarika Negi \(she/her\) Deepa Menon](#)



Film Link:  
[https://www.linkedin.com/posts/pvr-nest-265290162\\_pvr-nest-the-csr-arm-of-pvr-inox-limited-a-ctivity-7145787930379173889-6QnD?utm\\_source=share&utm\\_medium=member\\_desktop](https://www.linkedin.com/posts/pvr-nest-265290162_pvr-nest-the-csr-arm-of-pvr-inox-limited-a-ctivity-7145787930379173889-6QnD?utm_source=share&utm_medium=member_desktop)

**#SaveMissingGirls**  
1,558 followers  
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Stop Online Stalkers or campaign #SOS is a collaboration between Missing, CyberPeace and PVR Nest, with a mission to alert Indian adolescents and their caregivers to the dangers of online child exploitation and a ...see more

Read more about SOS: <https://lnkd.in/djGN8gHQ>

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