



Grasshoppers or Vita-Nova CBD Supplements 3-15-2024

We are testing a new product, an idea that my dear big sister Elaine's brought to me. We are in the process of Beta-testing to make sure it is safe and is something that actually works. This is a supplement, gel capsules that supports the body's Metabolism, Heart Health and Memory, with 25mg of CBD. We are still up in the air about what to name them but have narrowed down two possibilities; Grasshoppers or Vita-Novas. Three of us testing the new product for 30 days, each taking one a day. Please refer to detailed nutritional value and supplement brands in the pictures below. Here is the formula/dosage for each individual gelcap:

1. Ceylon Cinnamon - 20mg
2. Bitter Melon - 20mg
3. Juniper Berry Extract - 5mg
4. White Mulberry Extract - 50mg
5. Berberine (Coptis Chinensis Extract) - 12mg
6. Biotin 1% - 10mg
7. Chromium Oxide Cr203 - 15mg
8. CBD Isolate Extract - 25mg
9. Olivari Avocado Oil - .5mL
10. IN THE FUTURE Green Tea Extract (We are looking into adding this, it is not being used in initial testing) - 25mg

Reduces Overall Inflammation In the body's muscles, joints and topically. Shortens and lessens muscle soreness recovery.

Supports Weight Loss Balances, maintains and regulates blood sugar. Suppresses appetite and restores metabolism, increases the body's natural energy level. It reverses harm insulin resistance.

Heart Health & Wellness Stabilizes blood pressure, lowers bad cholesterol, it "cleans" the vascular system and improves circulatory system wellness.

Improves Memory It potentially clears blocked neurons and may stimulate brain activity
All of the benefits that CBD Isolate Extract brings, supporting the endocannabinoid system within the body; in turn supports every bodily system...

MY EXPERIENCE THUS FAR:

It has indeed boosted energy levels for a longer physical workout, my muscle soreness was virtually non-existent following. So the time of muscle recovery was maybe half of what it was before taking the supplement. I do think we need to increase the CBD Isolate dosage to 50mg each gelcap.

TODAY'S BLOG LINK:

<https://theb-sisters.com/blog/f/a-new-hemp-product---grasshoppers-vs-vita-novas>