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# EMET TRAUMA RESOLUTION <sup>TM</sup>

*Identifying False Refuges that Cause Patterns of Reactivity*

## NOTICE OF DUTY TO INFORM

Your EMET Practitioner/Coach is NOT a licensed therapist or a licensed marriage and family therapist. Their role in helping your marriage is using the EMET Trauma Resolution protocol to identify any patterns of reactivity that gets activated in times of lack of communication or lack of safety in your marriage. This pattern might be from a past painful learning experience that you as a couple are not aware of.

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My EMET Practitioner has explained the EMET Trauma Resolution protocol that identifies patterns of reactivity caused by something called False Refuge systems.

I understand this process consists of an individual session for each party and then a joint session to explain the reactive marriage pattern.

By signing this permission I give my practitioner permission to reveal my false refuge system to my spouse and I agree to discuss this information in a joint session.

As a couple we are not receiving marriage counseling advice or help from our EMET Practitioner.

\_\_\_\_\_ (Spouse 1 signed)

\_\_\_\_\_ (Spouse 2 signed)

\_\_\_\_\_ (Date)

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