

A VERY SPECIAL EVENT



Come join **Carolyn and Carie** for an 1-hour energetic attunement. With our fast paced life and demands, it's critical that we create time to connect within, to nurture, to ground and to rejuvenate ALL who we are. We are creating a space to do just that.

Come relax with us and experience...

- Vibrational crystal healing
- Alchemy crystal sound bowls
 - Meditation journey
 - Breathing exercises
 - Positive mantras
- Reiki healing with Carie

Thursday, February 27th - 7:00 pm at the Vital Energy Center

Energy exchange: \$30 cash



shutterstock.com • 776895147