



## *Sound & Reiki Infused Journey*

*Fridays 11:00 PDT via Zoom \$10*

*With Carolyn Story & Carie McCoy*

Join our community as we transcend the next few weeks in grace. We invite you to join this web of light as we empower each other.

Our weekly remote guided journeys are designed to support each of us as we navigate the unique experiences that we are all going through right now.

We will be sharing tools and techniques which will allow you to move gracefully through this shift as we co-create the world we desire.

Visualization  
Distance Reiki  
Guided Journey  
Grounding Practices  
Meditative drumming  
Breathwork Techniques  
Connection & Communication

We invite you to join our online community, Intentional Living, a private Facebook group dedicated to mindful encouragement as we align with our highest and best good. You will find thoughts, feedback, and inspiration from our guided journeys. We will share deeper meanings gleaned from current events to help shift energies that do not serve us to higher vibrational energies which allow us to move forward in freedom and love.

~Join us live or via a recorded session~

~Become a sponsor~



*We look forward to sharing  
this journey with you.*

*In love and light,*

*Carolyn Story & Carie McCoy*

