

MONTH OCTOBER 2022
LUNCHES SERVED AT 12:00 NOON
PLEASE CALL BEFORE 10:00AM
AT (210) 695-8510 FOR RESERVATION

** MENU SUBJECT TO CHANGE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN DIJON MUSTARD BUTTERY SEASONED RICE DESSERT: VANILLA CAKE	4 SMOKED SAUSAGE POTATOE BAKE W/ VEGGIES GREEN SALAD DESSERT: CHOCOLATE PUDDING	5 CAJUN BAKED TILAPIA FISH W/COLESLAW BREAD SALAD DESSERT: STRAWBERRY JELLO WHIP	6 TURKEY CASSEROLE W/ GARLIC BROCCOLI & BREAD DESSERT: CARROT CUPCAKES	7 CASA HELOTES CLOSED
10 COLUMBUS DAY CASA HELOTES CLOSED	11 GRILLED CHICKEN W/ BUTTER MIX VEGETABLES SALAD DESSERT: FRUIT	12 MEAT LOAF W/ MASH POTATOES BROCCOLI DESSERT: CHOCOLATE PUDDING	13 GREEN CHICKEN ENCHILADAS REFRIED BEANS SALAD DESSERT: FRUIT JELLO CUP SALAD	14 CASA HELOTES CLOSED
17 SLICED HAM SWEET POTATOE CASSEROLE GREEN BEANS DESSERT: BLUEBERRY VANILLA CAKE	18 CHEESY BEEF PENNE PASTA BREAD & SALAD DESSERT: STRAWBERRY PIE	19 ONE POT CAJUN SAUSAGE ALFREDO GREEN SALAD DESSERT: JELLO	20 FIESTA CHICKEN BREAD SALAD DESSERT: FUDGE BROWNIES	21 CASA HELOTES CLOSED
24 CHICKEN GUMBO W/ RICE GARDEN VEGGIES DESSERT: LIME PIE	25 BAKED TILAPIA TARTAR SAUCE TANGY COLESLAW W/BREAD DESSERT: FRUIT CUP	26 BEEF BROCCOLI PASTA MIXED GREEN SALAD GARLIC BREAD DESSERT: HALLOWEEN PARTY	27 BBQ CHICKEN W/POTATOE SALAD VEGGIES DESSERT: JELLO	28 CASA HELOTES CLOSED
31 MEATBALLS PASTA W/VEGGIE & SALAD DESSERT: BEST CAKE OREO				