

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1, 2025	April 2, 2025	April 3, 2025	April 4, 2025
	Spaghetti with Meat Sauce Garden Salad Sweet Corn Brownies 870 calories	BLT Sweet Potato Fries SF Jello 705 calories	Honey Dijon Chicken Green Beans Cornbread Muffin Sliced Pears 865 calories	Cheese Enchiladas Refried Black Beans Corn Salad Oatmeal Raisin Cookies 960 calories
Monday	Tuesday	Wednesday	Thursday	Friday
April 7, 2025	April 8, 2025	April 9, 2025	April 10, 2025	April 11, 2025
Chicken Tetrizzini Sweet peas Garden Salad Chocolate Pudding 885 calories	Sausage Jambalaya Roasted Broccoli Cornbread Muffin Double Chocolate Cookies 835 calories	Turkey Cobb Salad Baked Potato Activa Yogurt Strawberry Cake 835 calories	Chopped Steak with Mushrooms Mashed Potatoes Vegetable Medley Fruit Cocktail 710 calories	Greek Pasta Salad Hummus Pita Bread SFJello 610 calories
Monday	Tuesday	Wednesday	Thursday	Friday
April 14, 2025	April 15, 2025	April 16, 2025	April 17, 2025	April 18, 2025
Tuna Salad Sweet Potato Fries Grapes 770 calories	Lasagna Sweet Corn Buttered Dinner Roll Carrot Cake 980 calories	Salisbury Meatballs in Gravy Mashed Potatoes Green Beans Activia Yogurt 745 calories	Chicken Salad Sandwich Sun Chips Cottage Cheese w/peaches 635 calories	Good Friday Casa Helotes Closed
Monday	Tuesday	Wednesday	Thursday	Friday
April 21, 2025	April 22, 2025	April 23, 2025	April 24, 2025	April 25, 2025
Beef Crunchwrap Refried Beans Mexican Rice Chocolate Chip Cookies 765 calories	Baked Chicken Black Eyed Peas Dinner Roll Ice Cream 900 calories	Chicken Caesar Salad Glazed Carrots Garlic Stick Strawberry Cake 770 calories	Shepards Pie Steamed Broccoli Dinner Roll SF Jello 670 calories	King Ranch Casserole Mexican Rice Pinto Beans Tres Leches Cake 895 calories
Monday	Tuesday	Wednesday	Thursday	Friday
April 28, 2025	April 29, 2025	April 30, 2025		
Lemon Chicken Wraps Potato Chips Watermelon 600 calories	Butter Beans w/ Ham White Rice Asparagus Oatmeal Cookies 790 calories	Chipotle Rice Bowl Tortilla Chips Corn Salad Sliced Peaches 880 calories	 AACOG Alamo Area Council of Governments	 Area Agency on Aging <small>Funded through the Texas Department of Aging and Disability Services Alamo Area Council of Governments</small>