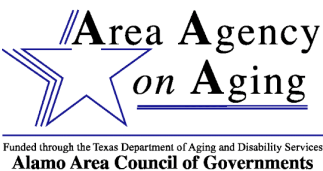


		Wednesday July 1	Thursday July 2	Friday July 3
		Ham and Turkey Sandwich (450) Lettuce, Tomato, Onion Chips (150) Apple (70) Granola Bar (100) 770 Calories	HOT DOG PARTY! 1/4 lb All Beef Hot Dog (460) ALL THE FIXUNS! Street Corn Pasta Salad (290) Banana (90) Watergate Salad (160) 1,000 Calories	Closed for 4th of July!
Monday July 6	Tuesday July 7	Wednesday July 8	Thursday July 9	Friday July 10
Lasagna (250) Tossed Caesar Salad (200) Garlic Bread (175) Peaches (60) Italian Ice (170) 855 Calories	Chicken/Cheese Quesadilla (400) Elote (1/2 ear) (100) Refried Beans (120) Banana (90) 710 Calories	Chicken Chow Mein (440) Steamed Rice (125) Broccoli (40) Fruit Cocktail (100) Fortune Cookie (35) 740 Calories	Pork Loin Chops (550) Mushroom Gravy (100) Squash Medley (75) Mashed Potatoes (125) Apple Sauce (55) 905 Calories	Hot Dog (450) Potato Chips (150) Corn on the Cob (80) Apple (70) Jello Cup (90) 840 Calories
Monday July 13	Tuesday July 14	Wednesday July 15	Thursday July 16	Friday July 17
Pasta Bake in Meat Sauce (350) Green Salad (135) Salad Dressing (50) Apple (70) Pudding Cup (100) 705 Calories	Pulled Pork Tacos (450) Spanish Rice (150) Pinto Beans (120) Fruit Cocktail (100) 820 calories	BBQ Chicken Quarter (420) Melting Skillet Potatoes (275) Fried Okra (110) Banana (90) 895 Calories	Chicken Parisienne (150) Rich White Gravy (100) Mashed Potatoes (125) Green Beans (45) Peaches (60) Watergate Salad (170) 650 Calories	Cheeseburger (500) French Fries (250) Orange Smiles (70) Sherbet (80) 900 Calories
Monday July 20	Tuesday July 21	Wednesday July 22	Thursday July 23	Friday July 24
Spaghetti W/Meat Sauce (370) Caesar Salad (200) Garlic Bread (175) Peaches (60) Jello Cup (90) 895 Calories	Beef and Cheese Enchilada (370) Spanish Rice (150) Refried Beans (120) Pineapple Chunks (80) 720 Calories	Bacon Wrapped Pork Roast (550) Mushroom Onion Gravy (100) Corn on the Cob (80) Roasted Red Potatoes (125) Fruit Cocktail (100) 955 Calories	Hamburger Steak (340) Mushroom Gravy (100) Green Beans (45) Mashed Potatoes (125) Apple Sauce (55) Ice Cream Cup (110) 775 Calories	Fish and Chips (800) Peas and Carrots (50) Mandarin Salad (100) 950 Calories
Monday July 27	Tuesday July 28	Wednesday July 29	Thursday July 30	Friday July 31
Black Eyed Pea Italian Sausage with Cornbread Dumplings (450) Broccoli (40) Mixed Fruit (70) Ice Cream Cup (110) 670 Calories	Cheese Enchilada (360) Spanish Rice (150) Refried Beans (120) Pineapple Chunks (80) 710 Calories	Homestyle Meatloaf (350) Mashed Potatoes (125) Seasoned Green Beans (45) Fruit Cocktail (100) 620 Calories	Baked Chicken Quarter (420) Roast Red Potatoes (150) Broccoli (40) Peaches (60) Jello Cup (90) 760 Calories	Ham and Swiss Sandwich (450) Lettuce, Tomato, Onion Chips (150) Orange Smiles (70) Granola Bar (100) 770 Calories