

Please call the office by 10am to reserve lunch. Lunch is served by 12:00pm



SA HELOTES CIVITY CENTER	Lunch is se	erved by 12:00pm	UBCEN	noer 40/4
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
L - Bible Study	2- Texercise	3 BINGO	4 - Texercise	5 - Zumba
9:30am - 10:15am	9:30am-10:30am	9:30am-11:30am	9:30am-10:30am	10:30am-11:30am
'umba	UnitedHealthcare	Dominos/Chicken Foot	Youth Orchestra	Loteria
10:00am - 11:00am	Medicare Updates	All day	10:45am-11:45am	9:00am-11:00am
Balance Class	10:45pm-11:45pm	Junk Journal	Dominos/Chicken Foot	Chicken Foot Domino
L:00pm-2:00pm	Dominos/Chicken Foot	1:00pm-2:00pm	All day	All Day
lunk Journal	9:30am-11:00am		Line Dancing	Junk Journal
1:00pm-2:00pm	Line Dancing		1:00pm-2:30pm	1:00pm-2:00pm
	1:00pm-2:30pm			
3 - Bible Study	9 - Texercise		11 -Quilting	12
9:30am - 10:15am	9:30am-10:30am	9:30am-11:30am	9:30am-11:30am	12
2.50am - 10.15am Zumba	UT Health Nurses 9:30+	Dominos/Chicken Foot	7.50aiii-11.50aiii Texercise	
10:00am - 11:00am	Dominos/Chicken Foot	All day	9:30am-10:30am	
	9:30am-11:00am	Junk Journal		Musimas
Balance Class	Line Dancing	1:00pm-2:00pm	Dominos/Chicken Foot	Marty
1:00pm-2:00pm	1:00pm-2:30pm	2100pm 2100pm	All day	
lunk Journal			Line Dancing	10:00am - 2:00pm
1:00pm-2:00pm			1:00pm-2:30pm	Ugly Hat Contest
last day to sign up for Xmas Party				######################################
15 - Bible Study	16 - Texercise	17 BINGO	18 - Texercise	19 - Zumba
9:30am - 10:15am	9:30am-10:30am	9:30am-11:30am	9:30am-10:30am	10:30am-11:30am
Zumba	Dominos/Chicken Foot,	Dominos/Chicken Foot	Dominos/Chicken Foot	Loteria
L0:00am - 11:00am	42	All day	All day	9:30am-11:00am
Balance Class	9:30am-11:00am	Junk Journal	Line Dancing	Chicken Foot Domino
1:00pm-2:00pm	Line Dancing	1:00pm-2:00pm	1:00pm-2:30pm	All Day
Junk Journal	1:00pm-2:30pm			Junk Journal
1:00pm-2:00pm				1:00pm-2:00pm
22- Bible Study	23 - Texercise	24 B N G O	25	26
9:30am - 10:15am	9:30am-10:30am	9:30am-11:30am	25 Closed	26 Closed
Zumba	Dominos/Chicken Foot,	Dominos/Chicken Foot	DA - 14	
10:00am - 11:00am	42	All day	* * * 00	
Balance Class	9:30am-11:00am	Junk Journal	Merry &	
1:00pm-2:00pm	Line Dancing	1:00pm-2:00pm		
lunk Journal	1:00pm-2:30pm	1.00pm-2.00pm	I haid mack	
1:00pm-2:00pm		Closing at 1pm	* 25 25 14 25	
29- Bible Study	30- Texercise	31 31 N G		
9:30am - 10:15am	9:30am-10:30am	9:30am-11:30am		
Zumba	Dominos/Chicken Foot,	Dominos/Chicken Foot		SING
10:00am - 11:00am	42	All day		
Balance Class	9:30am-11:00am	Junk Journal	2	561115
1:00pm-2:00pm	Line Dancing	1:00pm-2:00pm		The Profession of the Professi
unk Journal	1:00pm-2:30pm			
1:00pm-2:00pm			Se Zu	4 6 MAS
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