

# January 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		January 1, 2025  <b>New Year's Day</b>  <b>Casa Helotes Closed</b>	January 2, 2025 White Chicken Chili Caesar Salad Hawaiian Roll Strawberry Bundt Cake  800	January 3, 2025 Deluxe Bacon Cheeseburger Sweet Potato Fries Activa Yogurt  759
Monday	Tuesday	Wednesday	Thursday	Friday
January 6, 2025 Teriyaki Chicken Vegetable Chow Mein Grapes SF Jello  694	January 7, 2025 Red Beans & Rice Green Beans Cornbread Muffin Fruit Cocktail  838	January 8, 2025 Creamy Chicken Tortellini Soup Garlic Bread Garden Salad Chocolate Chip Cookie  720	January 9, 2025 Baked Tilapia Roasted Potato Bites Sweet Peas Banana Bread  867	January 10, 2025 Turkey & Cheese Sliders Steamed Broccoli Cottage Cheese & Peaches  783
Monday	Tuesday	Wednesday	Thursday	Friday
January 13, 2025 Cobb Salad Banana Oatmeal Chocolate Cookie  664	January 14, 2025 Stuffed Bell Peppers Glazed Carrots Garden Salad SF Jello  787	January 15, 2025 Chicken & Tomato Sandwich Baked Potato Soup Mandarin Oranges Sliced Avocado  760	January 16, 2025 Beef Tips White Rice Mixed Veggies Sliced Peaches  833	January 17, 2025 Jamaican Brown Stew Chicken White Rice Green Beans Pudding  815
Monday	Tuesday	Wednesday	Thursday	Friday
January 20, 2025 Chicken Caesar Wrap Sweet Potato Fries Watermelon  646	January 21, 2025 Meatloaf Scalloped Potatoes Mixed Vegetables Dinner Rolls Yellow Cake 682	January 22, 2025 Tuna Sandwich Carrot Sticks Potato Chips Watermelon  743	January 23, 2025 Beef Stew Cornbread Muffin Green Beans Yogurt  834	January 24, 2025 Chicken Fajitas Refried Black Beans Salsa Tres Leches Cake  823
Monday	Tuesday	Wednesday	Thursday	Friday
January 27, 2025 Grilled Cheese Sandwich Lentil Soup Parmesan Roasted Broccoli Pudding  800	January 28, 2025 BBQ Chicken Drums Green Beans Dinner Roll Yogurt Baked Beans 783	January 29, 2025 Roasted Turkey w/ gravy Candied Yams Dinner Roll SF Jello  867	January 30, 2025 Chicken & Broccoli Casserole Sweet Potatoe Bites Grilled Asparagus Chocolate Chip Cookie  839	January 31, 2025 Garlic Shrimp Stir Fry Egg Fried Rice Fruit Cocktail 2 Egg Rolls  747