

# MENU ~~~~~ FEBRUARY 2023

LUNCH IS SERVED AT 12:00 NOON  
 PLEASE CALL BEFORE 10:00 AM TO RESERVE YOUR LUNCH  
 210-695-8510

**\*\*\*Menu is subject to change\*\*\***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 COWBOY STEW W/ MIXED VEGGIES & FLOUR TORTILLA DESSERT: CHERRY CHIP CUPCAKES	2 ROASTED RED PEPPER FISH W/ WHITE RICE & VEGGIES DESSERT: CHOCOLATE PUDDING	3  <b>CASA HELOTES CLOSED</b>
6 CHICKEN TORTILLA SOUP W/ SALAD DESSERT: FRUIT CUP	7 SALISBURY STEAK W/MUSHROOMS & GRAVY, MASHED POTATOES, VEGGIES DESSERT: ORANGE JELLO	8 SAUSAGE & CORN W/ BROCCOLI & BREAD DESSERT: RED VELVET CUPCAKES	9 HONEY MUSTARD FISH W/ GARLIC SQUASH ZUCCHINI & RICE DESSERT: LIME PIE	10  <b>CASA HELOTES CLOSED</b>
13 MEATLOAF W/ MASHED POTATOES & BROCCOLI DESSERT: LIME JELLO	14 <i>Valentine's Day</i> HOT DOGS W/ POTATO SALAD & BEANS DESSERT: CHOCOLATE OCHIP COOKIE	15 BBQ CHICKEN W/ BEANS & CREAMY CORN DESSERT: CARROT CAKE	16 FIDEO LOCO W/ SALAD & TORTILLA DESSERT: GRAPE JELLO	17  <b>CASA HELOTES CLOSED</b>
20 <b>Presidents' Day CASA HELOTES CLOSED</b>	21 TUNA SALAD SANDWICH W/ CHIPS & SALAD DESSERT: VANILLA PUDDING	22 <i>Ash Wednesday</i>  BAKED POTATOE SOUP & SALAD DESSERT: CREAMY FRUIT CUP	23 BLACK PEPPER CHICKEN W/ WHITE RICE & BUTTER VEGGIES DESSERT: STRAWBERRY JELLO	24  <b>CASA HELOTES CLOSED</b>
27 CHICKEN POBLANO W/ RICE, VEGGIES & TORTILLA DESSERT: CHOCOLATE CAKE	28 CHICKEN SALAD PLATE W/ GREEN SALAD & CRACKERS DESSERT: 3 LECHEs CAKE			

