























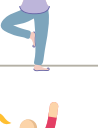





























Please call the office by 10am to reserve lunch.  
Lunch cost: Members \$8, Non members \$10  
Lunch is served by 12:00pm



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                                   |
|---|---|--|---|--|
| <p>1<br/><b>Zumba</b><br/>10:00am - 11:00am<br/><b>Art's &amp; Crafts</b><br/>10:00 am- 11:30<br/><b>Crochet</b><br/>10:00am-12:00pm<br/><b>Balance Class</b><br/>1:00pm-2:00pm</p>    | <p>2<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>    | <p>3<br/><b>HAPPY 4th of July Party</b><br/>RSVP by July 2 for FREE lunch<br/>10:30am - 2:30pm<br/><b>BINGO</b><br/>9:30am-11:30am<br/><b>Bunco</b><br/>12:30pm - 2:30pm<br/><b>Diamond Painting</b><br/>1:00pm-2:00pm<br/><b>Chair Volleyball</b> 1:00pm</p>      | <p>4<br/><b>HAPPY 4th of July</b><br/><b>CLOSED</b></p>     | <p>5<br/><b>Casa Helotes CLOSED</b></p>  |
| <p>8<br/><b>Zumba</b><br/>10:00am - 11:00am<br/><b>Art's &amp; Crafts</b><br/>10:00 am- 11:30am<br/><b>Crochet</b><br/>10:00am-12:00am<br/><b>Balance Class</b><br/>1:00pm-2:00pm</p>    | <p>9<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>    | <p>10<br/><b>SPONSORED BINGO</b><br/>9:30am-11:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Bunco</b><br/>12:30pm - 2:30pm<br/><b>Diamond Painting</b><br/>1:00pm-2:00pm<br/><b>Chair Volleyball</b> 1:00pm</p>       | <p>11<br/><b>Quilting</b><br/>9:30am-11:30am<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm<br/><b>Airmobile</b><br/>10am - 6pm</p>    | <p>12<br/><b>Casa Helotes CLOSED</b></p> |
| <p>15<br/><b>Zumba</b><br/>10:00am - 11:00am<br/><b>Art's &amp; Crafts</b><br/>10:00 am- 11:30am<br/><b>Crochet</b><br/>10:00am-12:00pm<br/><b>Balance Class</b><br/>1:00pm-2:00pm</p>    | <p>16<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>     | <p>17<br/><b>BINGO</b><br/>9:30am-11:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Bunco</b><br/>12:30pm - 2:30pm<br/><b>Diamond Painting</b><br/>1:00pm-2:00pm<br/><b>Chair Volleyball</b> 1:00pm</p>       | <p>18<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Wreath Making</b><br/>10am-12:00pm<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>     | <p>19<br/><b>Casa Helotes CLOSED</b></p> |
| <p>22<br/><b>Zumba</b><br/>10:00am - 11:00am<br/><b>Art's &amp; Crafts</b><br/>10:00 am- 11:30am<br/><b>Crochet</b><br/>10:00am-12:00pm<br/><b>Balance Class</b><br/>1:00pm-2:00pm</p>    | <p>23<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>LAUA PARTY</b><br/>10:30- 2:30pm<br/>sponsored by <b>CONVIVA</b><br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>    | <p>24<br/><b>BINGO</b><br/>9:30am-11:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Bunco</b><br/>12:30pm - 2:30pm<br/><b>Diamond Painting</b><br/>1:00pm-2:00pm<br/><b>Chair Volleyball</b> 1:00pm</p>       | <p>25<br/><b>Quilting</b><br/>9:30am-11:30am<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>    | <p>26<br/><b>Casa Helotes CLOSED</b></p> |
| <p>29<br/><b>Zumba</b><br/>10:00am - 11:00am<br/><b>Art's &amp; Crafts</b><br/>10:00 am- 11:30am<br/><b>Crochet</b><br/>10:00am-12:00pm<br/><b>Balance Class</b><br/>1:00pm-2:00pm</p>    | <p>30<br/><b>Texercise</b><br/>9:30am-10:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Line Dancing</b><br/>1:00pm-2:30pm</p>     | <p>31<br/><b>BINGO</b><br/>9:30am-11:30am<br/><b>Dominos/Chicken Foot</b><br/>All day<br/><b>Bunco</b><br/>12:30pm - 2:30pm<br/><b>Diamond Painting</b><br/>1:00pm-2:00pm<br/><b>Chair Volleyball</b> 1:00pm</p>       |   |  |